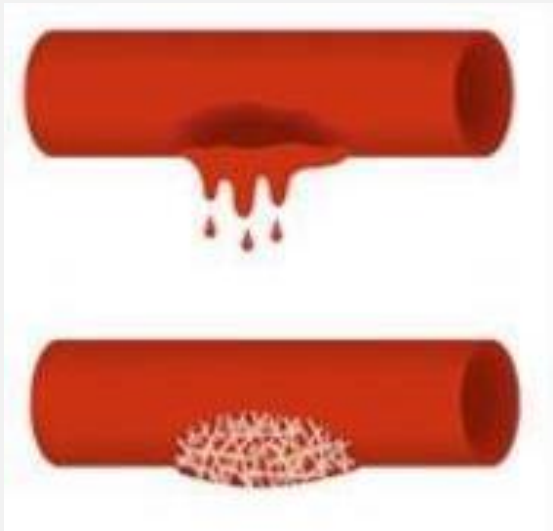


# Hemostasis : Overview

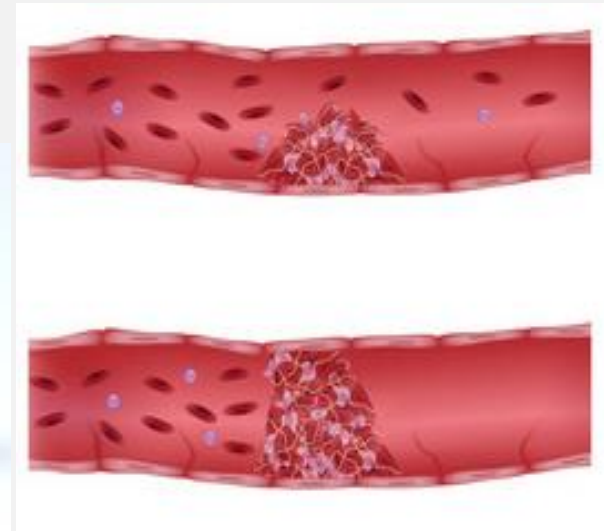
Elsa Bianchini, MCU hématologie pharmacie  
[elsa.bianchini@universite-paris-saclay.fr](mailto:elsa.bianchini@universite-paris-saclay.fr)

# Hemostasis

**Hemostasis** : Processes involved in the maintain of the blood flow. Finely regulated to prevent (i) blood loss and (ii) vessel occlusion.

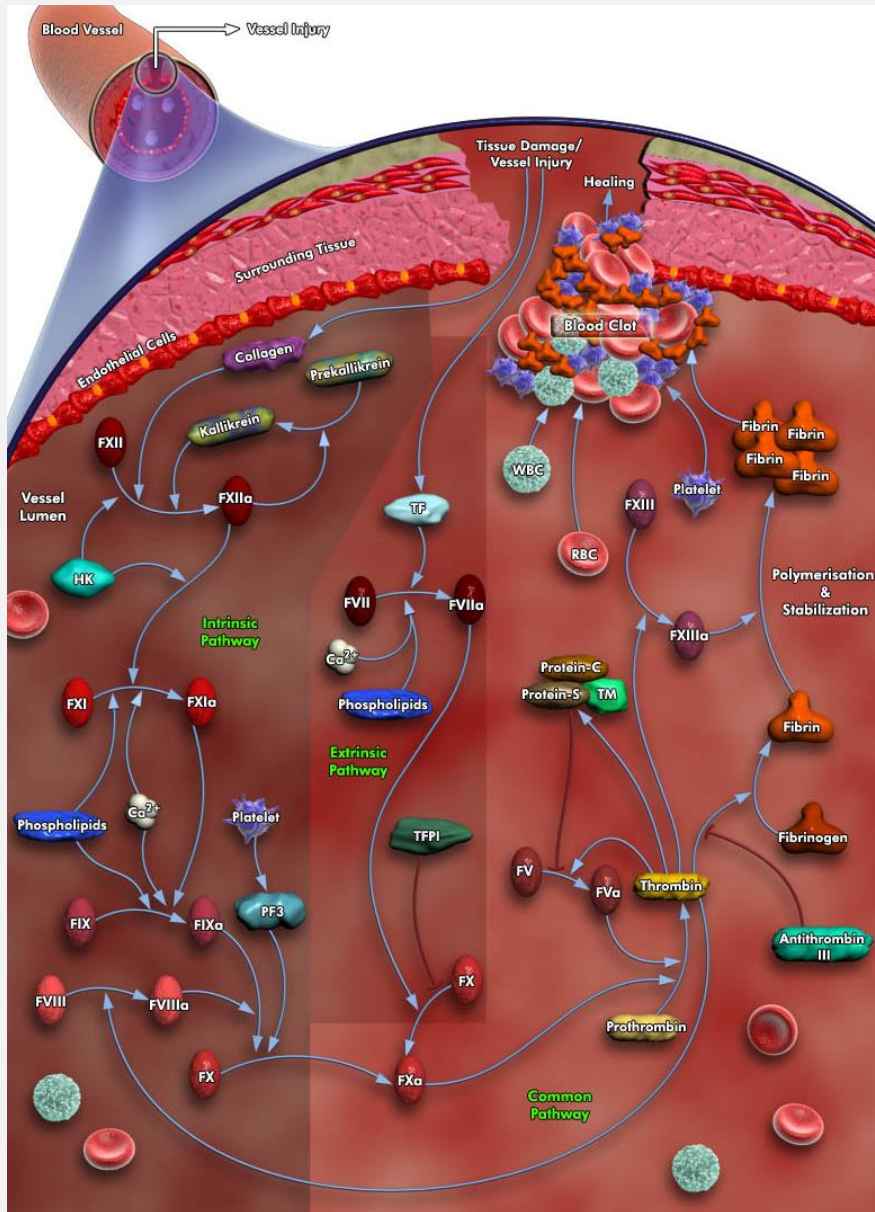


**Bleeding**



**Thrombosis**

# Hemostasis: an irreducible complexity



**Hemostasis:** sequential events perfectly synchronized in time and in space

**Players in hemostasis:**

- Vessel wall (endothelial cells and sub-endothelial space)
- Blood cells (platelets)
- Plasma proteins (coagulation factors)

# hemostasis

- Primary hemostasis



3 - 5 min

Platelets activation/aggregation



Platelet plug formation

- Coagulation



5 - 10 min

Cascade of enzymatic reactions



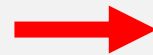
Fibrine formation

- Fibrinolysis



48 - 72 hrs

Cascade of enzymatic reactions



Fibrine degradation

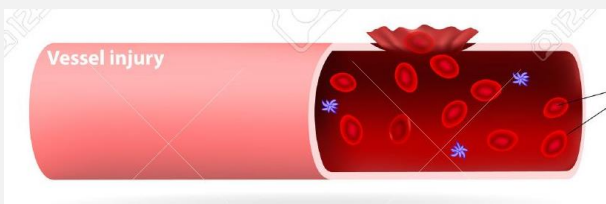
# Primary hemostasis

**WHAT:** platelet plug formation, stable enough to stop blood loss.

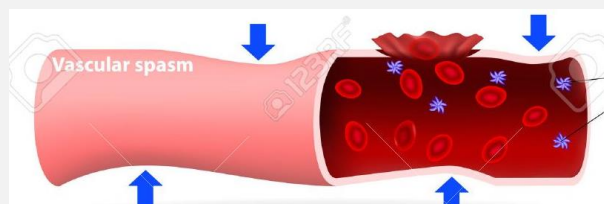
**WHERE:** On the site of injury, in the vessel lumen, anchored to the vessel wall

**WHO:** Vessel wall, adhesive proteins in the extracellular matrix, plasma proteins, platelets

**HOW:** ...



Wound/lesion



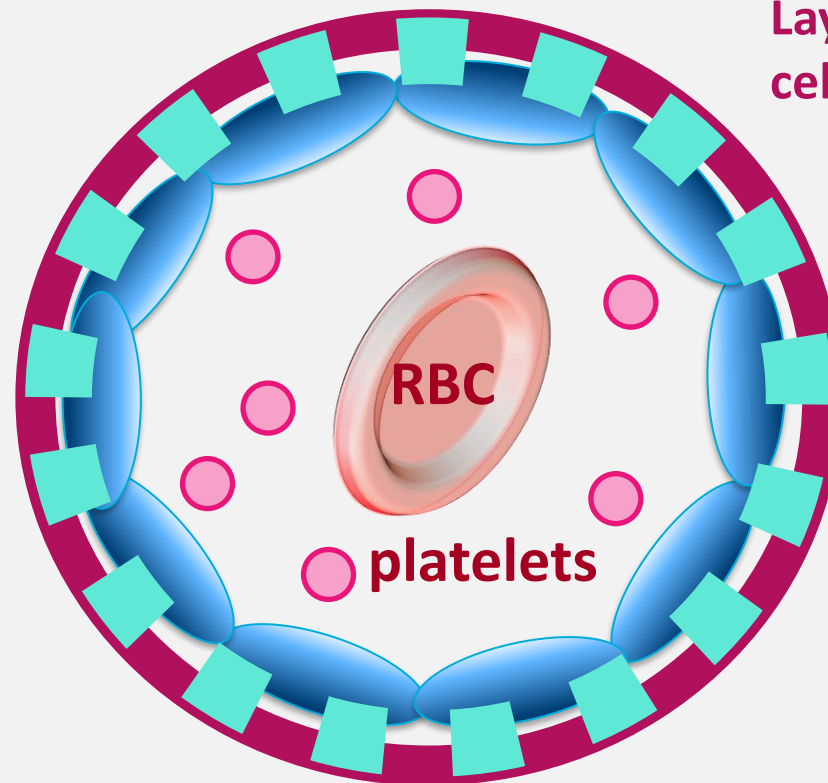
Vasoconstriction and platelet adhesion



Platelet activation and aggregation

# Primary hemostasis

Intact vessel wall



Layer of smooth muscle cells

Extracellular matrix (collagen fibers)

Endothelium (endothelial cells)

Prostacyclin and nitric oxide release: inhibit platelet activation

# Primary hemostasis

## Vascular injury

Break in endothelium continuity

Contact between blood and collagen

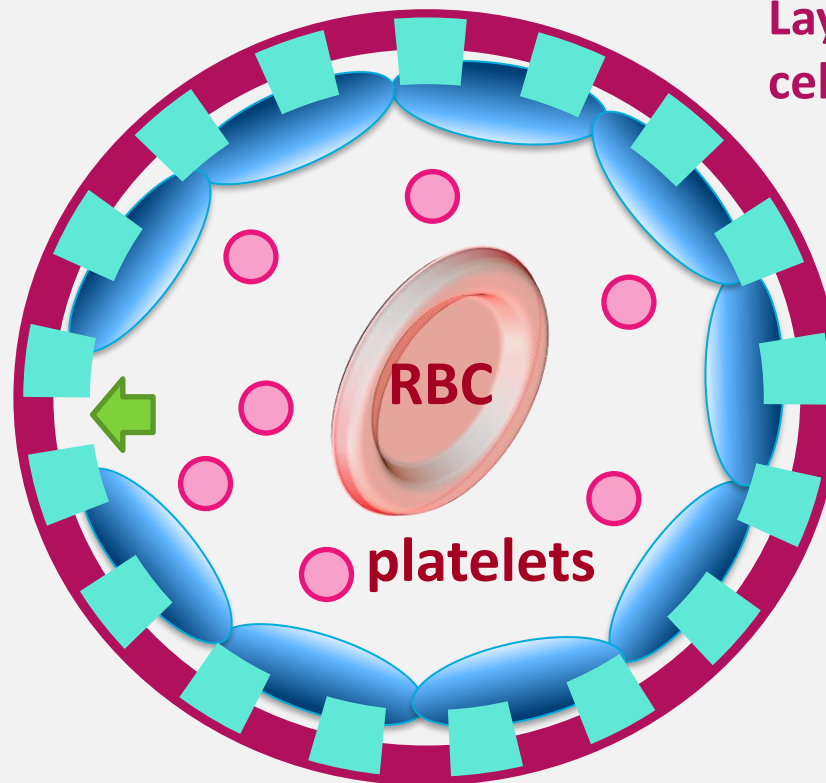
## Intact vessel wall

Layer of smooth muscle cells

Extracellular matrix (collagen fibers)

Endothelium (endothelial cells)

Prostacyclin and nitric oxide release: inhibit platelet activation



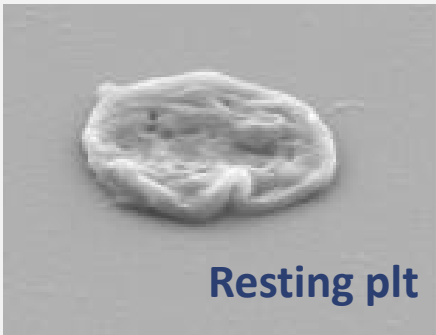
# Primary hemostasis

## Vascular injury

Break in endothelium continuity

Contact between blood and collagen

Platelet activation



Activated plt



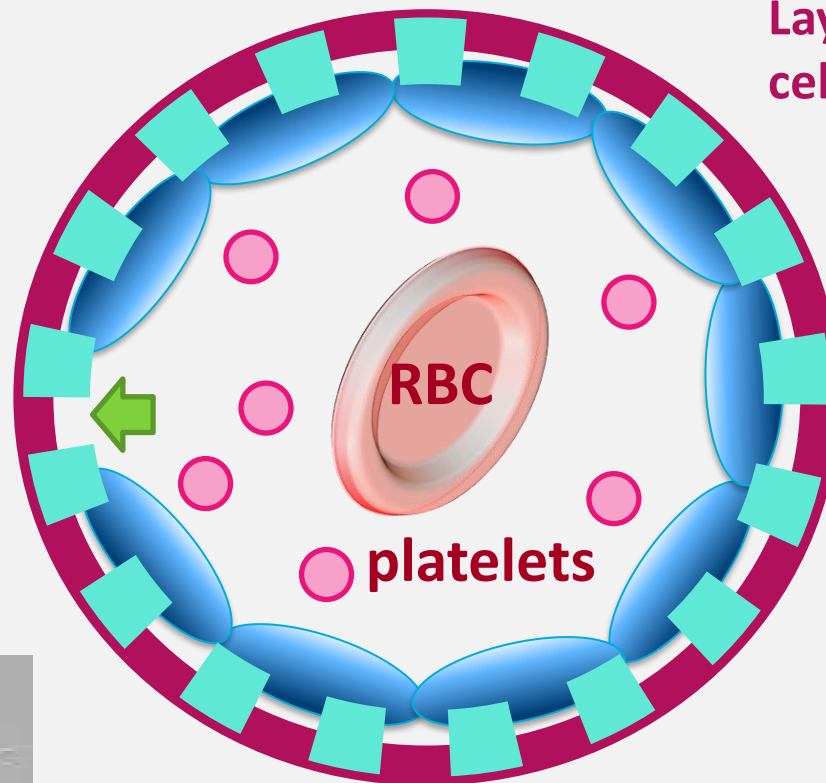
## Intact vessel wall

Layer of smooth muscle cells

Extracellular matrix (collagen fibers)

Endothelium (endothelial cells)

Prostacyclin and nitric oxide release: inhibit platelet activation





# Primary hemostasis

## Vascular injury

Break in endothelium continuity

Contact between blood and collagen

Platelet activation

Von Willebrand Factor  
⇒ Platelet adhesion to the vessel wall

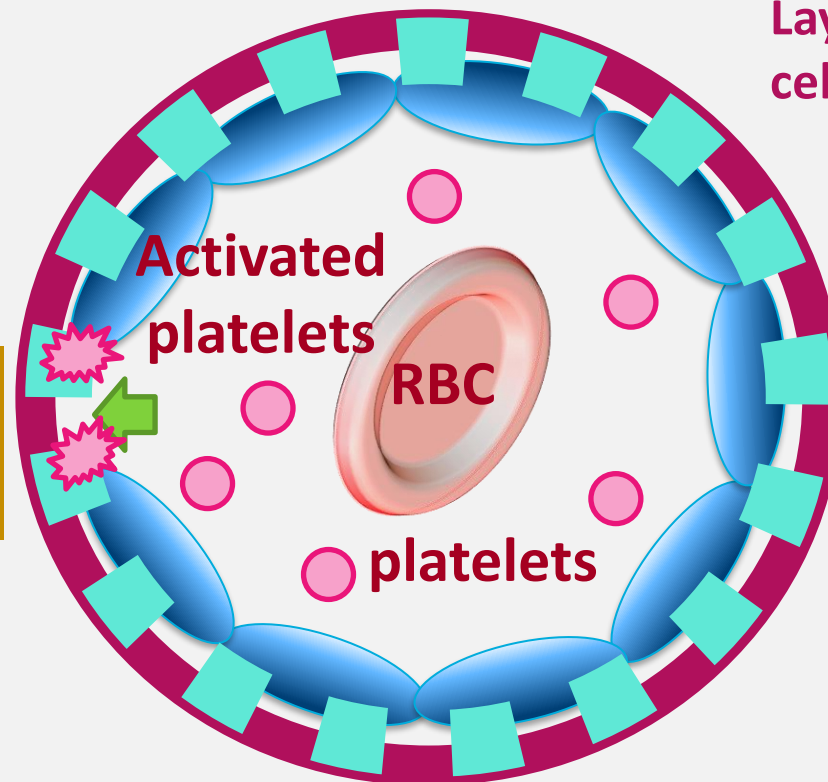
## Intact vessel wall

Layer of smooth muscle cells

Extracellular matrix (collagen fibers)

Endothelium (endothelial cells)

Prostacyclin and nitric oxide release: inhibit platelet activation



# Primary hemostasis

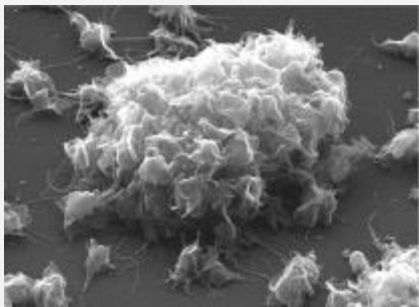
## Vascular injury

Break in endothelium continuity

Contact between blood and collagen

Platelet activation

Von Willebrand Factor  
⇒ Platelet adhesion to the vessel wall



Platelet plug formation

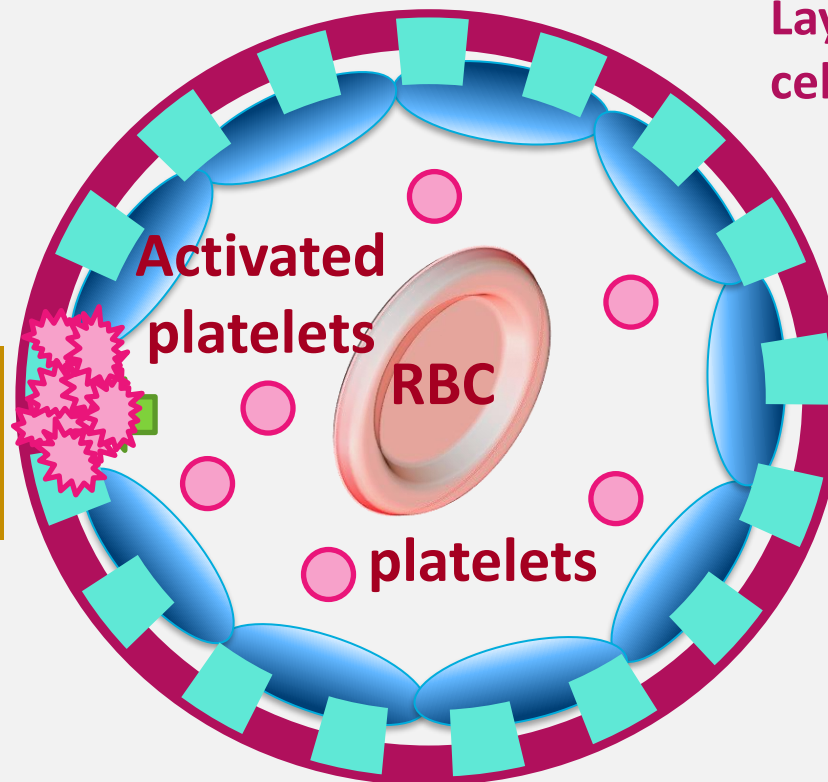
## Intact vessel wall

Layer of smooth muscle cells

Extracellular matrix (collagen fibers)

Endothelium (endothelial cells)

Prostacyclin and nitric oxide release: inhibit platelet activation



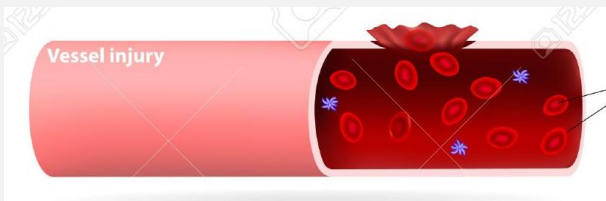
# Coagulation

**WHAT:** Fibrine network formation (polymerized fibrine forms a mesh that stabilizes platelet aggregate)

**WHERE:** On the site of injury, in the vessel lumen, **on the surface of activated platelets**

**WHO:** Coagulation factors, vessel wall, platelets

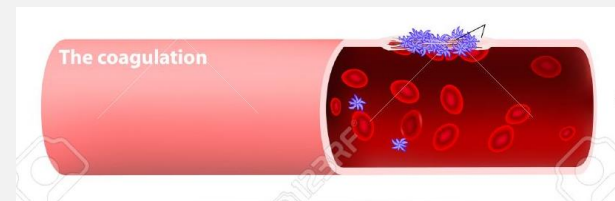
**HOW:** ...



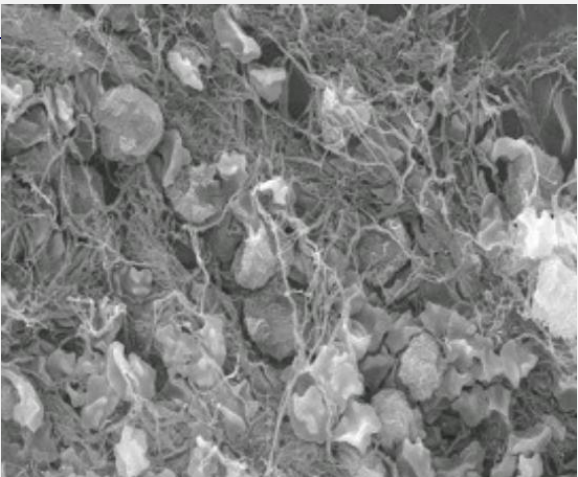
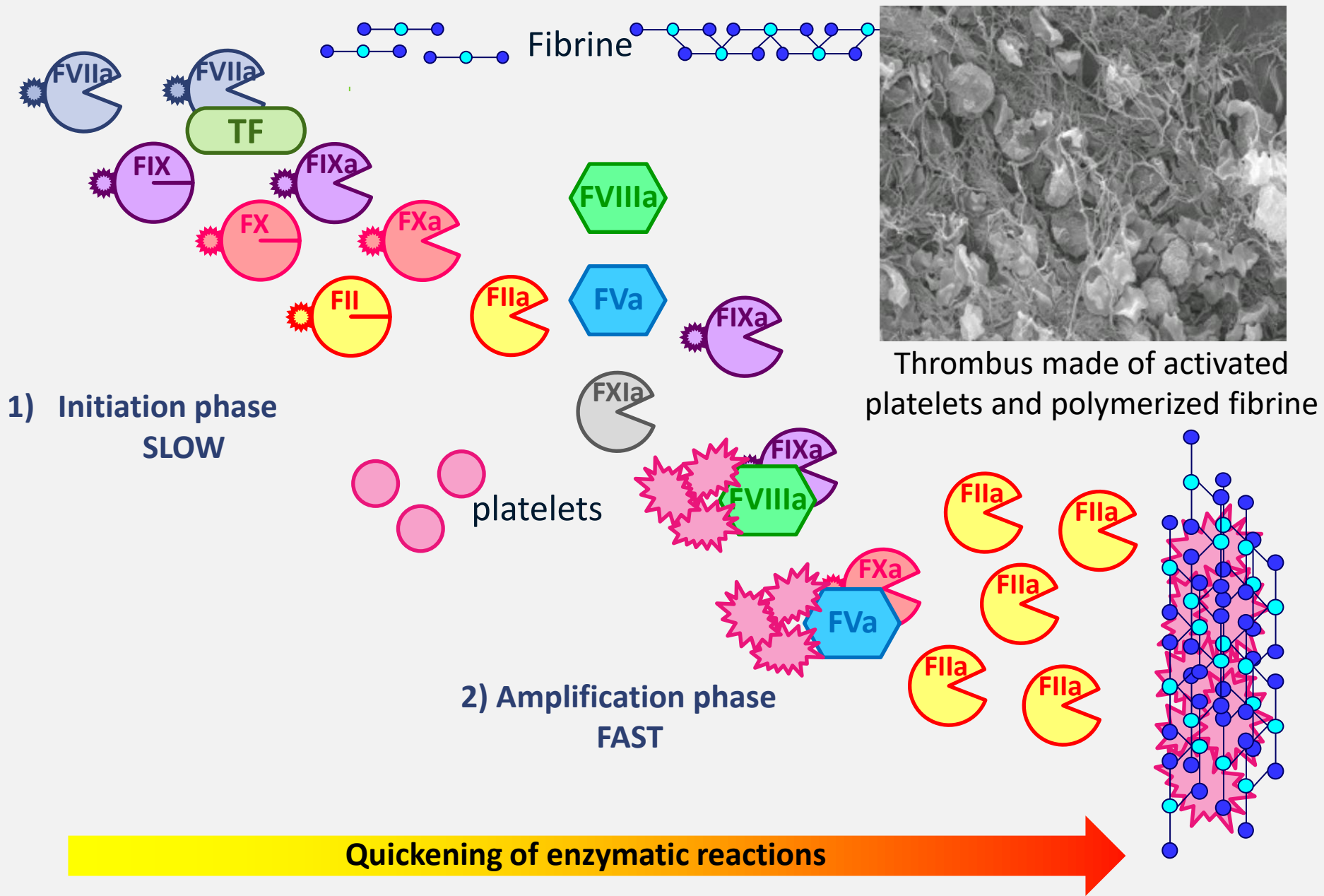
Injured endothelium



Coagulation cascade activation



Thrombus formation



Thrombus made of activated platelets and polymerized fibrine

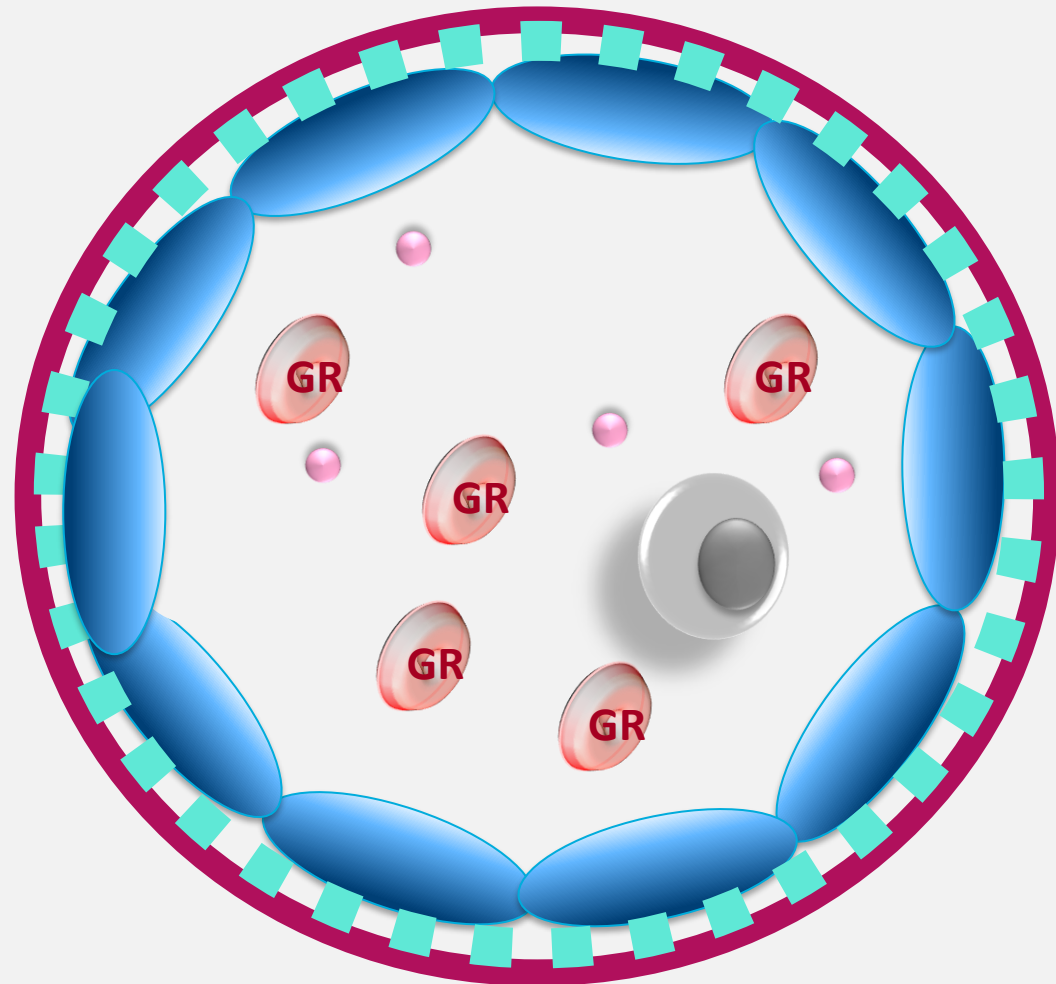
1) Initiation phase  
SLOW

2) Amplification phase  
FAST

Quickening of enzymatic reactions

# Coagulation

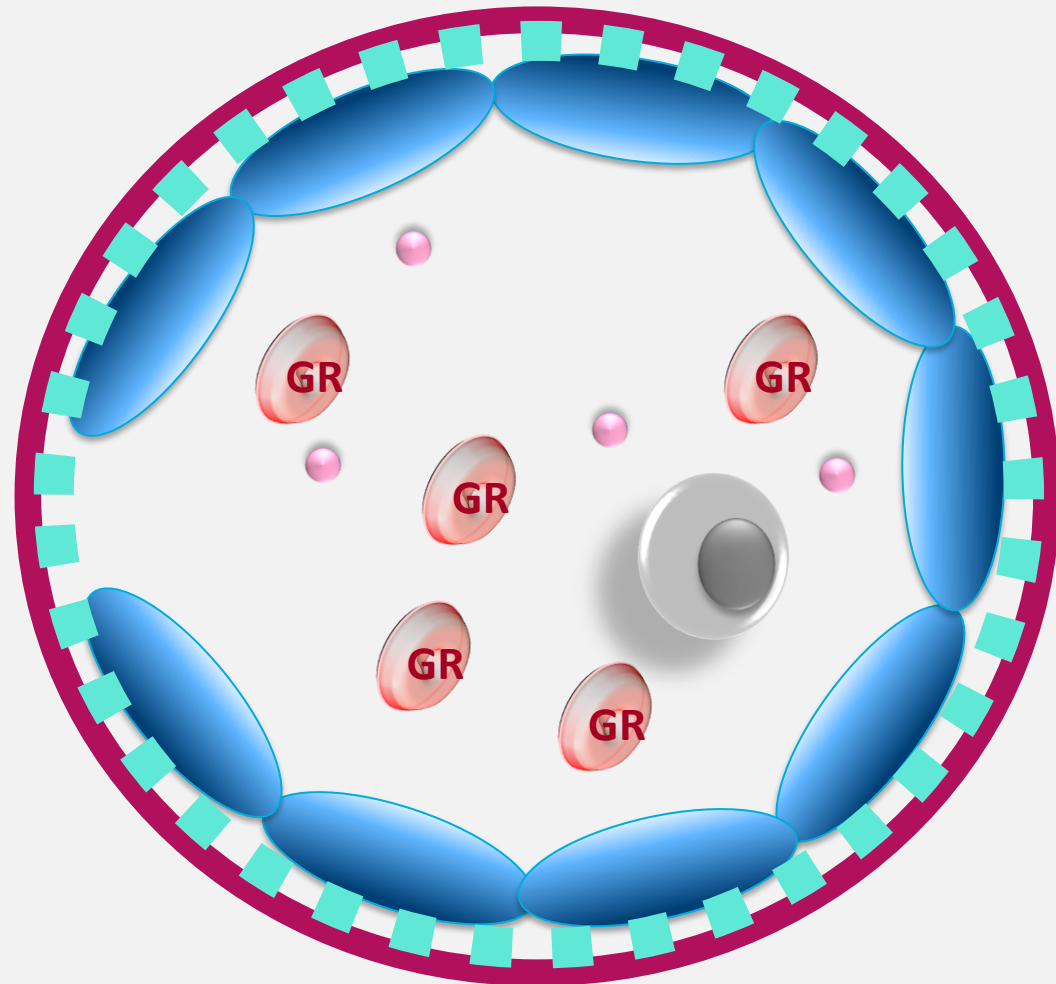
## 1) Initiation



# Coagulation

## 1) Initiation

Break in endothelium continuity

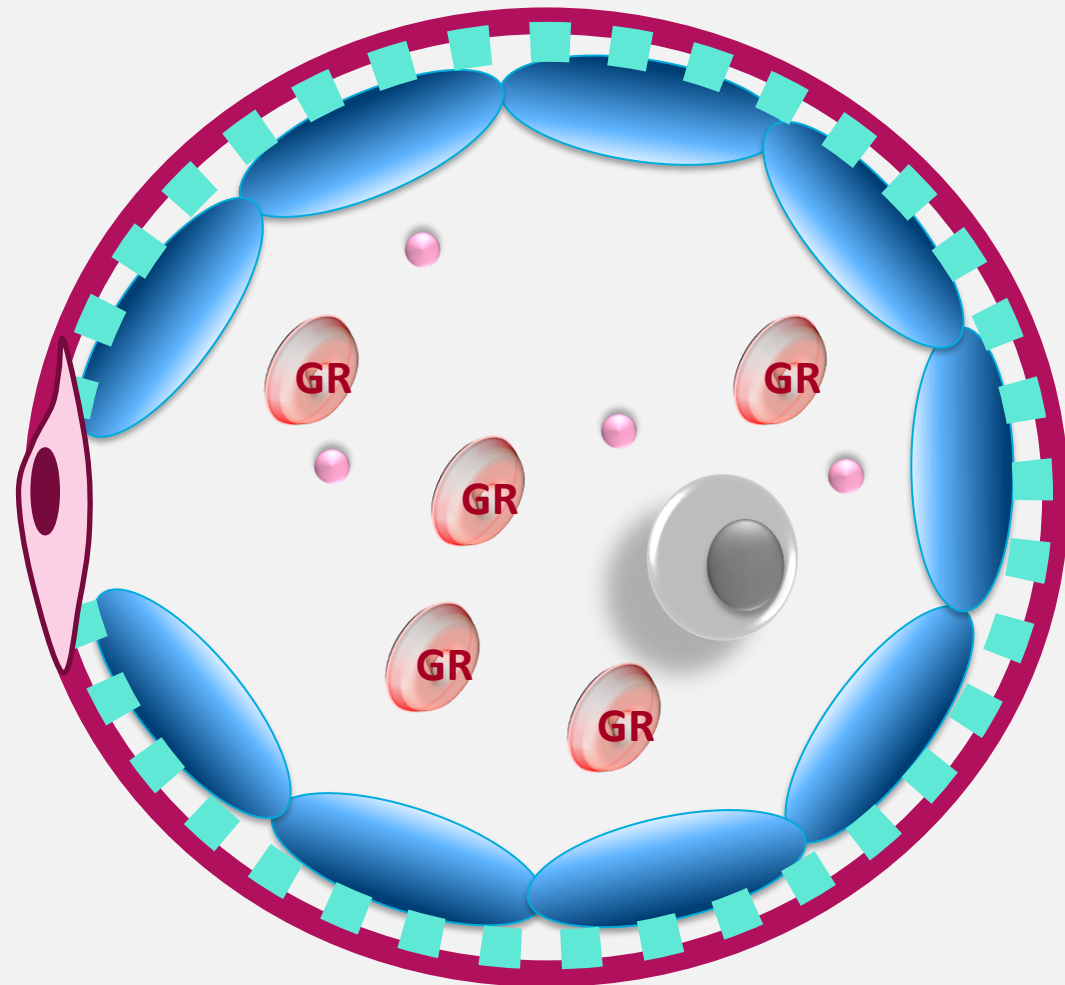


# Coagulation

## 1) Initiation

Break in endothelium continuity

Exposure of sub-endothelial cells to the blood flow



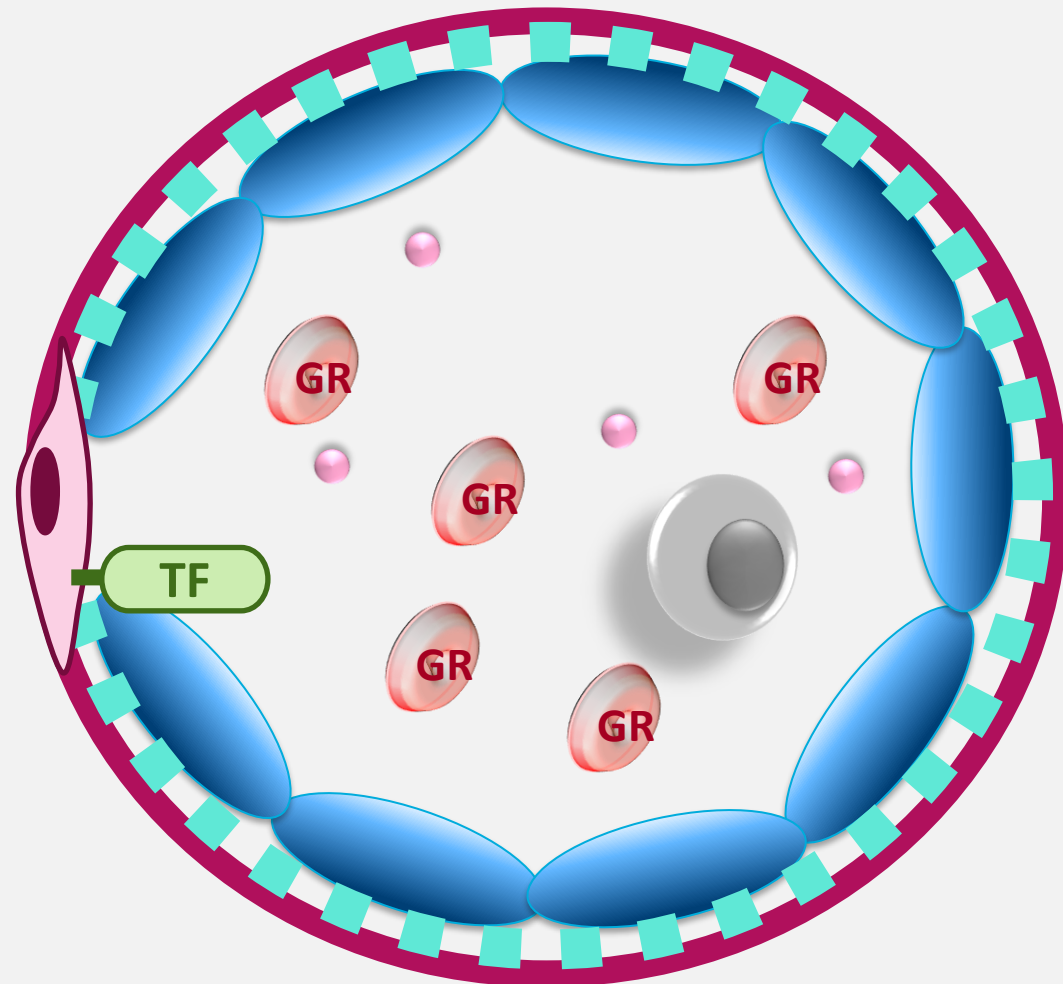
# Coagulation

## 1) Initiation

Break in endothelium continuity

Exposure of sub-endothelial cells to the blood flow

Exposure of Tissue-Factor to the blood flow

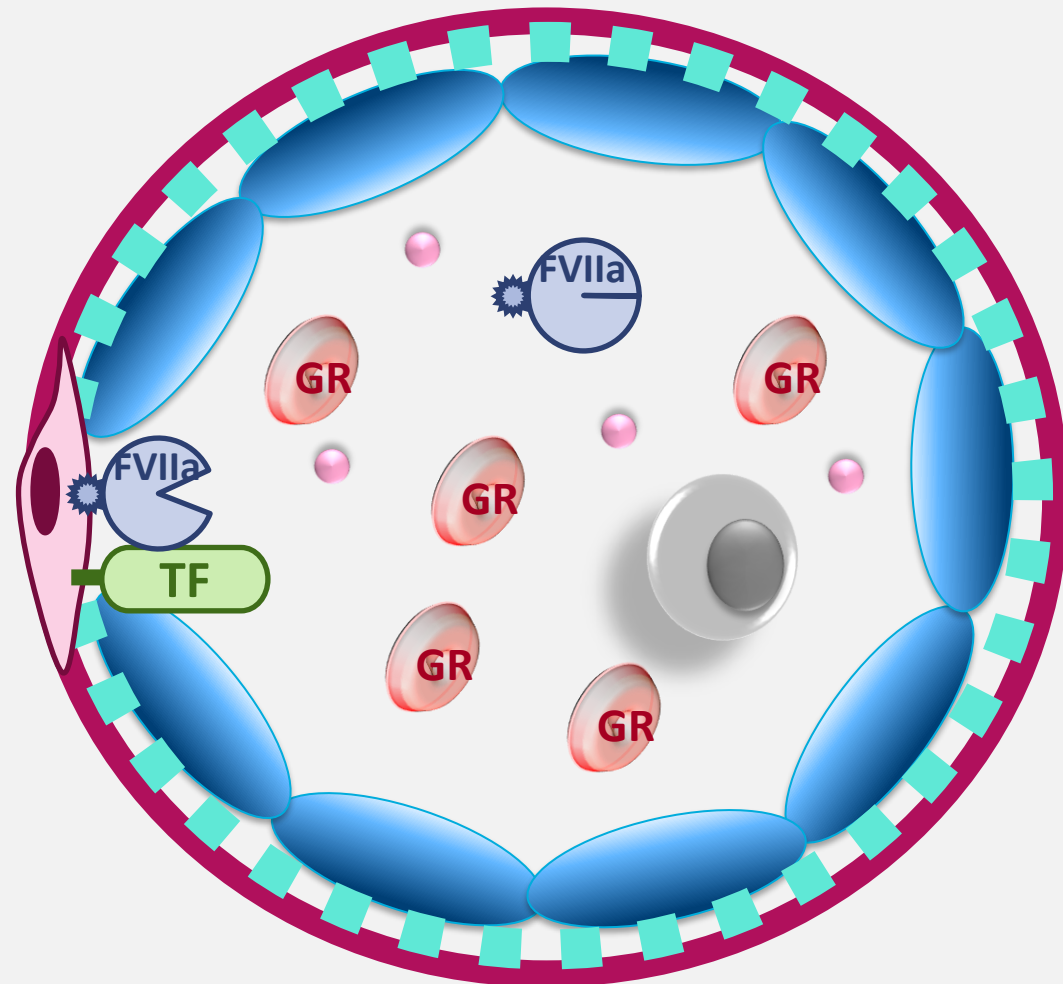




# Coagulation

## 1) Initiation

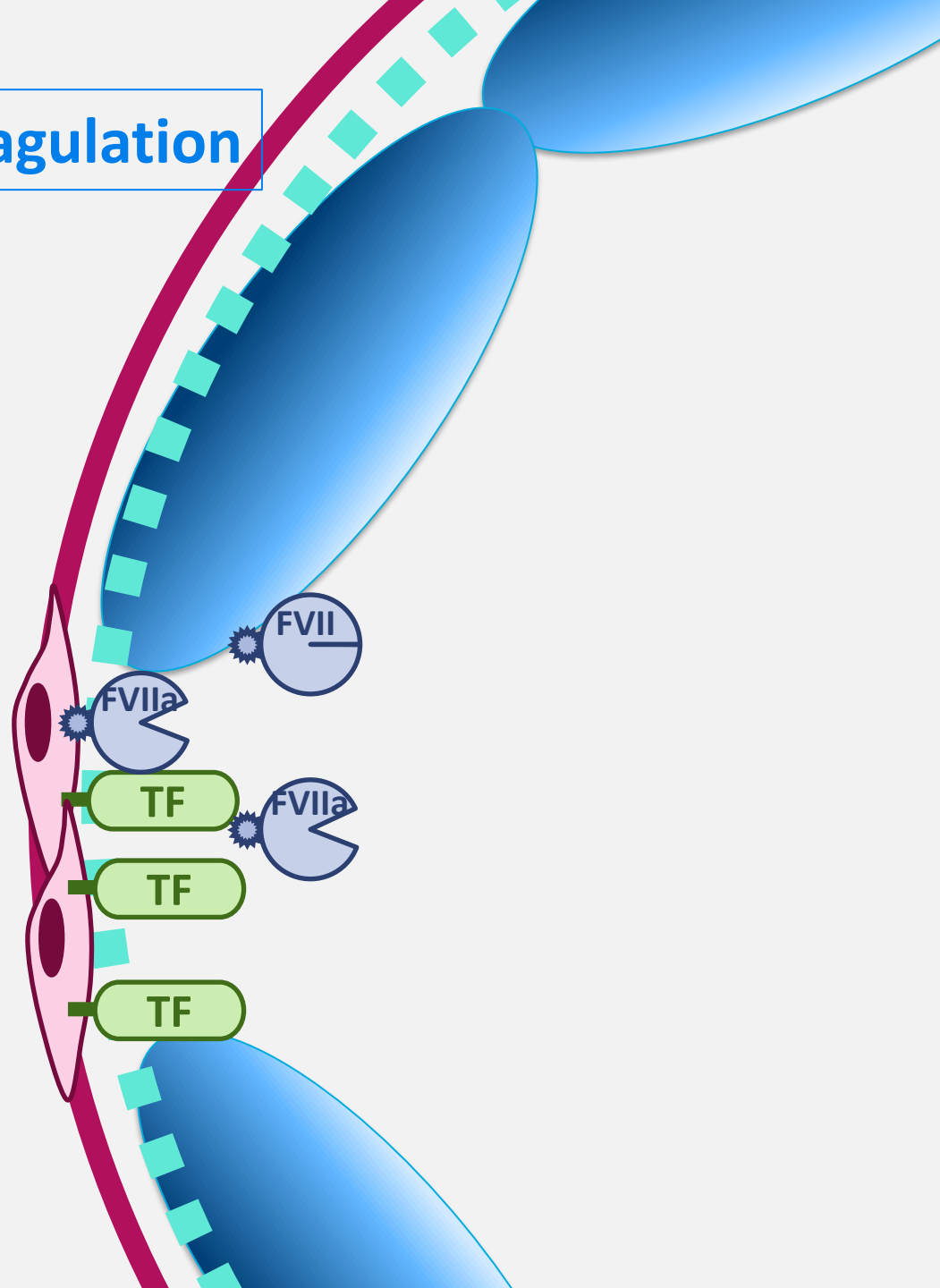
Binding of FVIIa to TF triggers coagulation cascade.



# 1) Initiation

## Coagulation

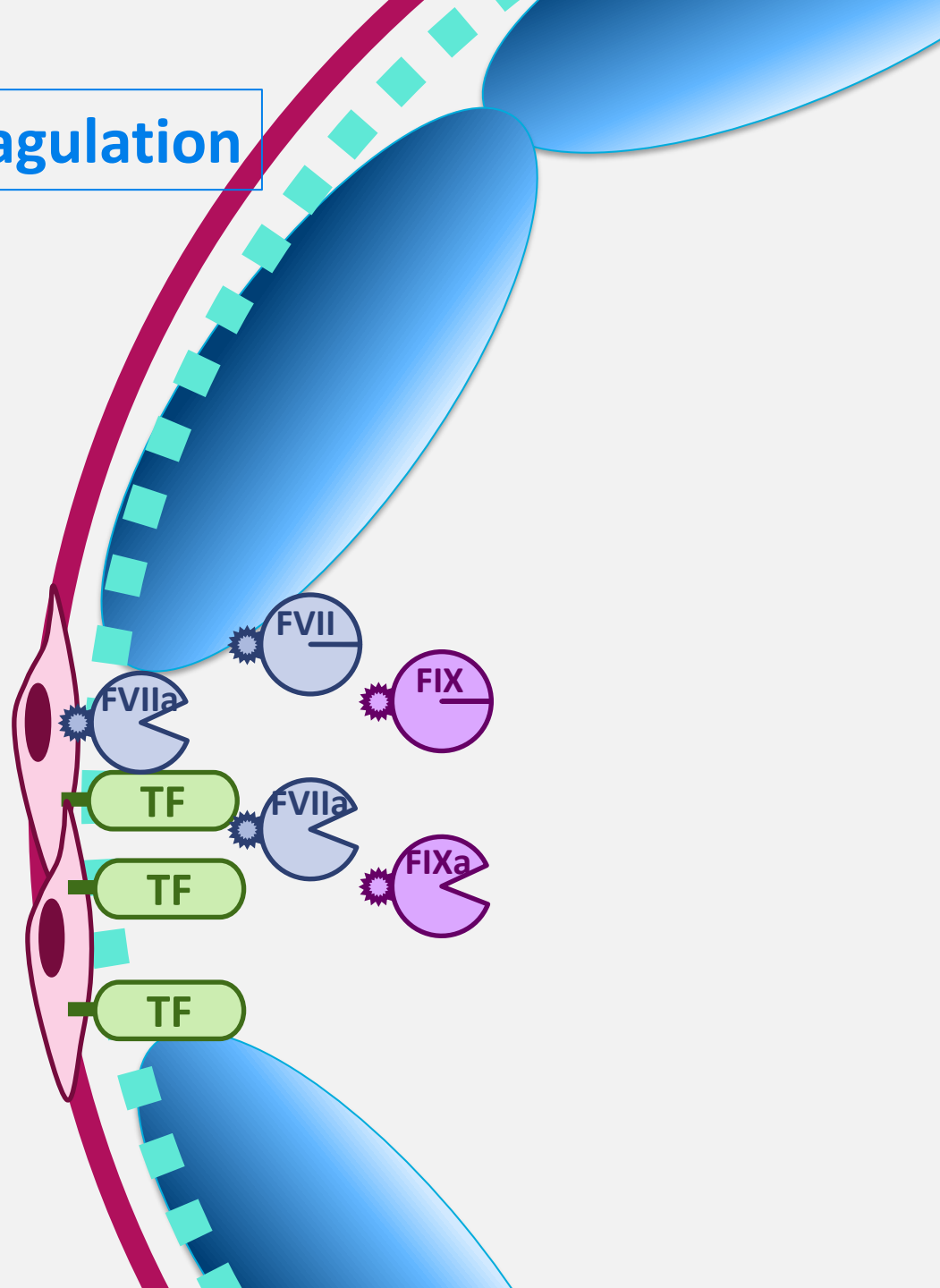
⇒ activation of FVII



# 1) Initiation

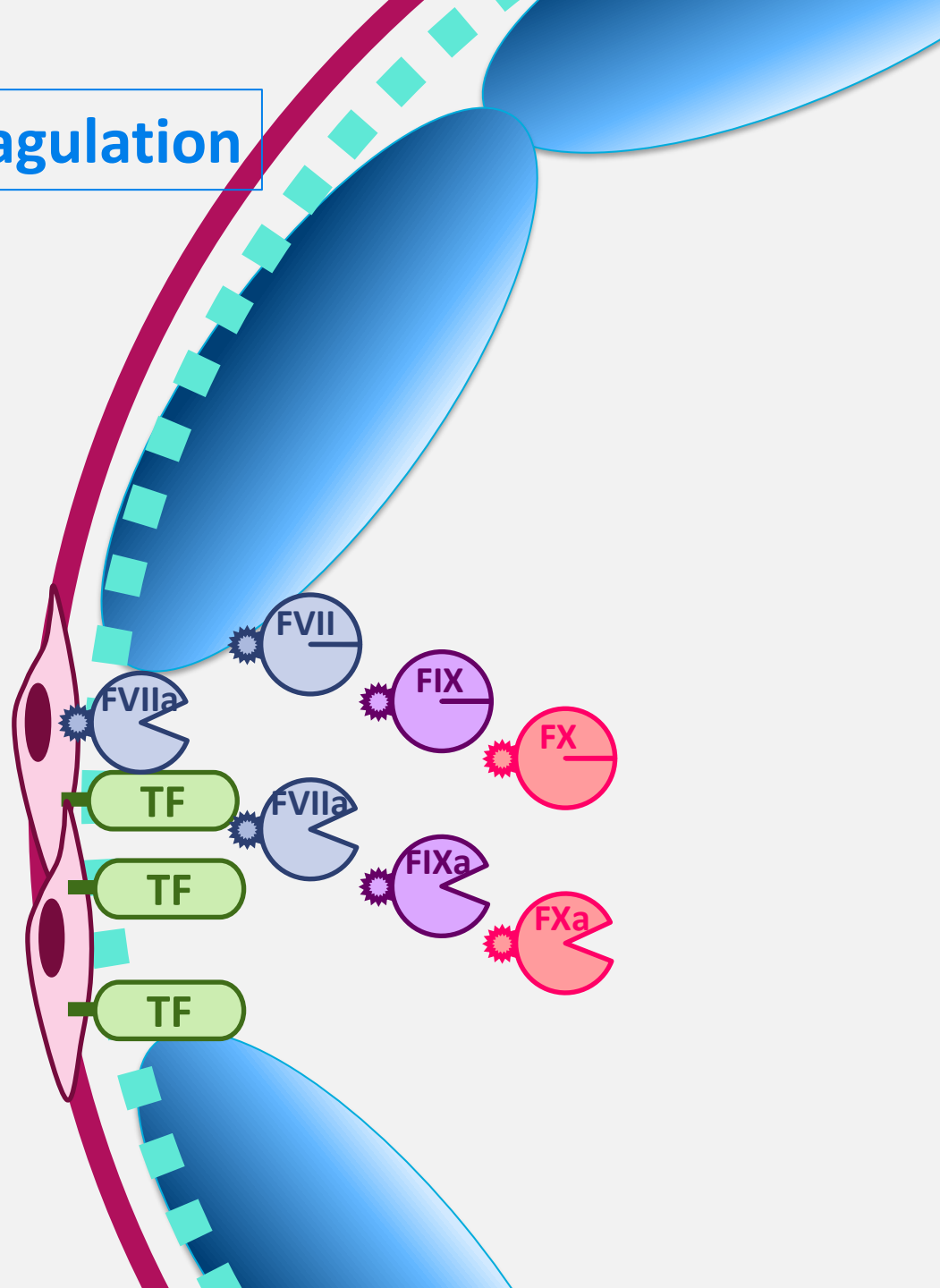
## Coagulation

⇒ activation of FIX



# 1) Initiation

## Coagulation

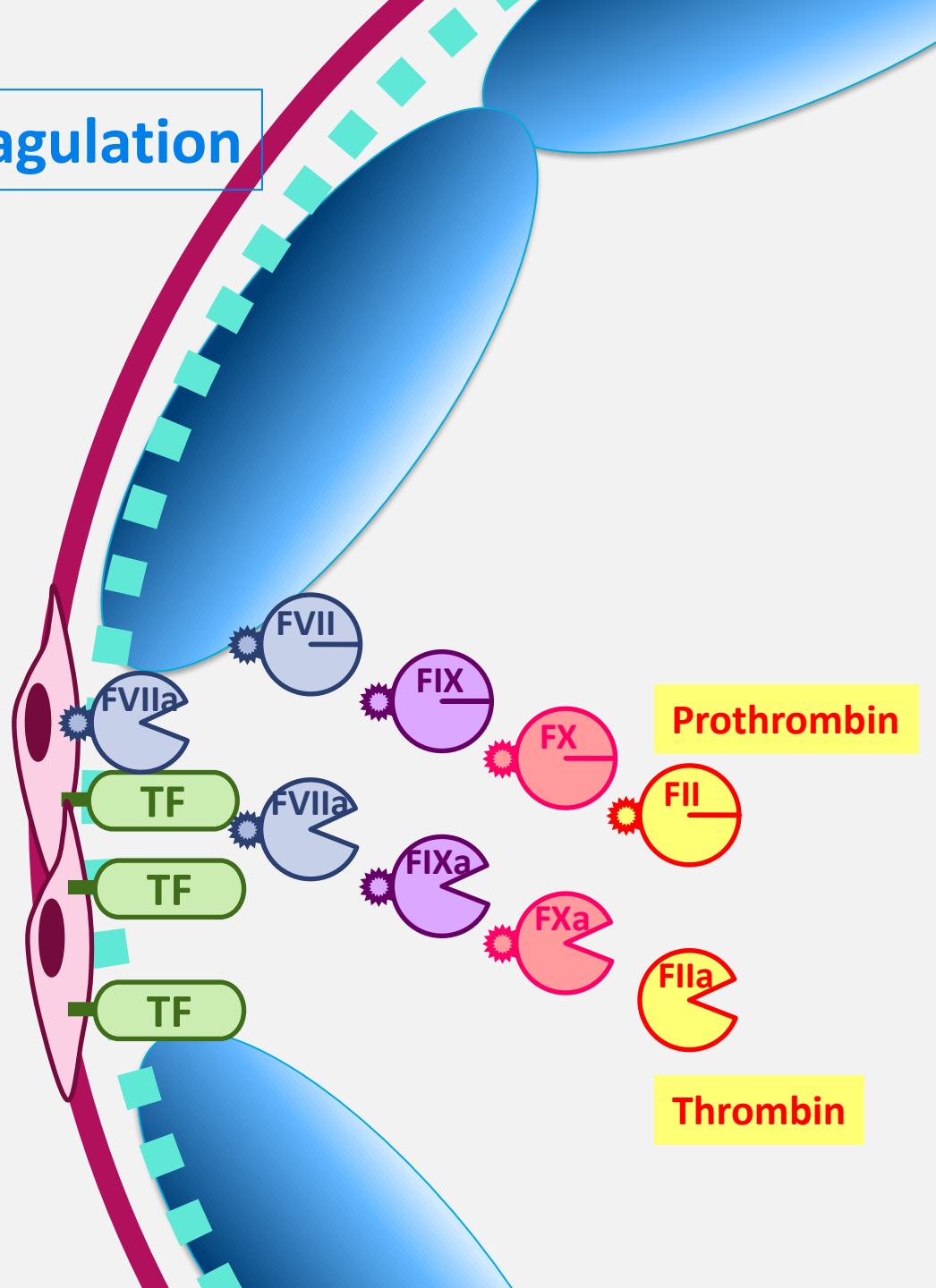


⇒ activation of FX

# 1) Initiation

## Coagulation

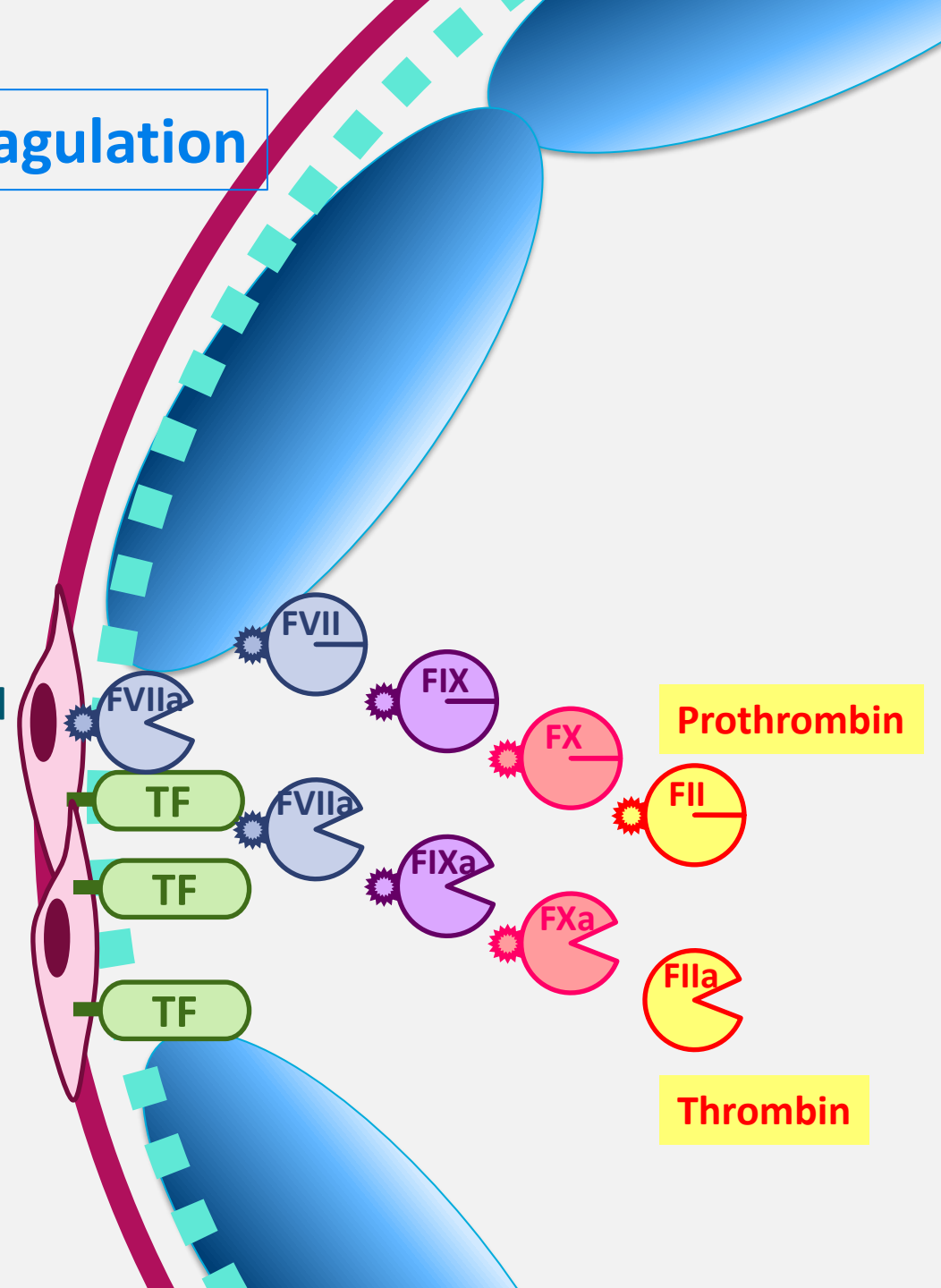
⇒ activation of FII



# Coagulation

## 1) Initiation

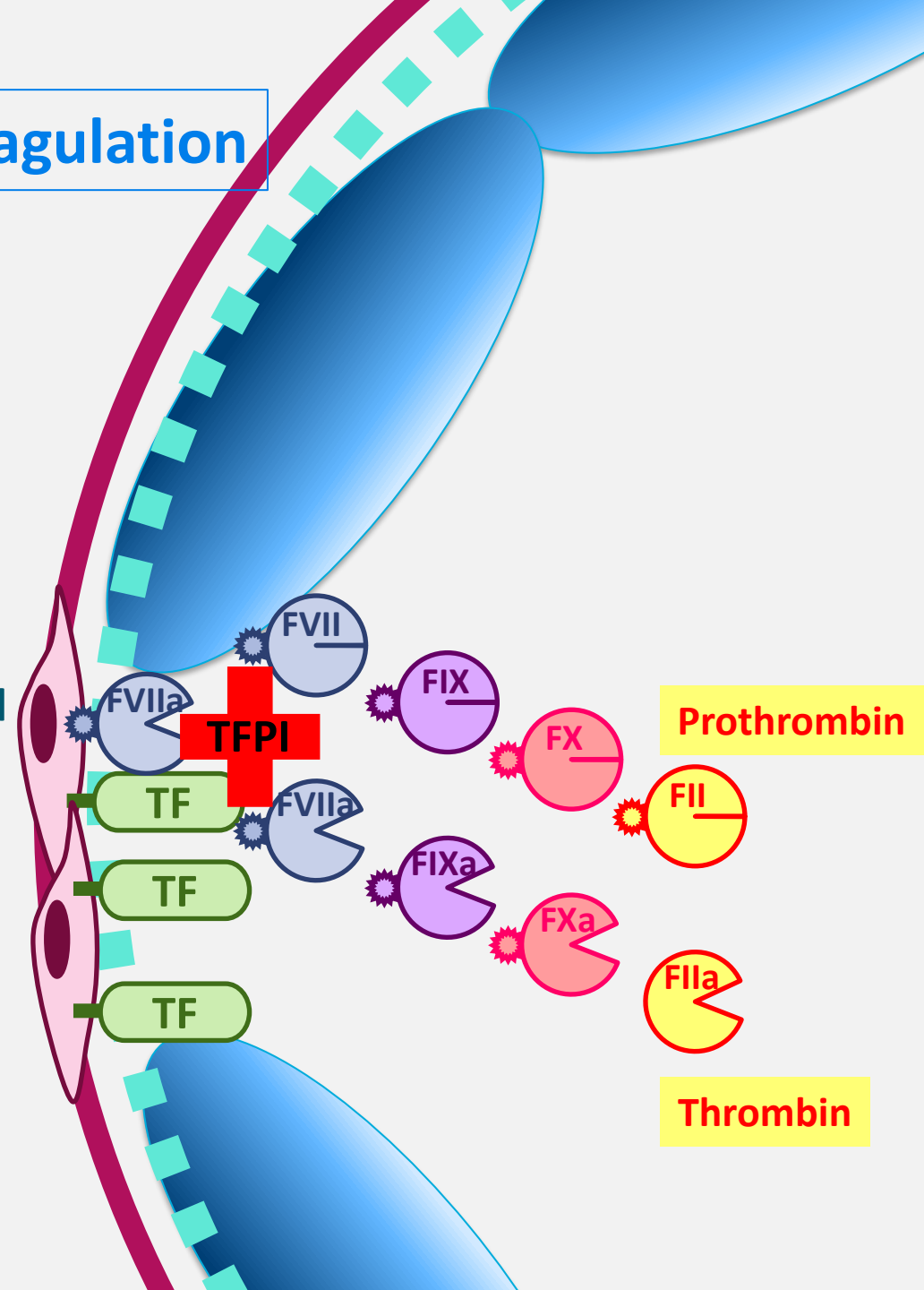
- Enzymatic reactions are slow
- Slow zymogens-enzymes conversion
- Enzymatic reactions are localized on the vicinity of TF exposure
- **The first trace amounts of thrombin are produced !**



# Coagulation

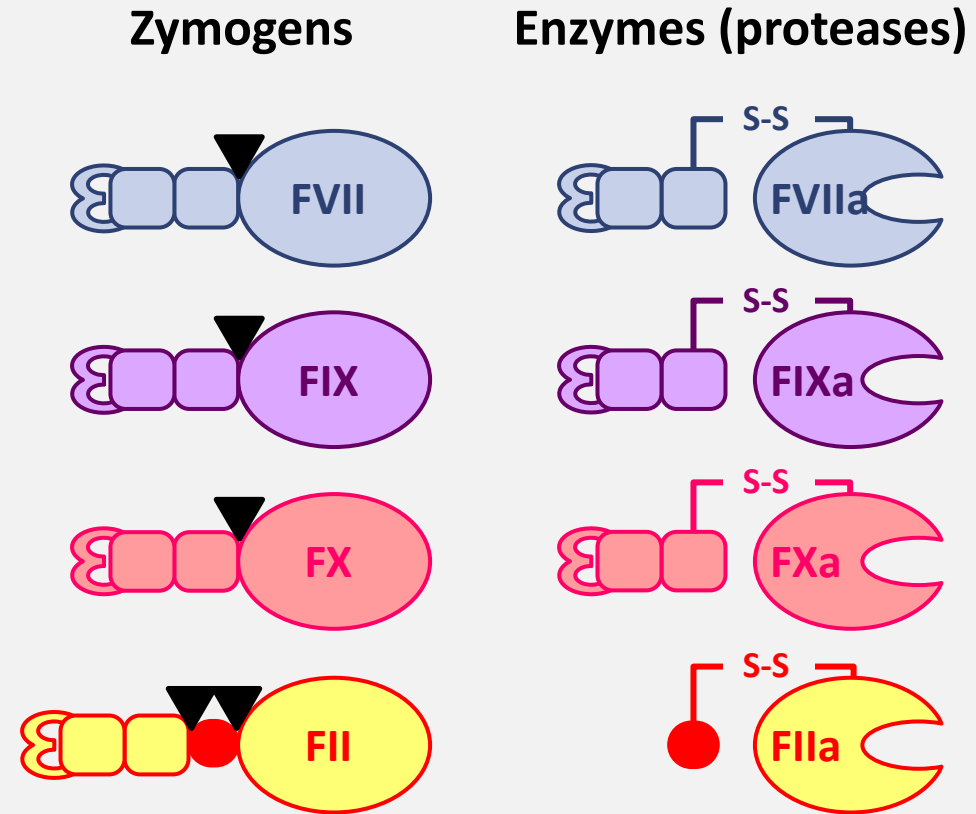
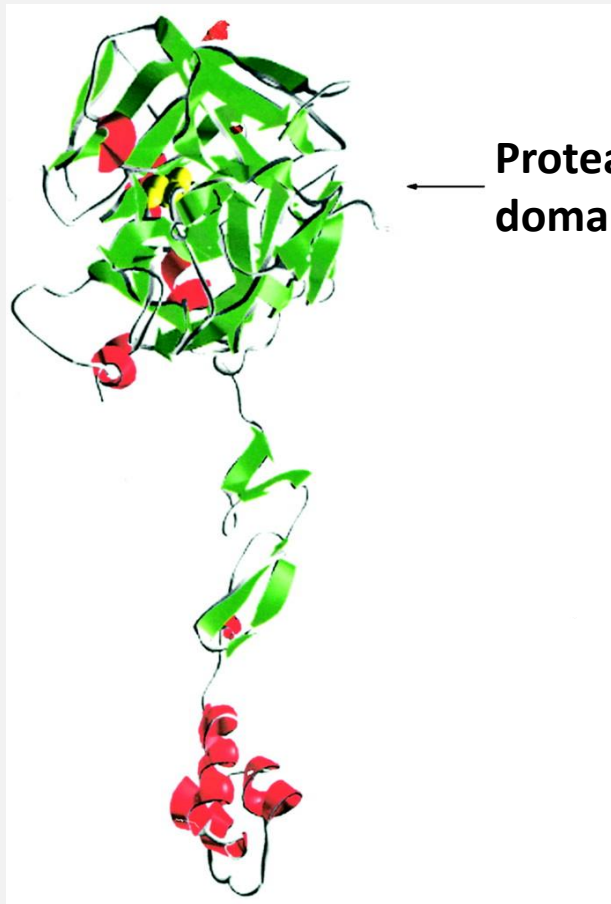
## 1) Initiation

- Enzymatic reactions are slow
- Slow zymogens-enzymes conversion
- Enzymatic reactions are localized on the vicinity of TF exposure
- **The first trace amounts of thrombin are produced !**
- **Regulation by TFPI, slows down initiation.**



# Coagulation enzymes

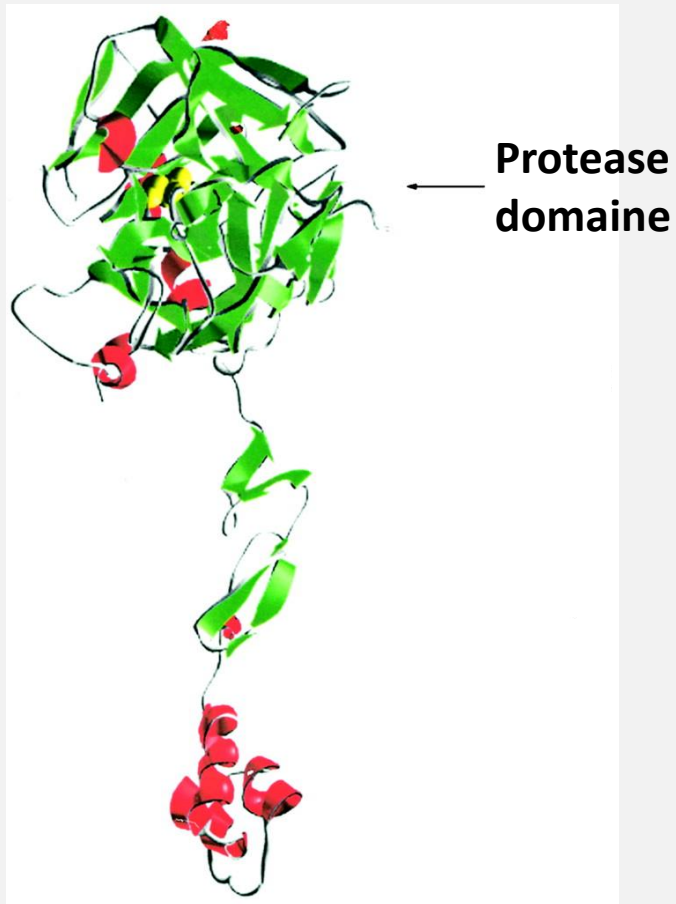
- All synthesized by hepatocytes as inactive precursors (= Zymogens)



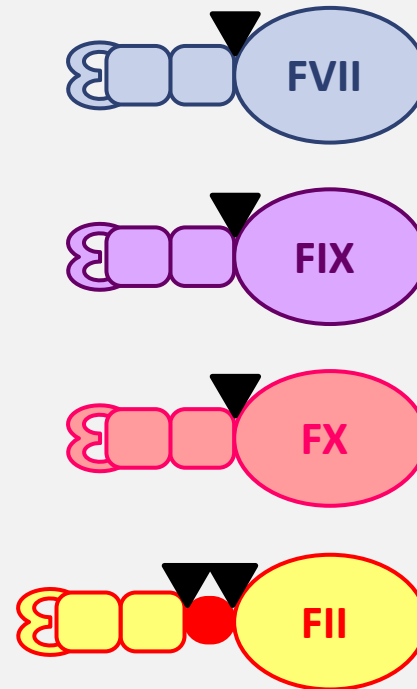
- Converted into enzyme by proteolytic cleavage
- All have similar structural organization



# Coagulation enzymes

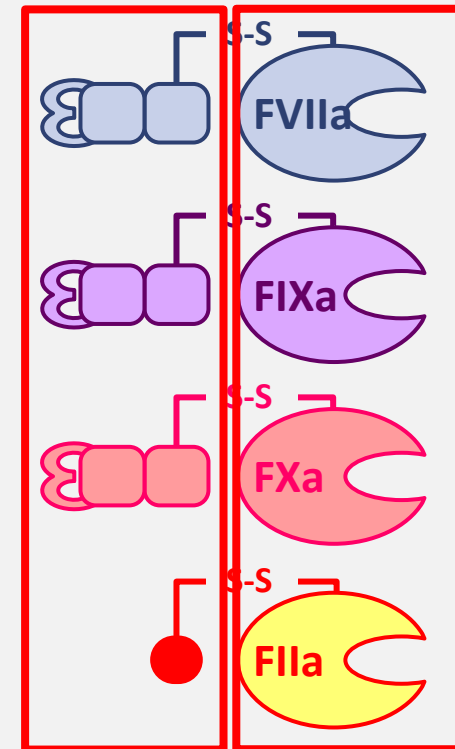


## Zymogens



Single chain protein

## Enzymes (proteases)

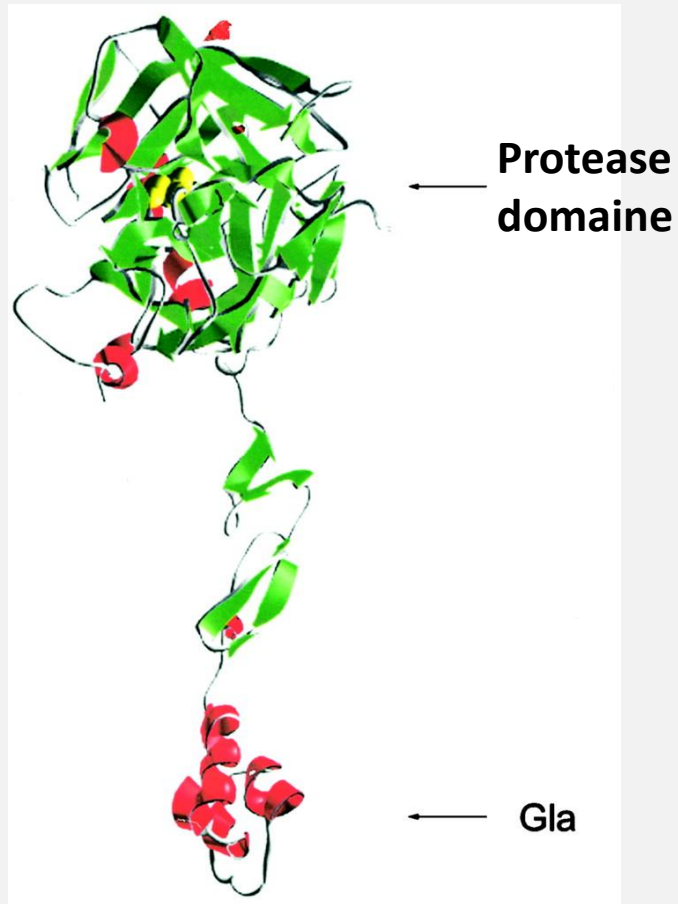


LC

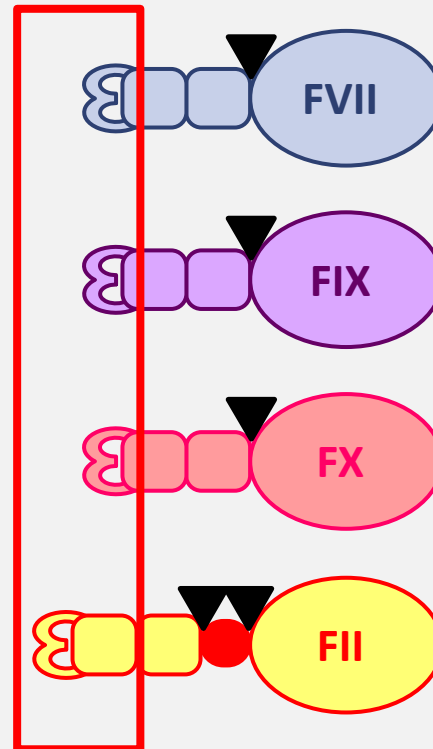
HC

2 chains protein

# Coagulation enzymes

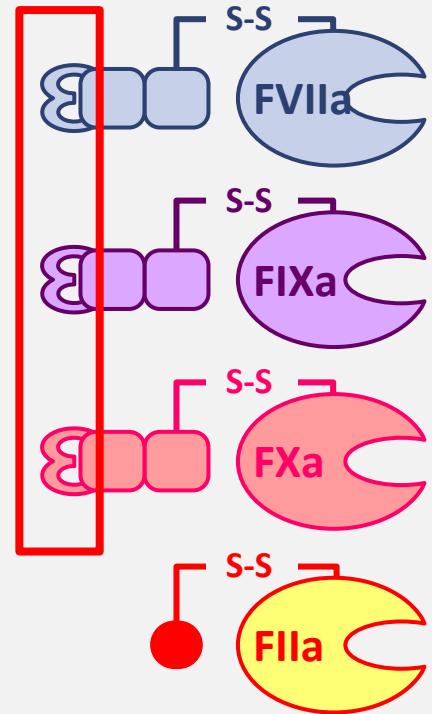


Zymogens



Gla domain

Enzymes (proteases)



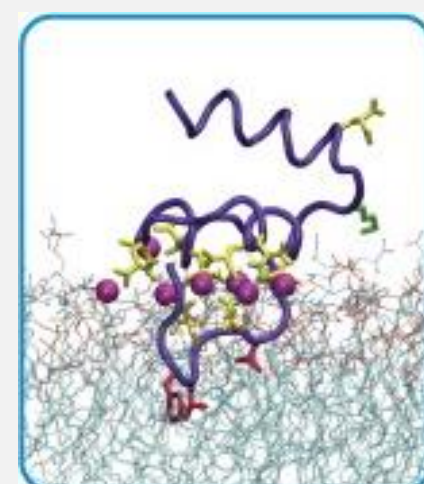
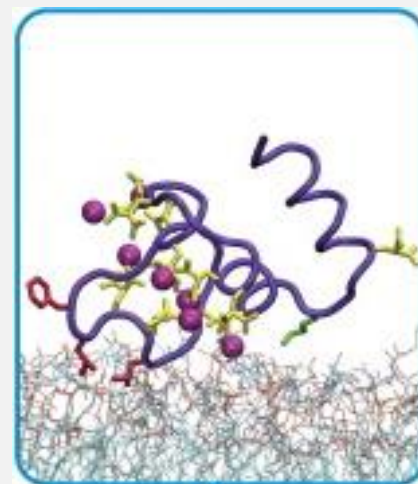
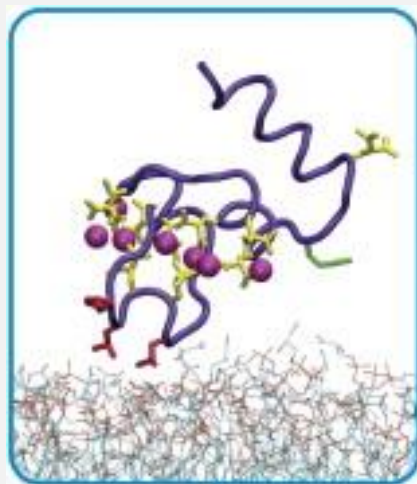
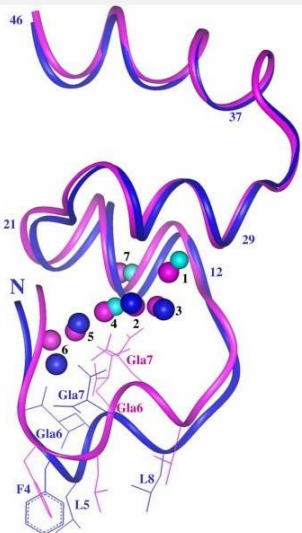
Gla domain

# Gla domain

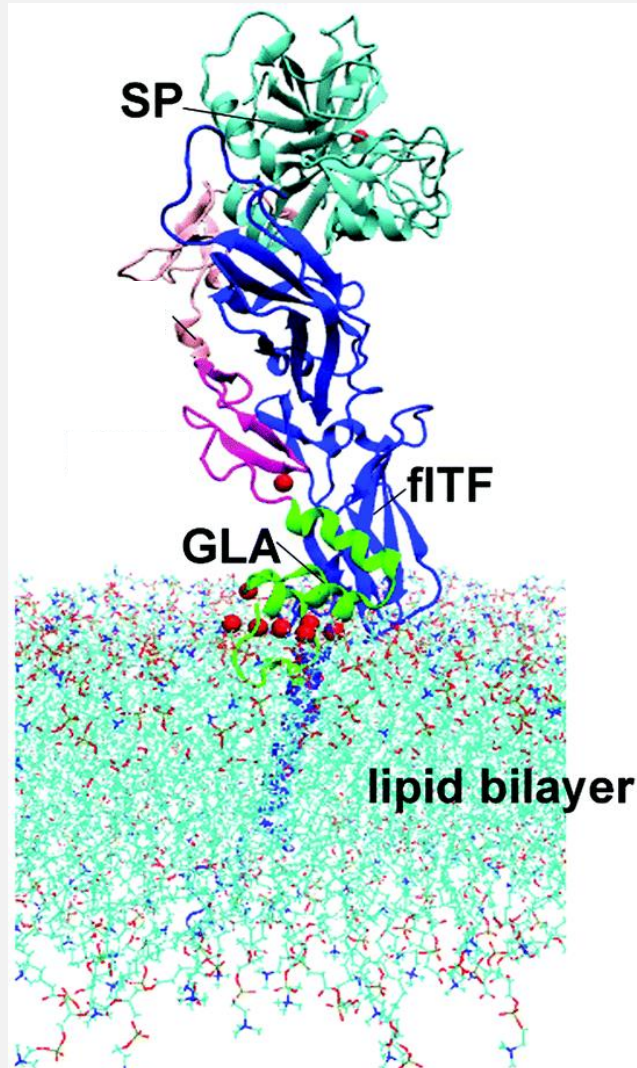
- Post-translational modification of **Glu** residues into **Gla** residues (gamma-carboxy glutamic acid)
- Post-translational modification requires the presence of **vitamin K (vitamin K-dependent factors)**
- **$\Omega$ -loop conformation** upon folding in the presence of **Ca<sup>2+</sup> ions**  $\Rightarrow$  **hydrophobic** residues exposure
- **High affinity** for **lipid bilayer** of the cell membrane surface
- **Gla domain allows clotting factors anchoring on the cell membrane surface**



Target of AVK



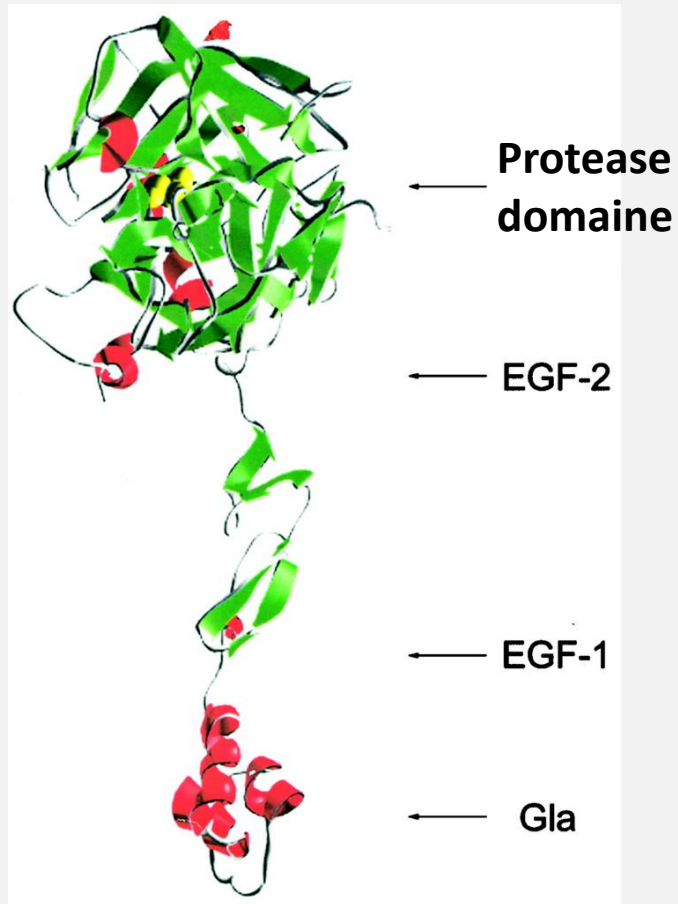
# Gla domain



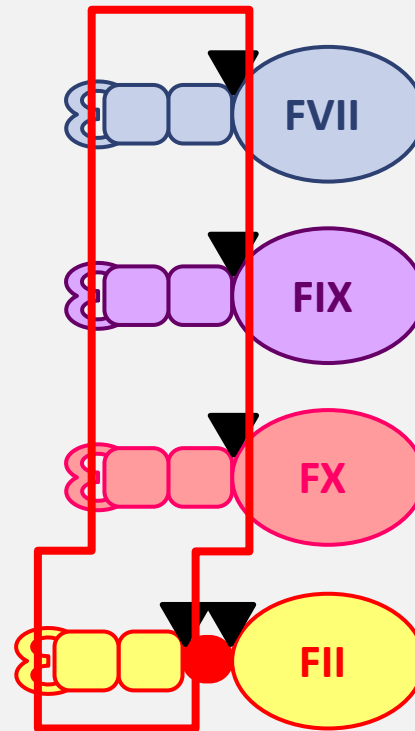
- ⇒ Tight Binding of clotting factor to the cell mbr surfaces
- ⇒ Repartition of clotting factors in a 2D space (mbr surface) instead of in a 3D space (plasma)
- ⇒ Increase local concentrations
- ⇒ Increase enzymatic reactions rate
- ⇒ Circumscribe enzymatic activity on the vicinity of mbr surface (prevent dissemination)

**Exemple of TF/FVIIa complex**

# Coagulation enzymes

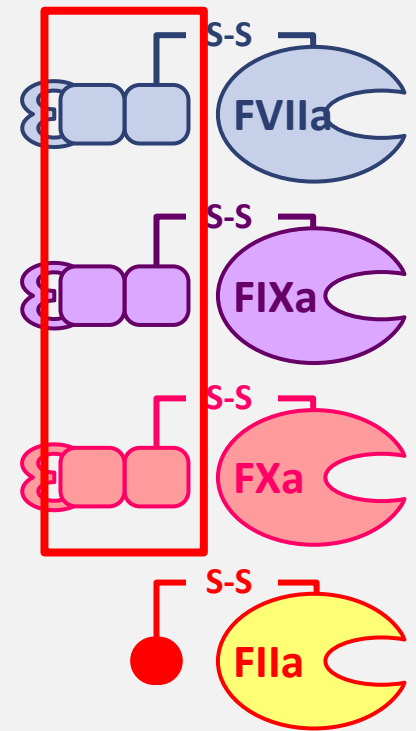


## Zymogens



EGF-like domains

## Enzymes (proteases)



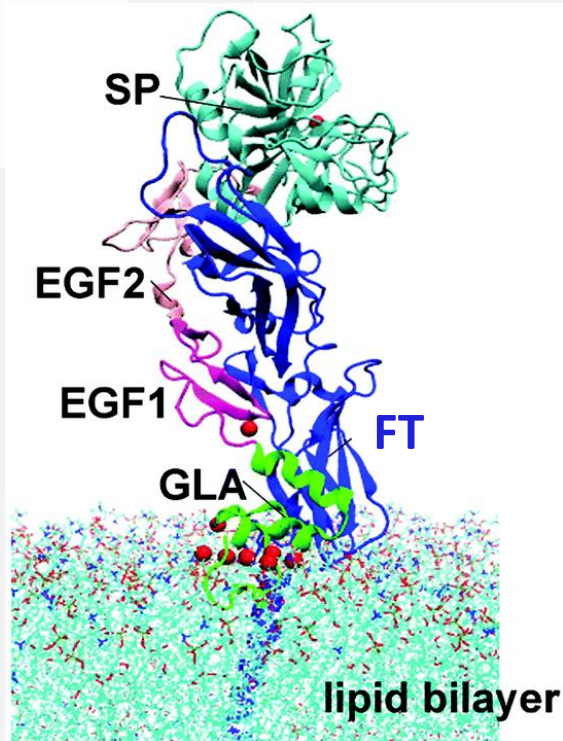
EGF-like domains



# EGF-like domains

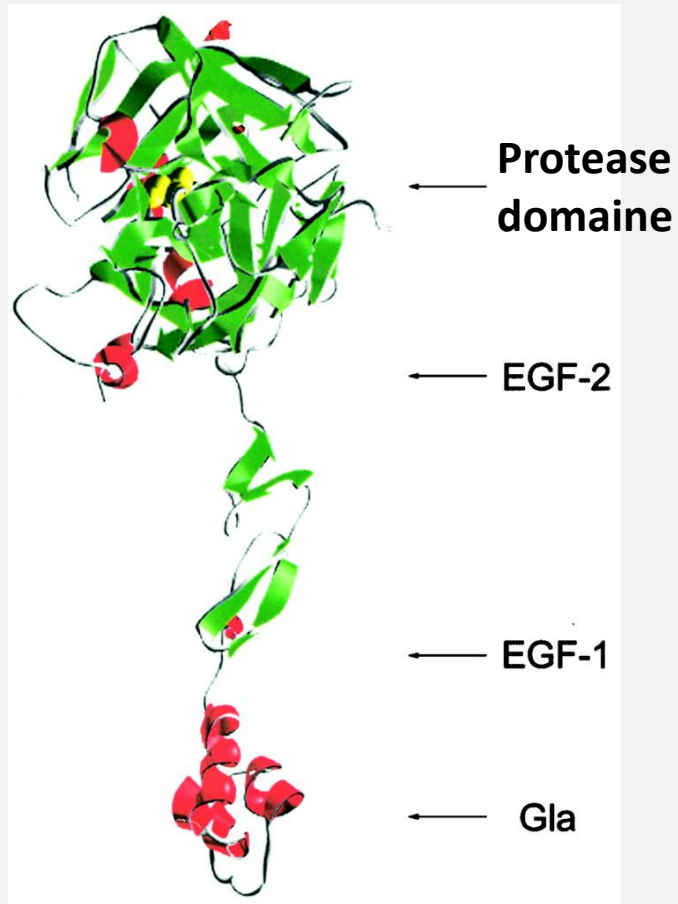
Flexible N- and C-term regions

Close-packed core

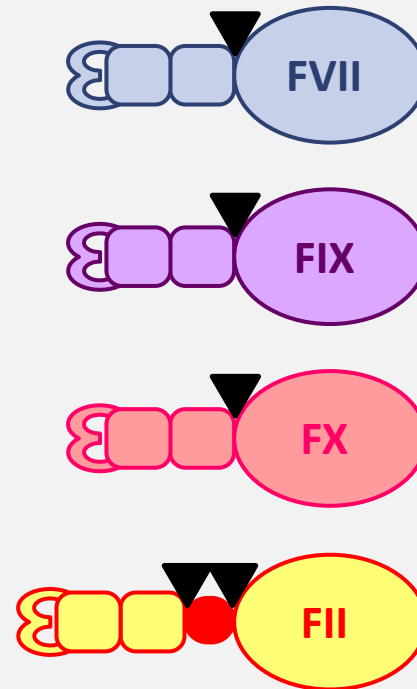


- By homology with Epidermal Growth Factor (EGF)
- **Spacer** between **Gla** domain and **catalytic** domain
- **$\beta$ -sheet** folding with **flexible** N- and C-term regions
- **Allow optimal exposure of the catalytic domain, distant from the cell mbr surface**

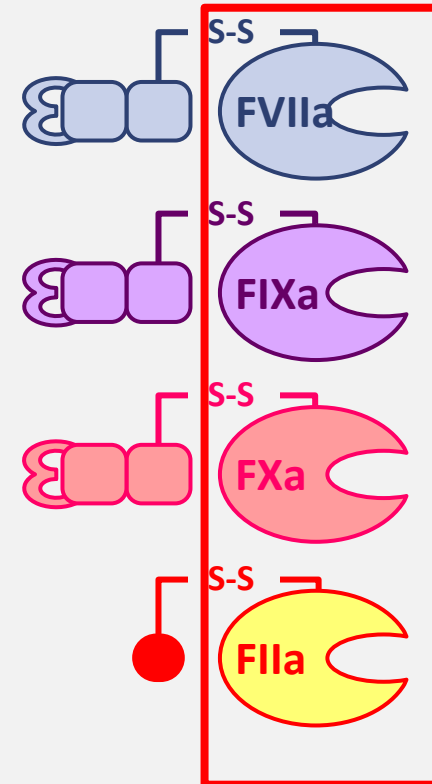
# Coagulation enzymes



## Zymogens

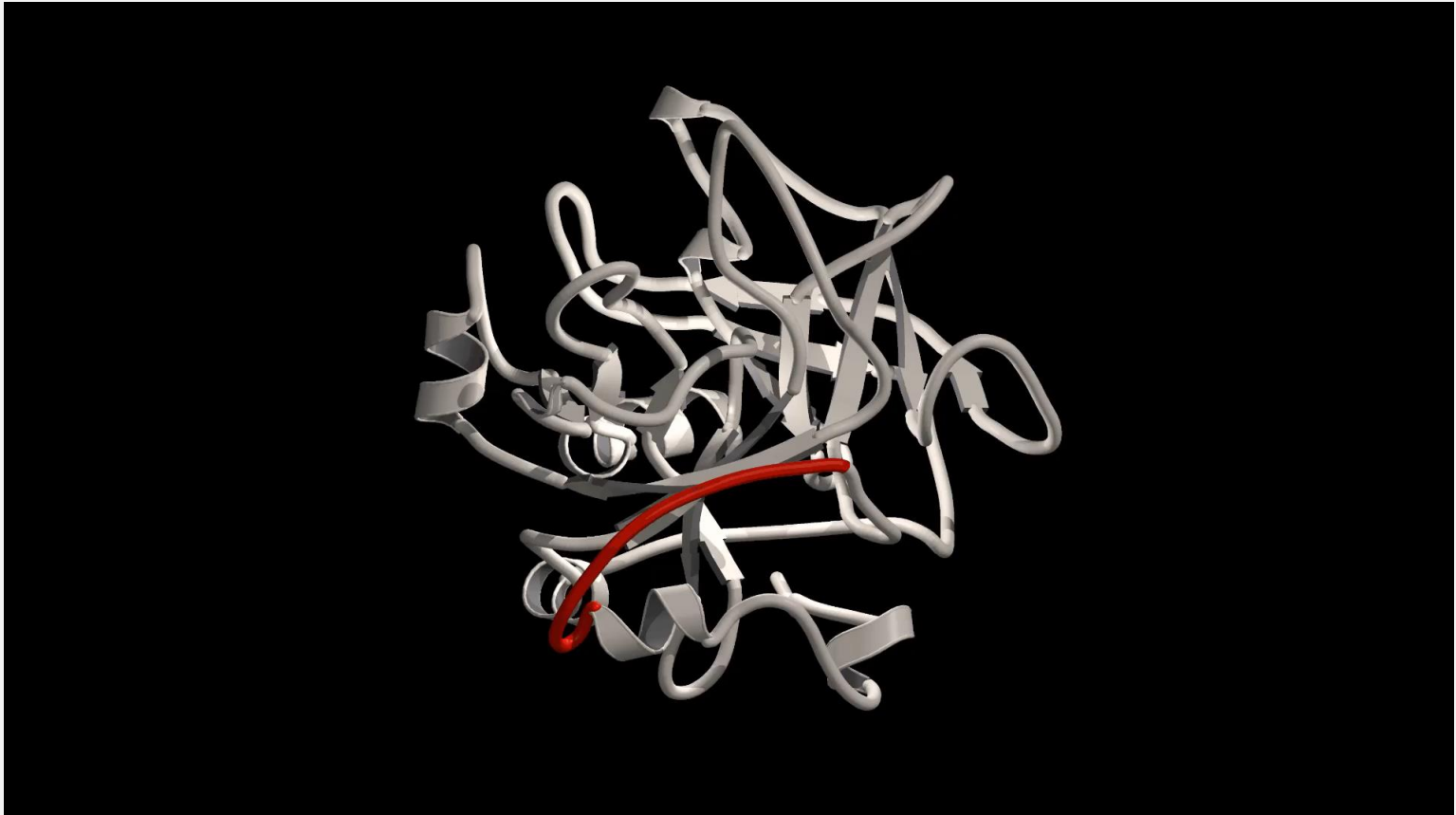
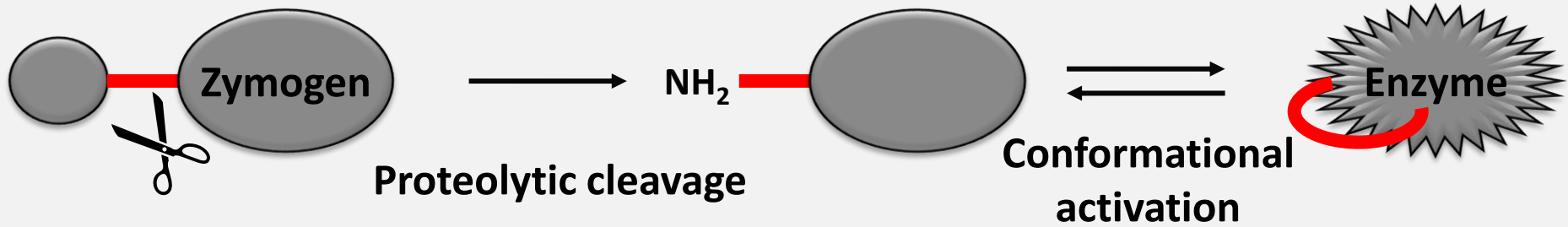


## Enzymes (proteases)



Heavy chain =  
catalytic domain

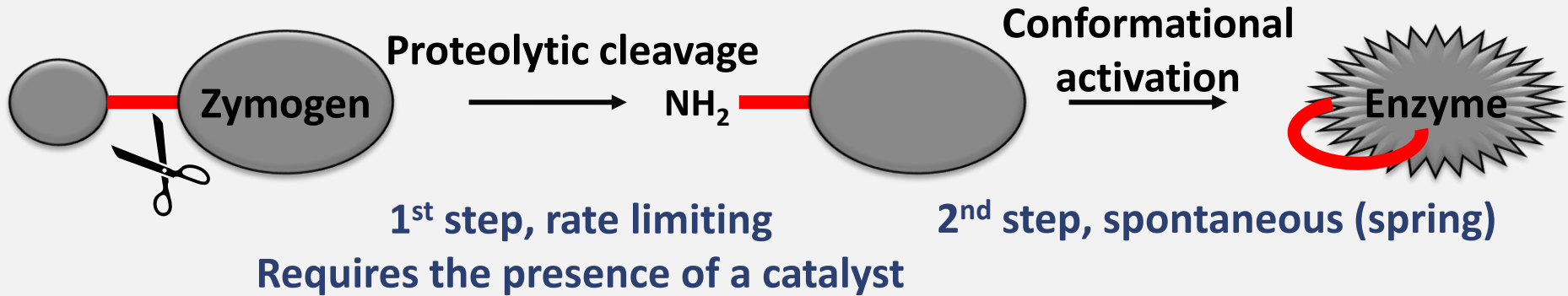
# Molecular mechanism of Catalytic domain activation





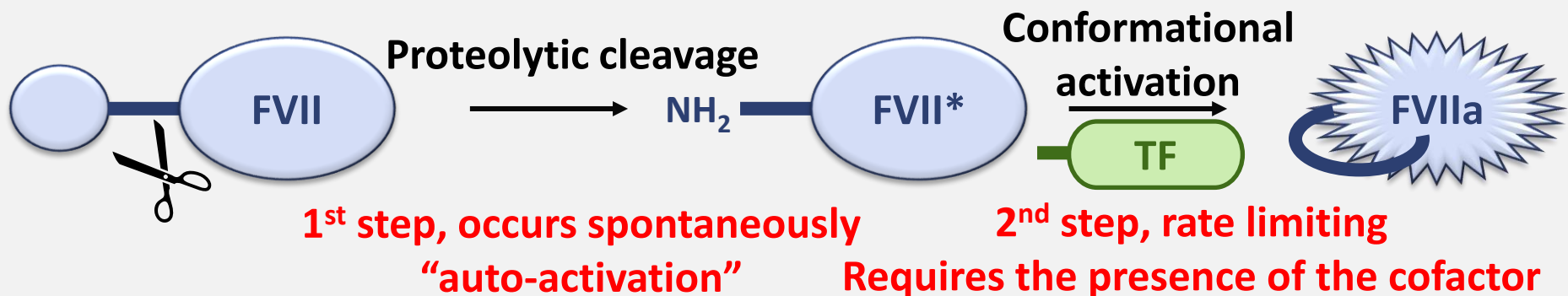
# Molecular mechanism of FVII activation

## General mechanism



## Factor VII activation mechanism

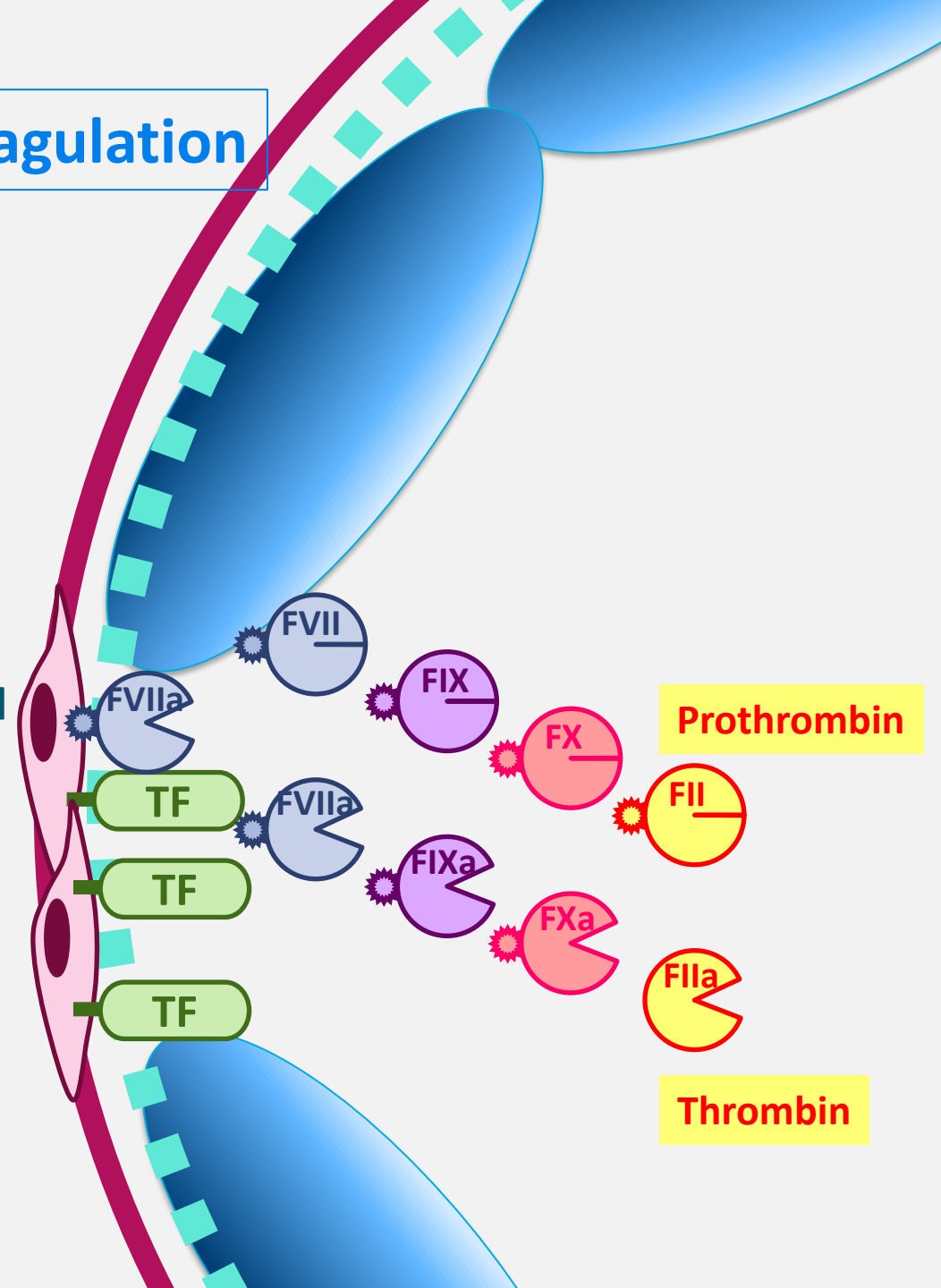
**Forme circulante**  
**« Préactivée-Inactive »**



# Coagulation

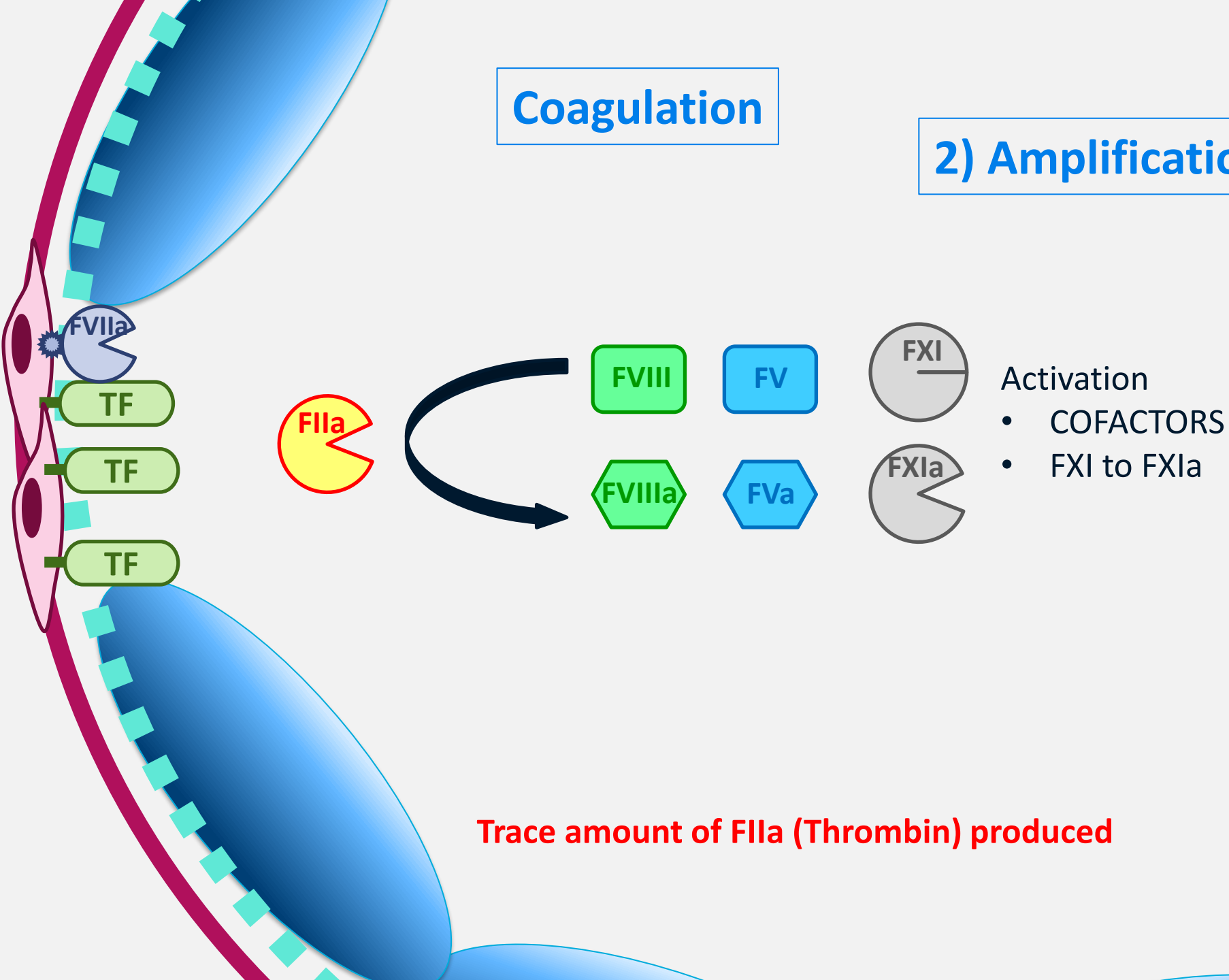
## 1) Initiation

- Enzymatic reactions are slow
- Slow zymogens-enzymes conversion
- Enzymatic reactions are localized on the vicinity of TF exposure
- **The first trace amounts of thrombin are produced !**



# Coagulation

## 2) Amplification



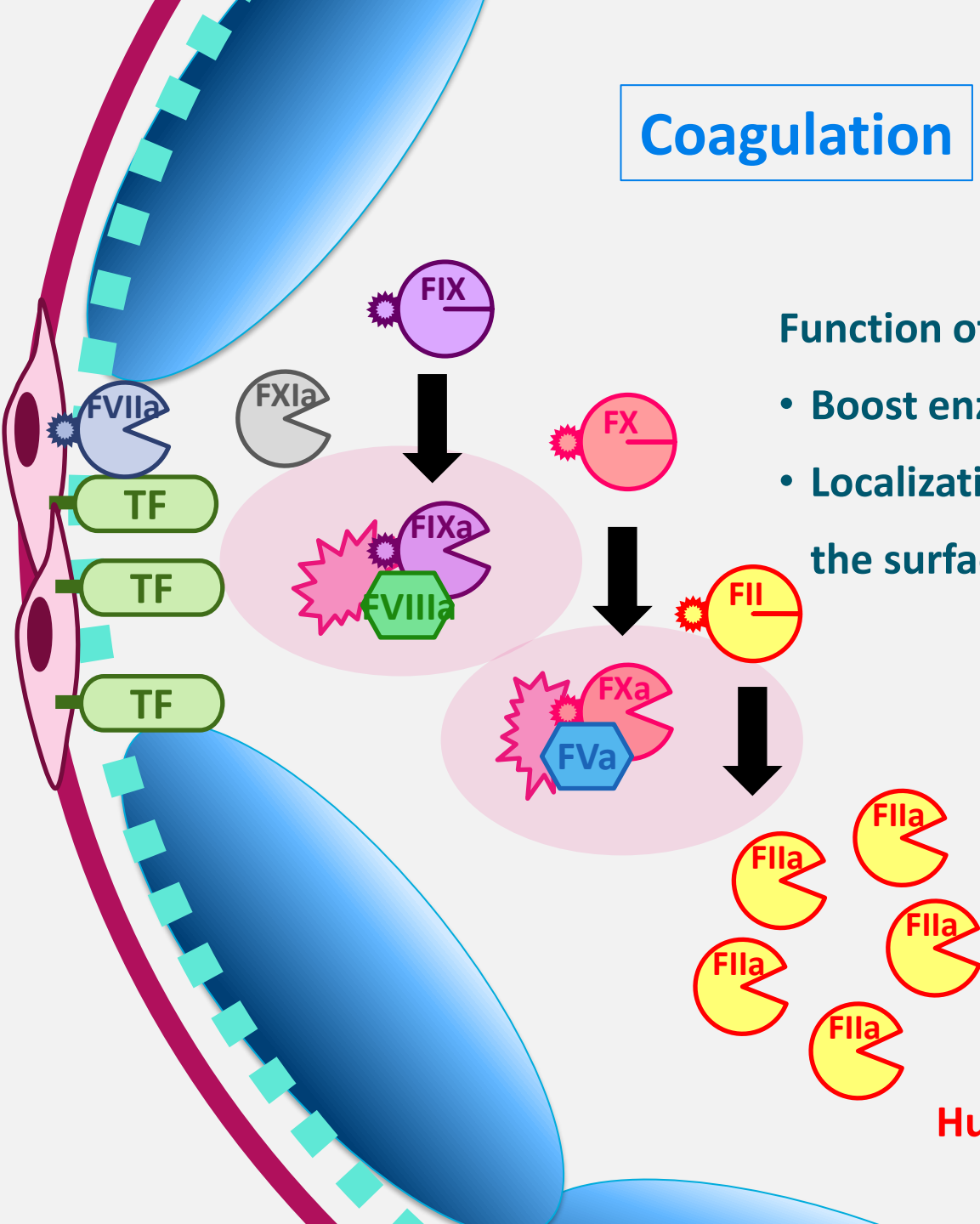
**Trace amount of FIIa (Thrombin) produced**

# Coagulation

## 2) Amplification

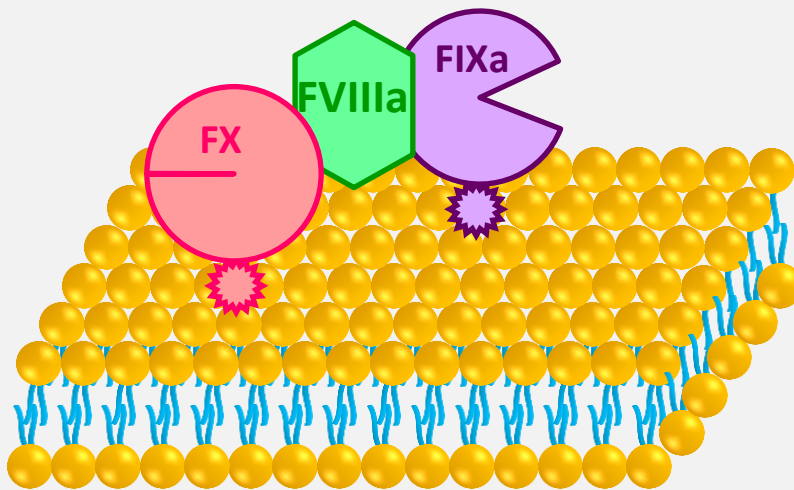
Function of enzyme-cofactor complexes

- Boost enzyme reactivity
- Localization of procoagulant activity on the surface of activated platelets

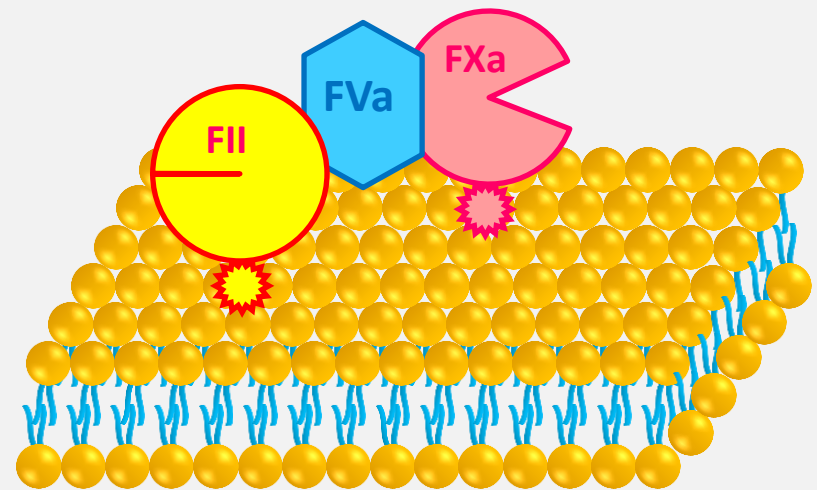


Huge amount of FIIa produced

# Enzyme-cofactor complexes



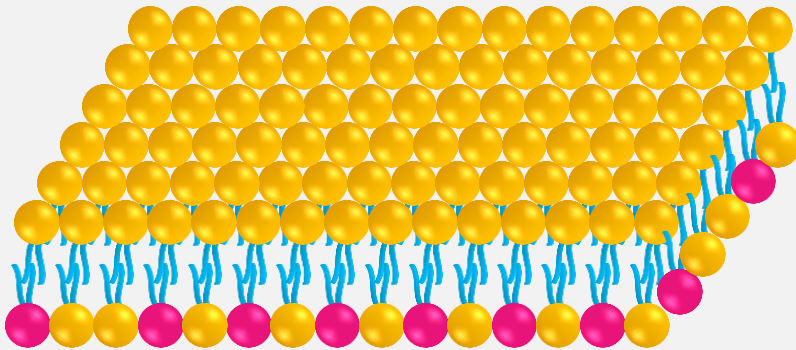
“TENASE” complex



“PROTHROMBINASE” complex

- Assembling on the cell mbr surface (Gla domain, requires  $\text{Ca}^{2+}$ )
- Repartition of clotting factors in a 2D space (mbr surface) instead of in a 3D space (plasma)
- Increase local concentrations  $\Rightarrow$  Increase enzymatic reactions rate
- Circumscribe enzymatic activity on the vicinity of mbr surface (prevent dissemination)

# Membrane composition

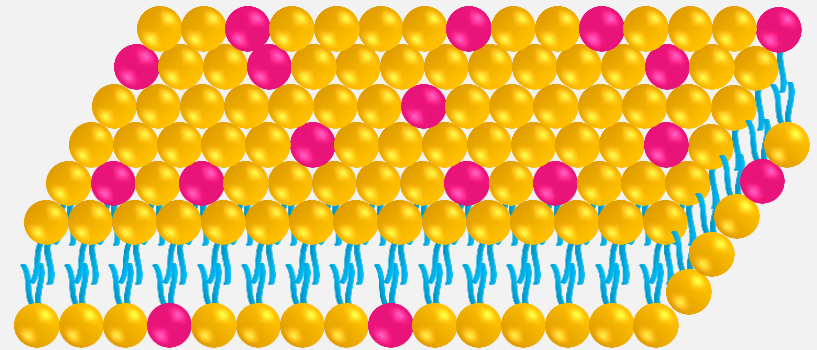


Resting cells

PC in outer layer

PS in inner layer

Energy consuming process



Activated or damaged cells

Randomized repartition of PS and PC

● Phosphatidylcholine = **Neutral PL**

● Phosphatidylserine = **Acidic PL**

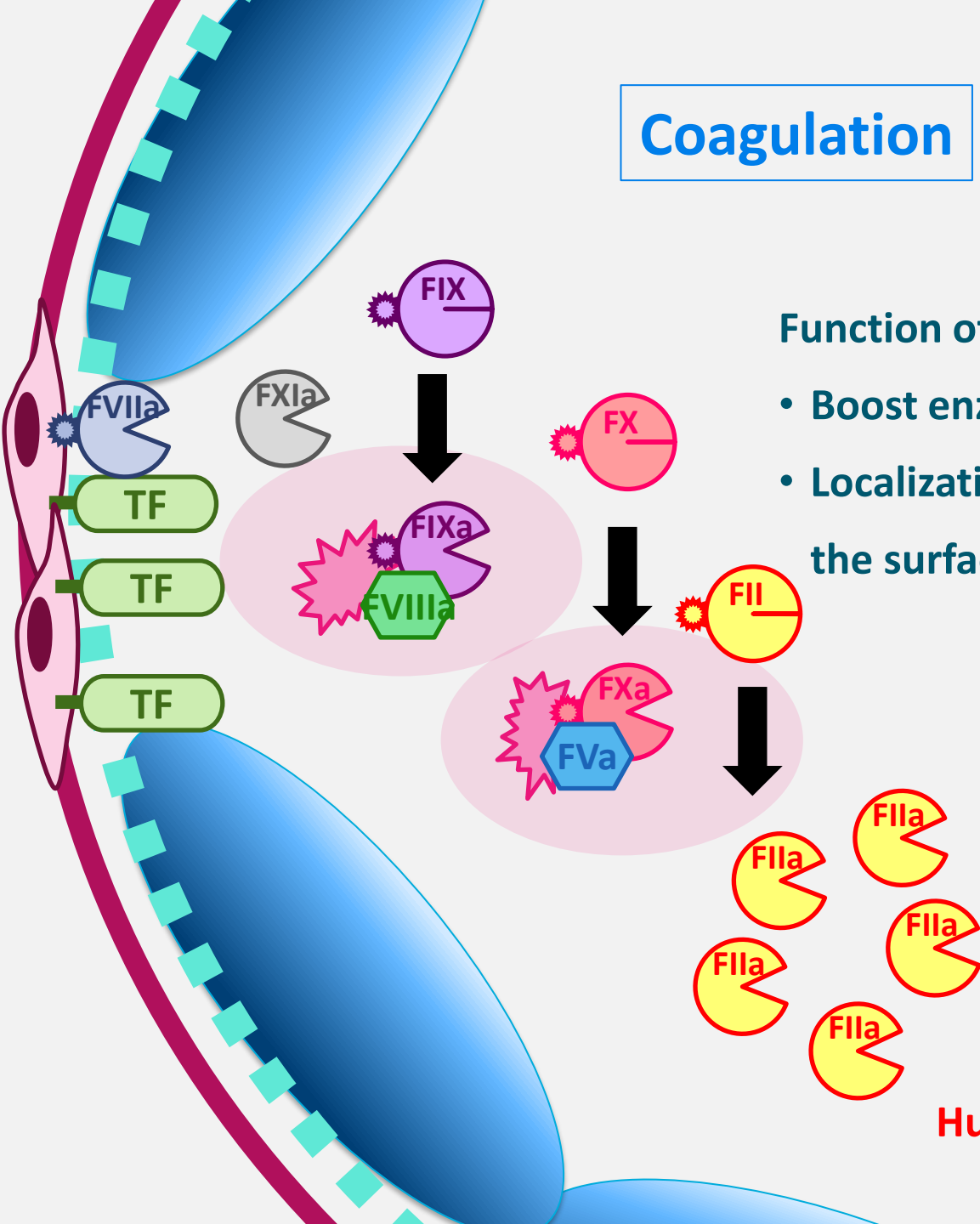
- PS exposure on the extracellular face is mandatory for enzyme-cofactor complexes formation
- Complexes formation only on activated platelets or on damaged endothelial cells

# Coagulation

## 2) Amplification

Function of enzyme-cofactor complexes

- Boost enzyme reactivity
- Localization of procoagulant activity on the surface of activated platelets



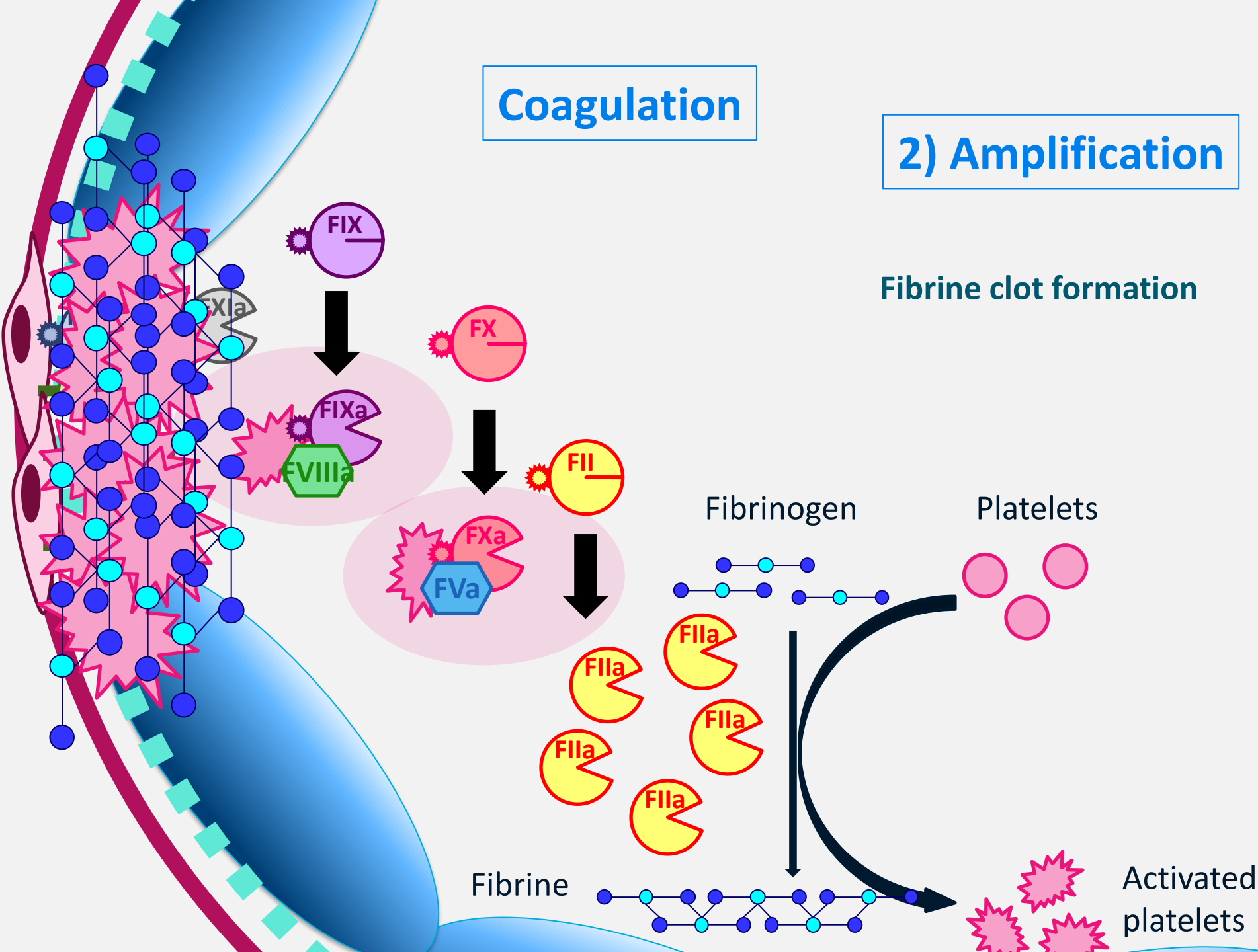
**Huge amount of FIIa produced**



# Coagulation

## 2) Amplification

Fibrine clot formation

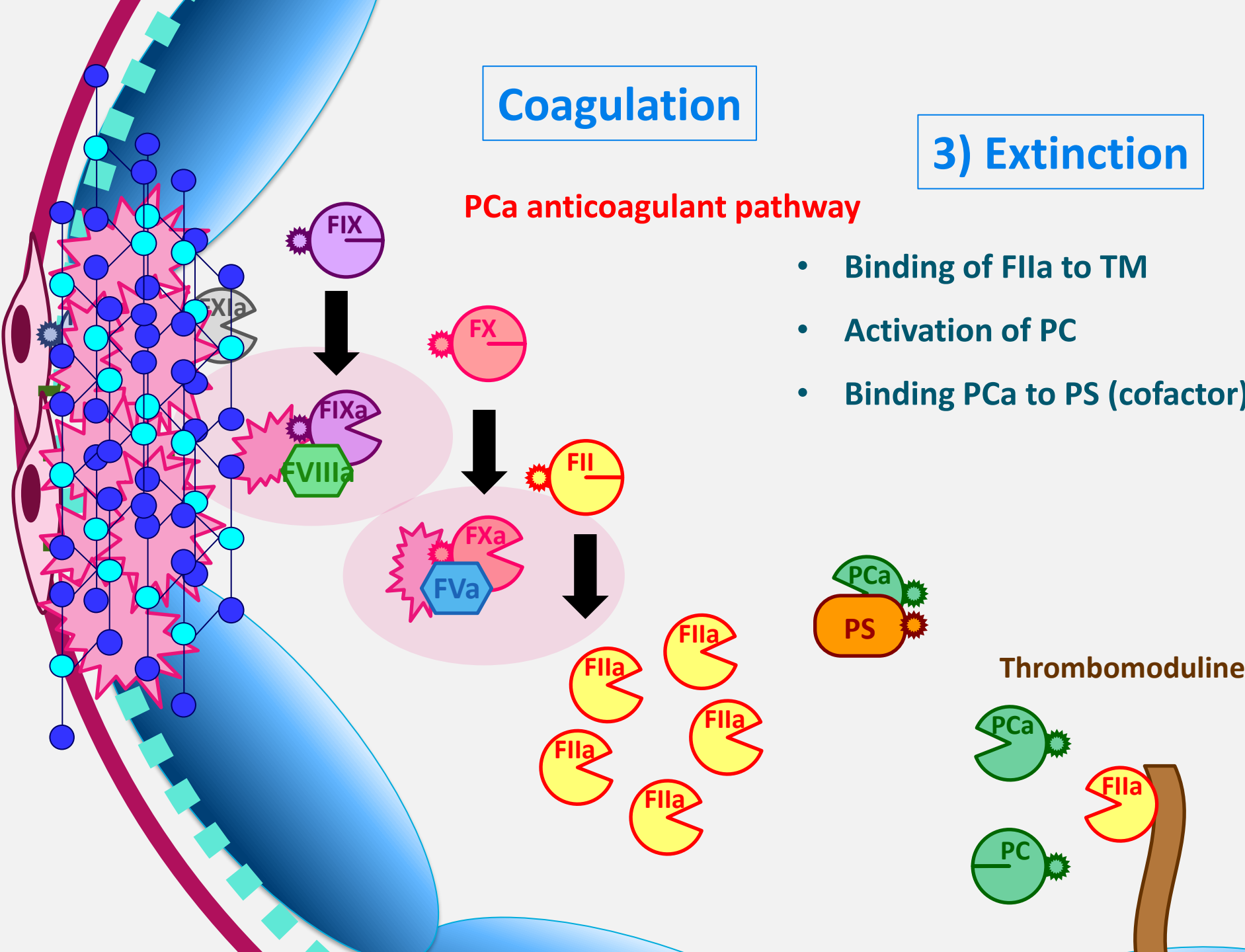


# Coagulation

## 3) Extinction

### PCa anticoagulant pathway

- Binding of FIIa to TM
- Activation of PC
- Binding PCa to PS (cofactor)

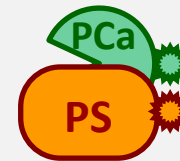


# Coagulation

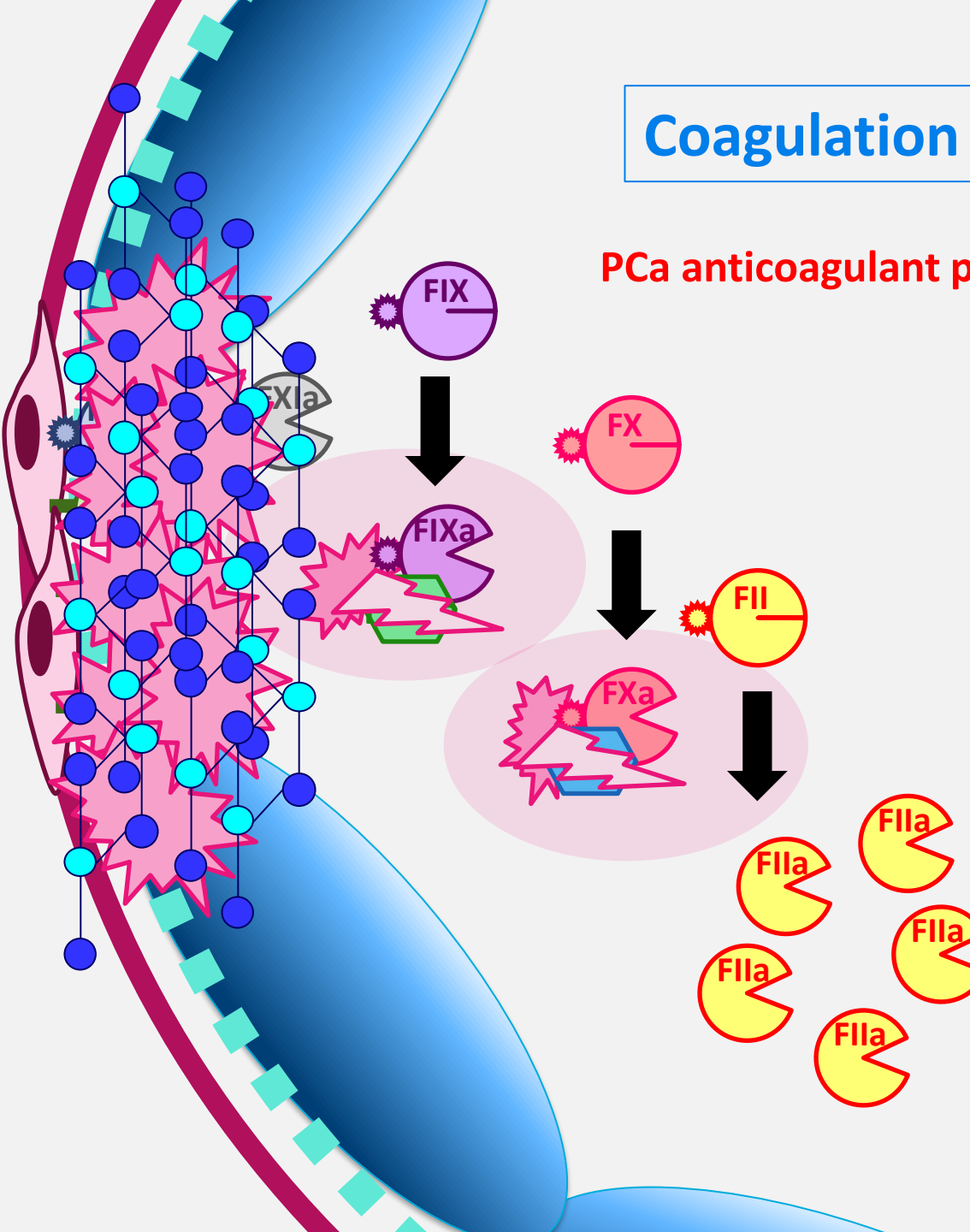
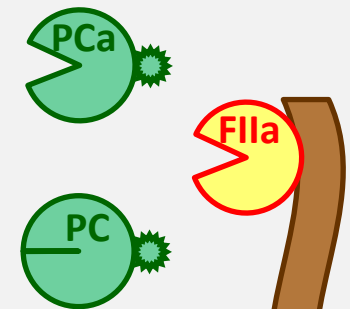
## 3) Extinction

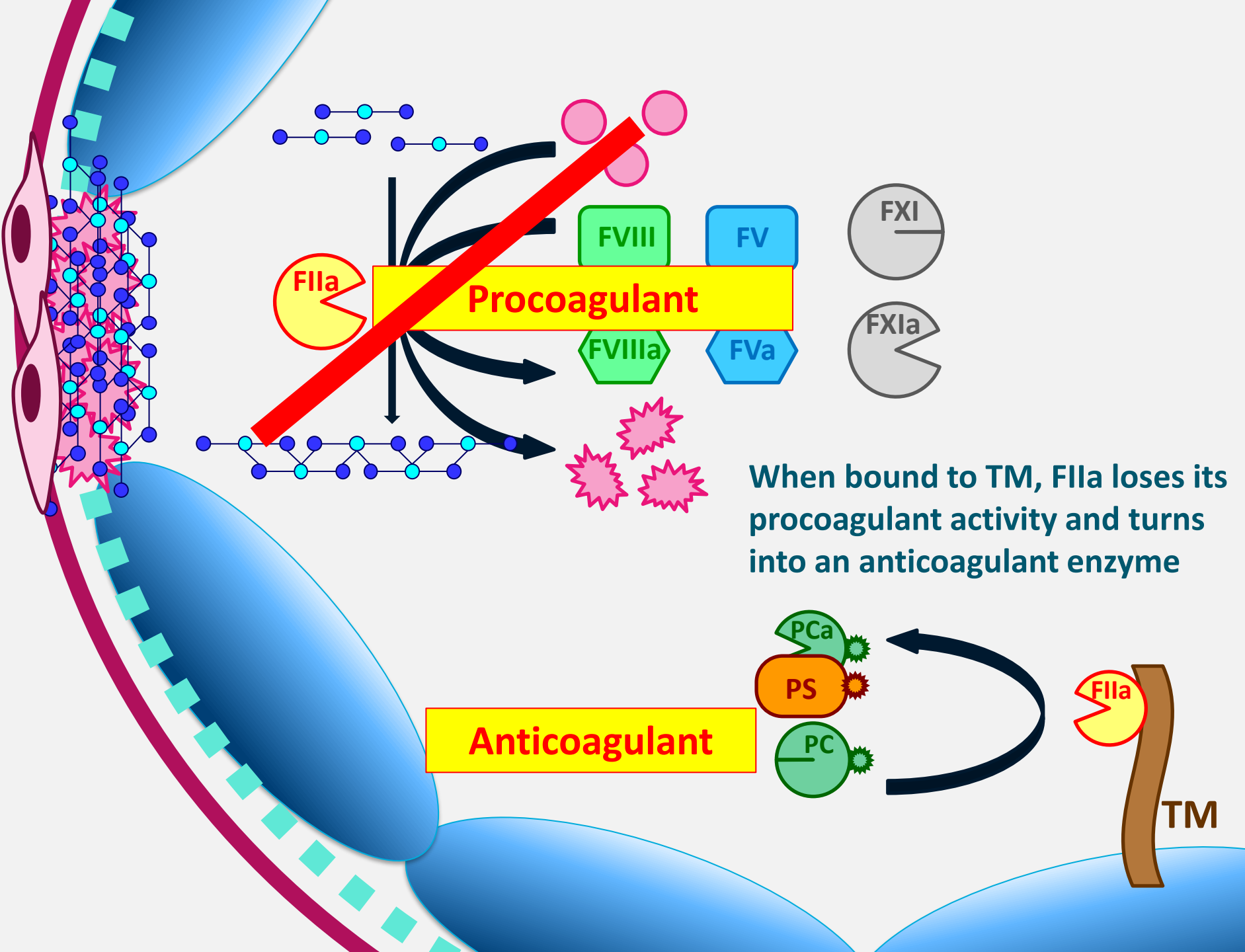
### PCa anticoagulant pathway

- Binding of FIIa to TM
- Activation of PC
- Binding PCa to PS (cofactor)
- Degradation of cofactors FVa and FVIIIa



### Thrombomoduline





**Procoagulant**

**FIIa**

FXI

FXIa

FVIII

FV

FVIIIa

FVa

When bound to TM, FIIa loses its procoagulant activity and turns into an anticoagulant enzyme

**Anticoagulant**

PCa

PS

PC

**FIIa**

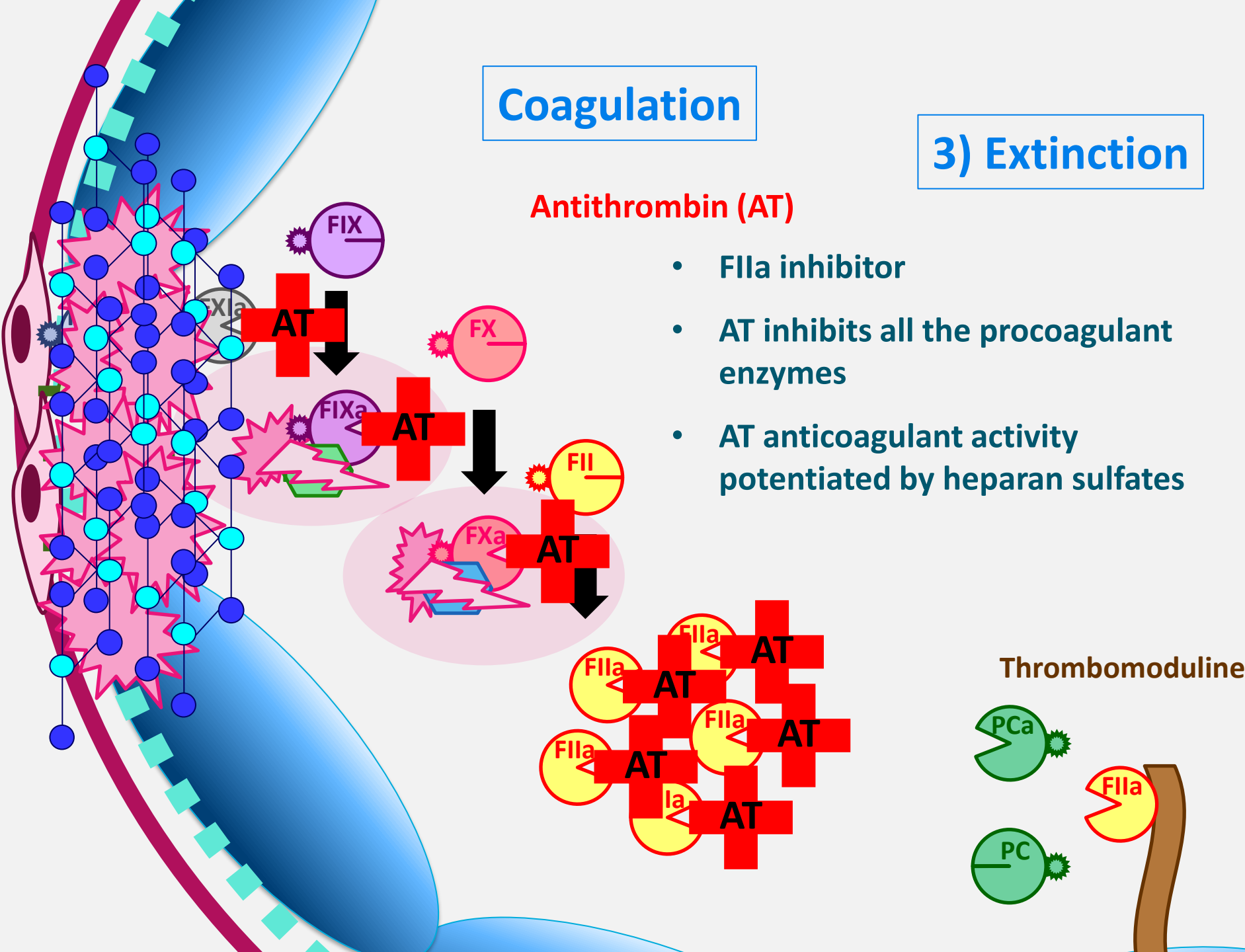
TM

# Coagulation

## 3) Extinction

### Antithrombin (AT)

- FIIa inhibitor
- AT inhibits all the procoagulant enzymes
- AT anticoagulant activity potentiated by heparan sulfates

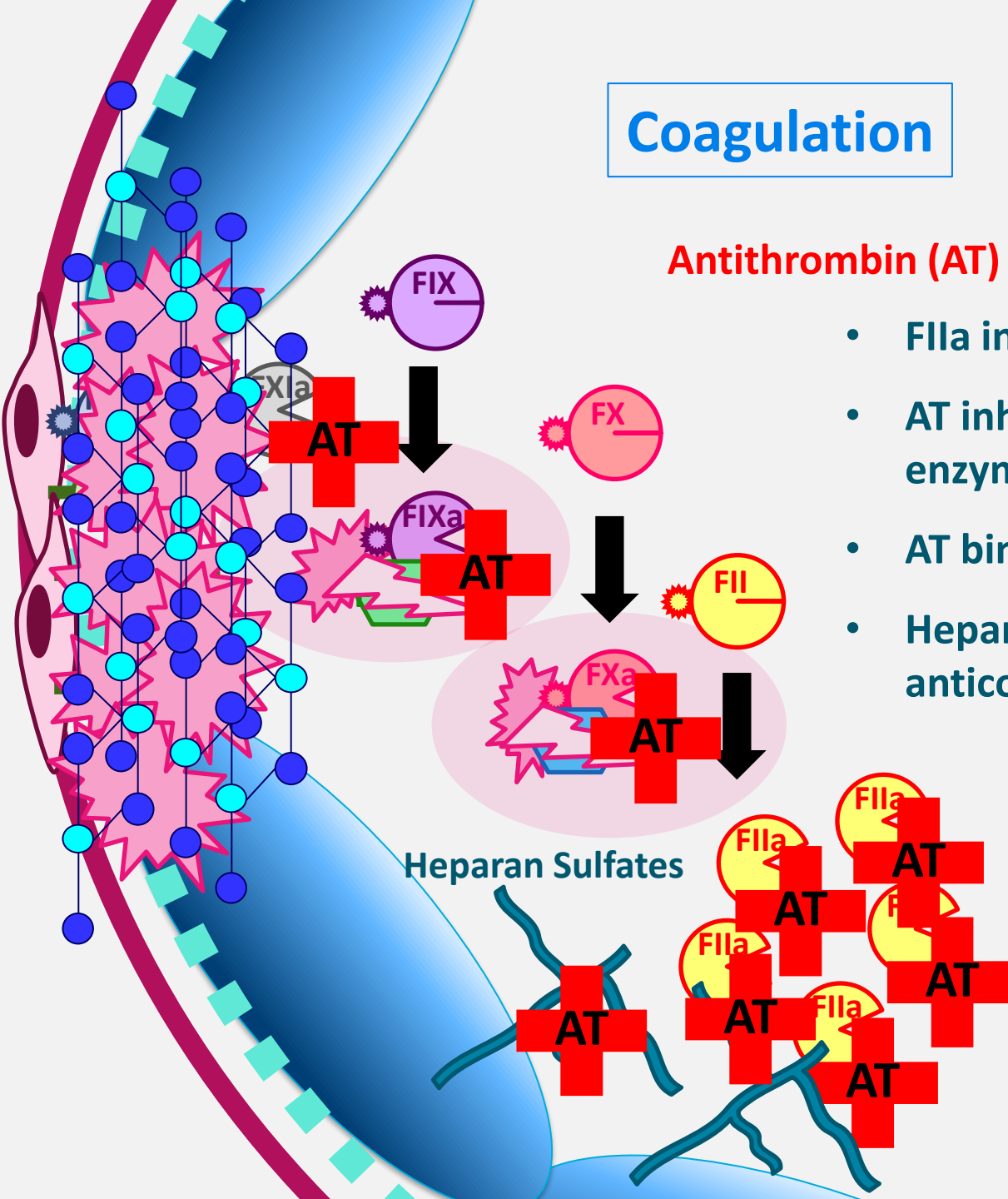


# Coagulation

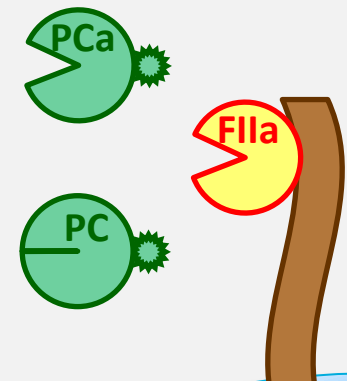
## 3) Extinction

### Antithrombin (AT)

- FIIa inhibitor
- AT inhibits all the procoagulant enzymes
- AT binds tightly to heparan sulfates
- Heparan sulfates potentiate its anticoagulant activity



### Thrombomoduline

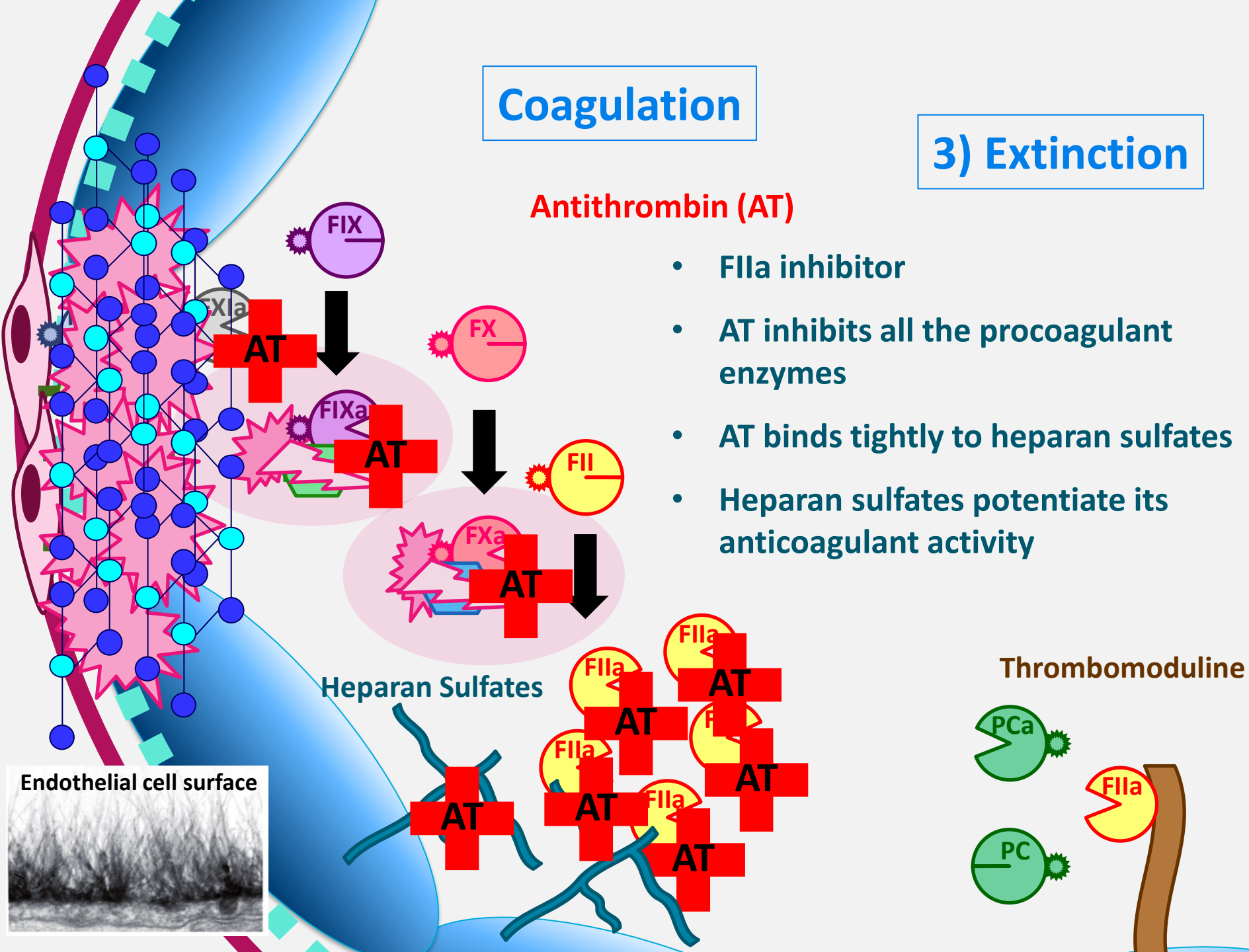


# Coagulation

## 3) Extinction

### Antithrombin (AT)

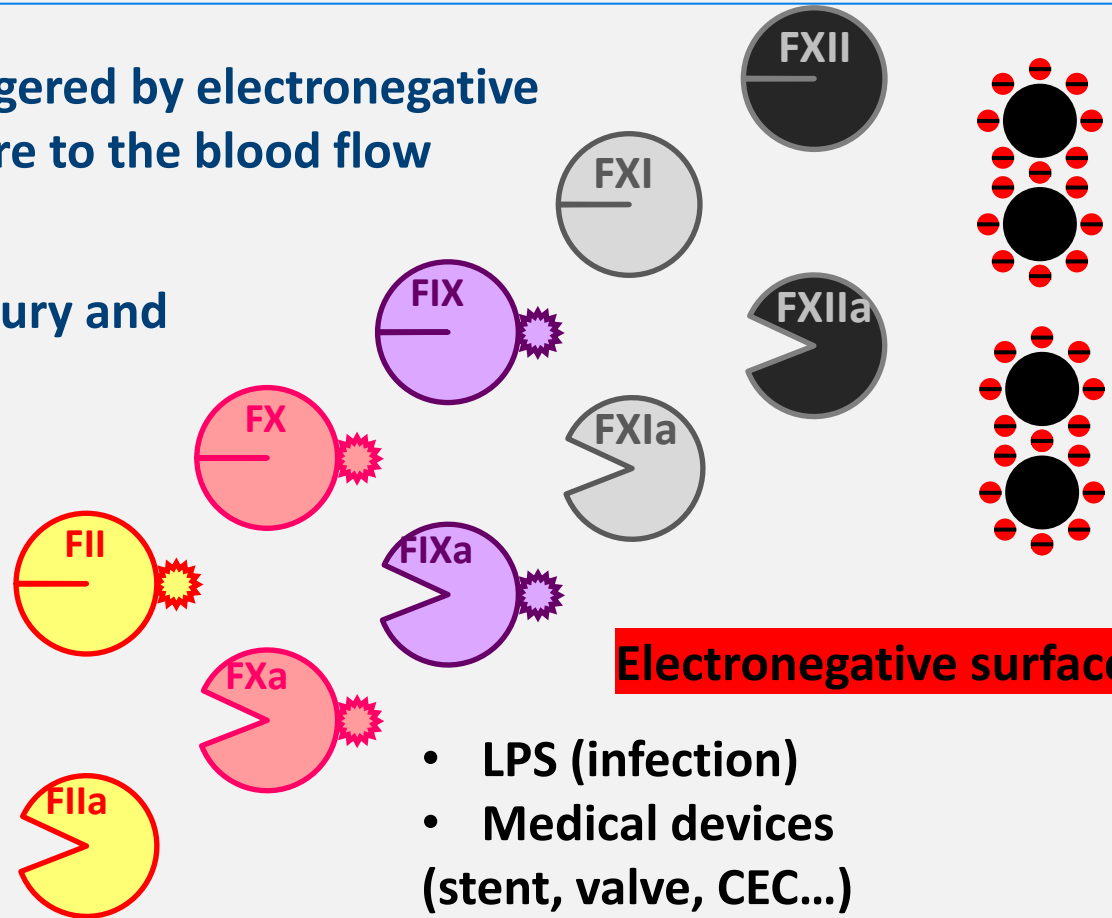
- FIIa inhibitor
- AT inhibits all the procoagulant enzymes
- AT binds tightly to heparan sulfates
- Heparan sulfates potentiate its anticoagulant activity



# Activation of coagulation by the “contact system pathway”

Coagulation triggered by electronegative surfaces exposure to the blood flow

Independent on injury and TF exposure



**Electronegative surfaces ?**

- LPS (infection)
- Medical devices (stent, valve, CEC...)
- Silica, kaolin (in-vitro use of reagents to induce coagulation)



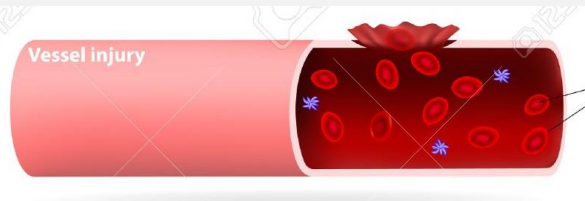
# Fibrinolysis

**WHAT:** Degradation of fibrin clot to prevent blood flow obstruction

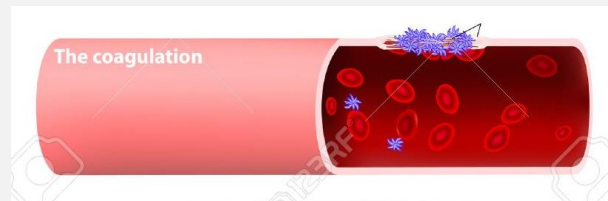
**WHERE:** On the thrombus, catalyzed by **Fibrin** itself

**WHO:** Plasma proteins and proteins secreted by endothelial cells

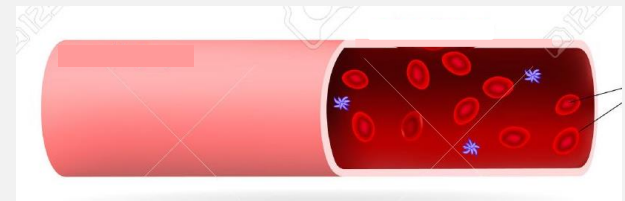
**HOW:** ...



Injury



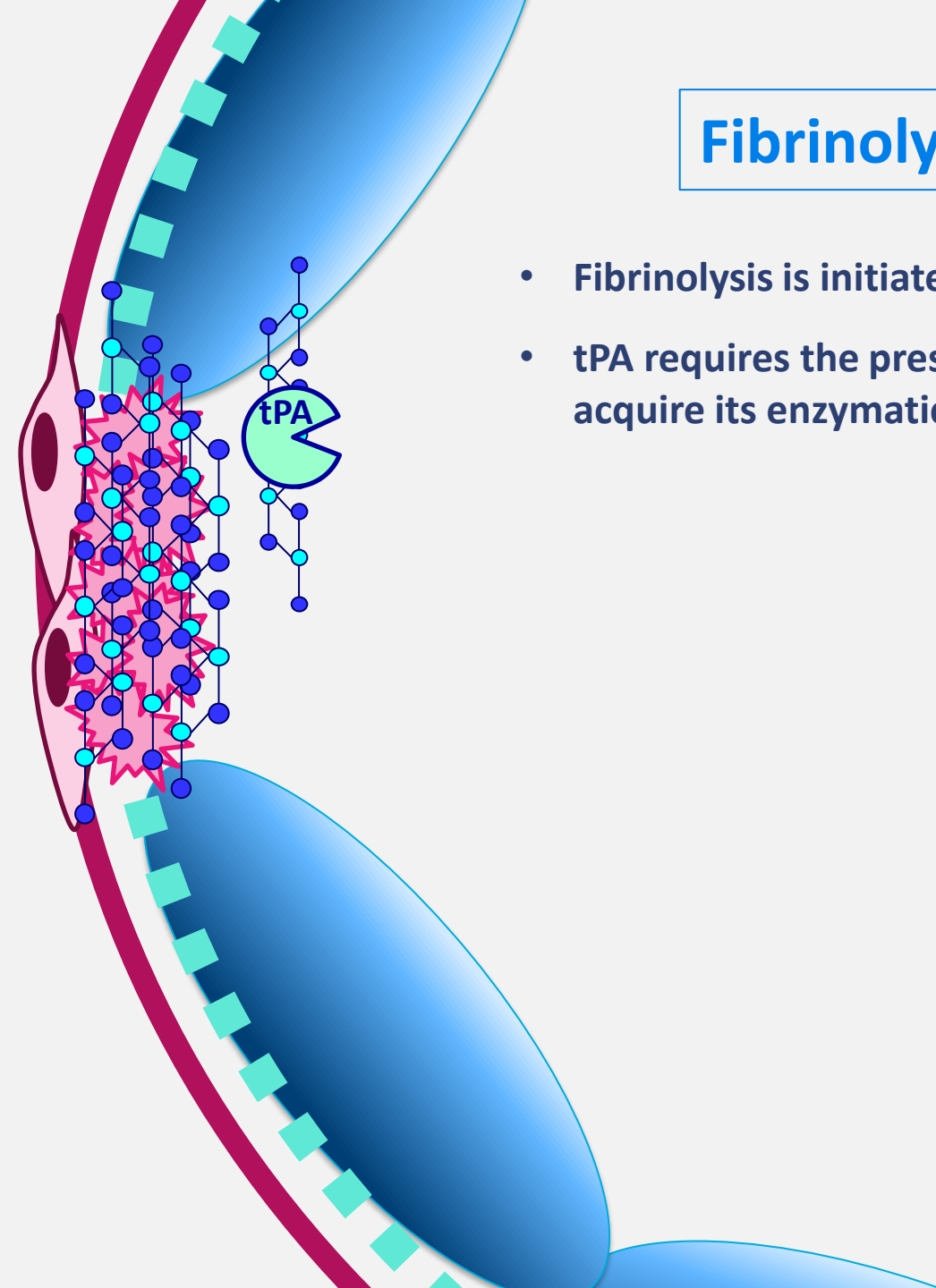
Thrombus



Fibrinolysis

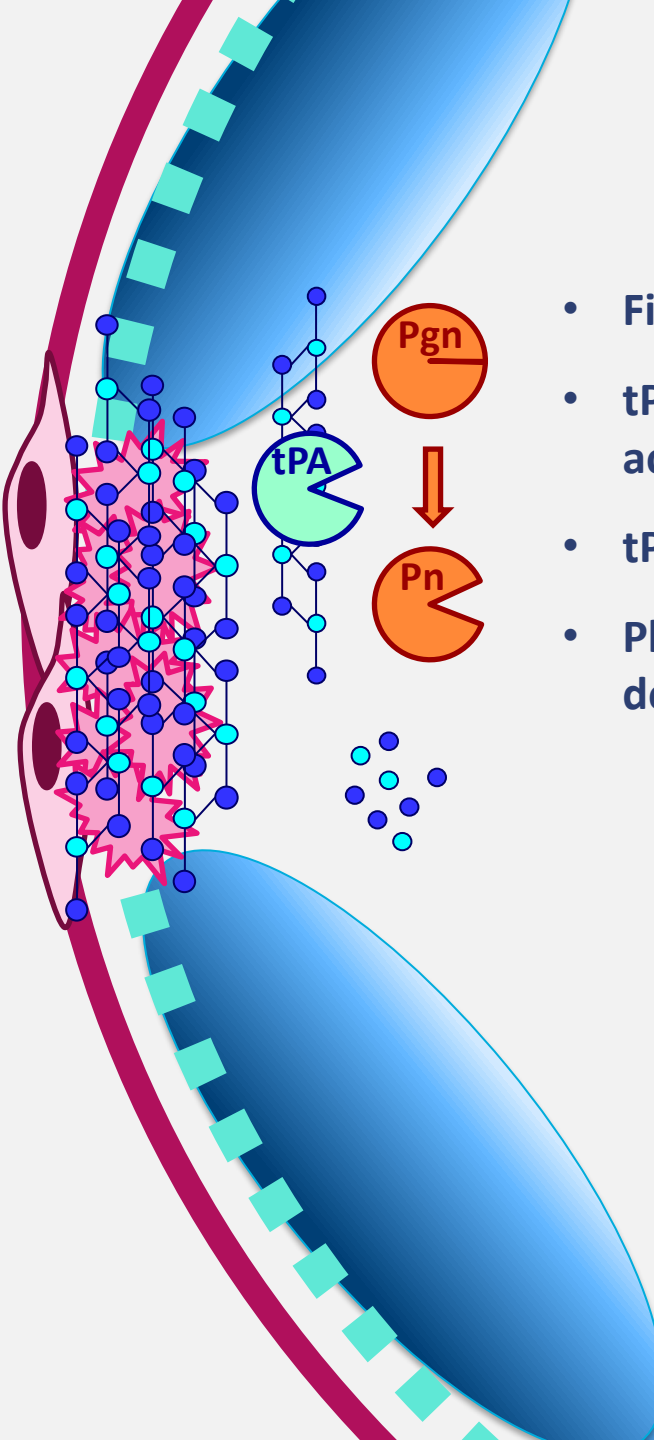
# Fibrinolysis

- Fibrinolysis is initiated by tPA
- tPA requires the presence of fibrine to acquire its enzymatic activity



# Fibrinolysis

- Fibrinolysis is initiated by tPA
- tPA requires the presence of fibrine to acquire its enzymatic activity
- tPA then activates plasminogen into plasmin
- Plasmin converts fibrine into soluble fibrine degradation products



# Fibrinolysis

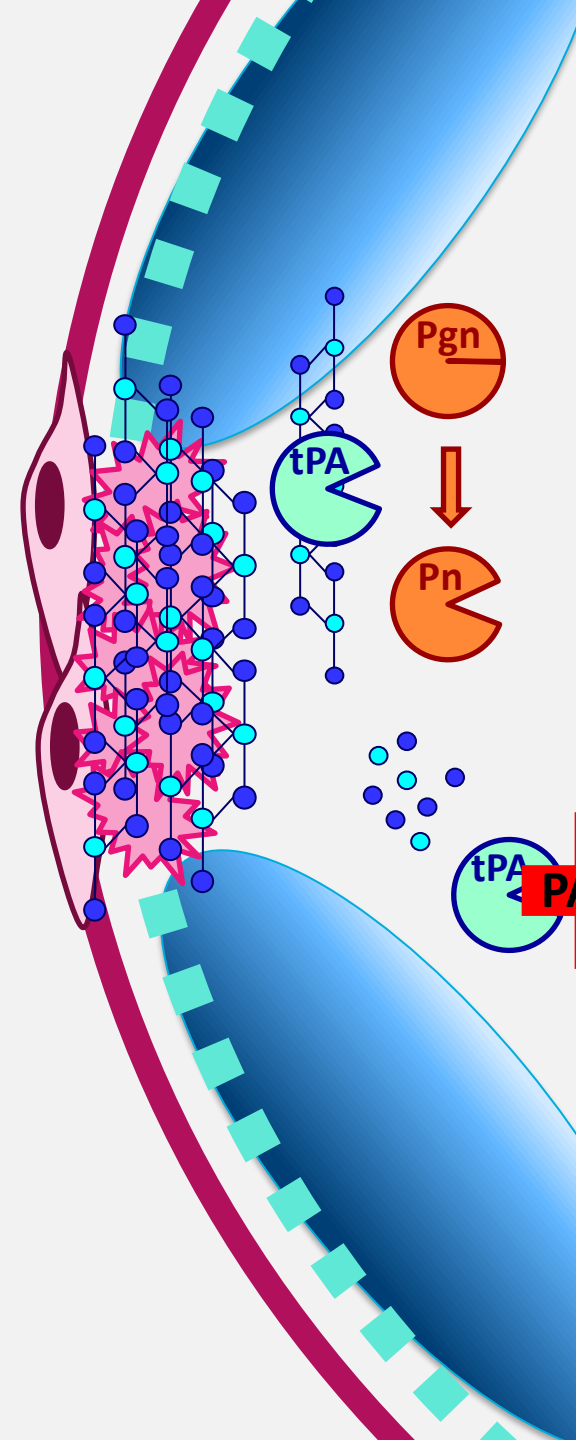
- Fibrinolysis is initiated by tPA
- tPA requires the presence of fibrine to acquire its enzymatic activity
- tPA then activates plasminogen into plasmin
- Plasmin converts fibrine into soluble fibrine degradation products

- Fibrinolysis is modulated by enzyme inhibitors: PAI-1 and  $\alpha$ 2-AP

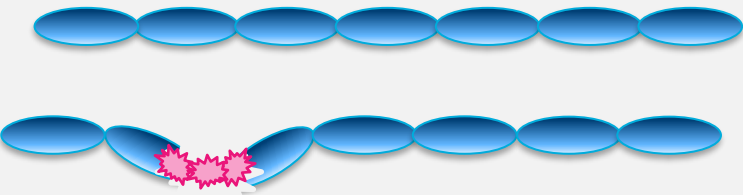
PAI-1

$\alpha$ 2-AP

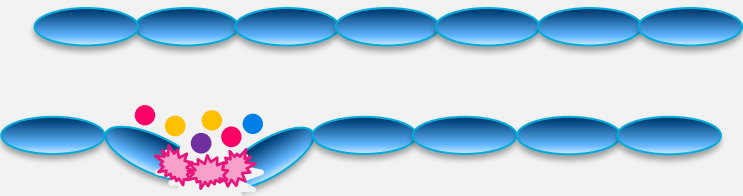
Everything starts and ends with fibrine !



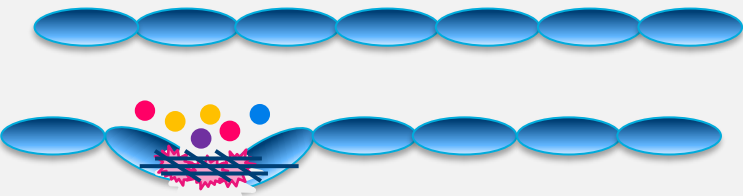
## summary



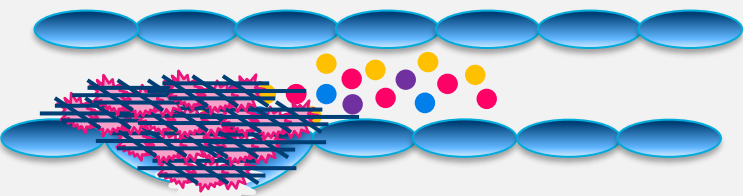
Primary hemostasis = platelet aggregation



Coagulation, 1) initiation = clotting factors activation

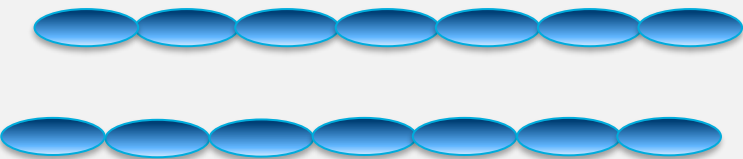


Coagulation, 2) amplification = thrombus formation



Coagulation, 3) extinction =

- Prevents thrombus propagation (obstruction)
- Prevents clotting factors dissemination (DIC)



Fibrinolysis = thrombus resorption, wound healing

# Summary

Procoagulant factors  
Antifibrinolytic factors

Anticoagulant factors  
Profibrinolytic factors



**bleeding**



**Thrombosis**

# Summary

Procoagulant factors  
Antifibrinolytic factors

Anticoagulant factors  
Profibrinolytic factors

