

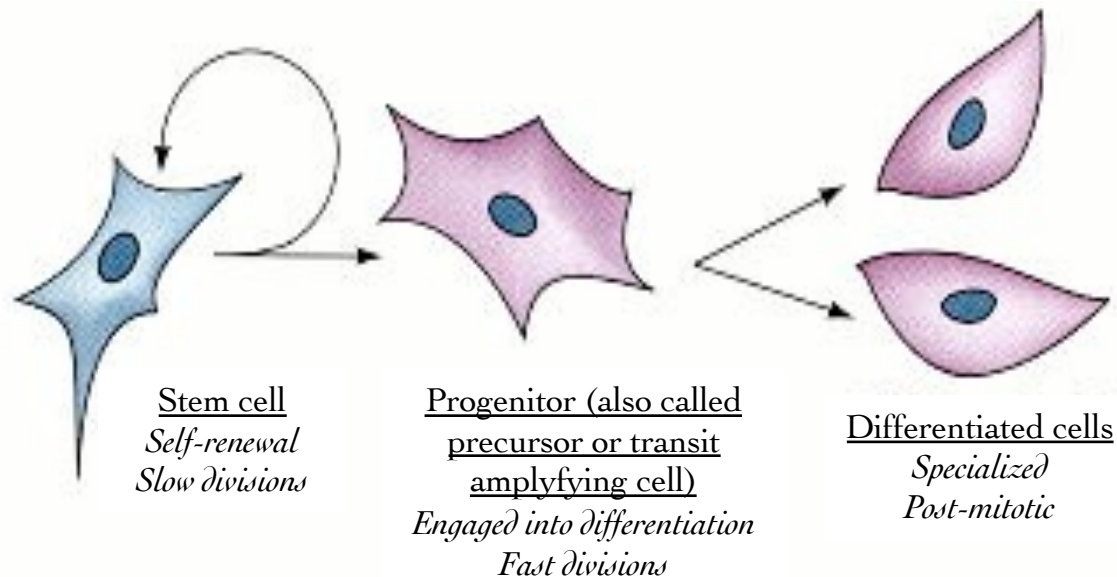
Adult neural stem cells and neurogenesis

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Cours Master 2 GCD/SCN

Stem versus progenitor cells

- ✓ Stem cells are undifferentiated cells with two properties: **self-renewal** ability and **potency** to generate one or more cell types
- ✓ Two possibilities upon division: to generate 2 stem cells (symetric division) or to generate 1 stem cell and 1 progenitor cell (asymetric division) that will irreversibly engage into the differentiation process.



- ✓ **Differentiation:** Process allowing for the progressive acquisition of specialized functions

Presentation plan :

A focus on mammalian adult NSCs

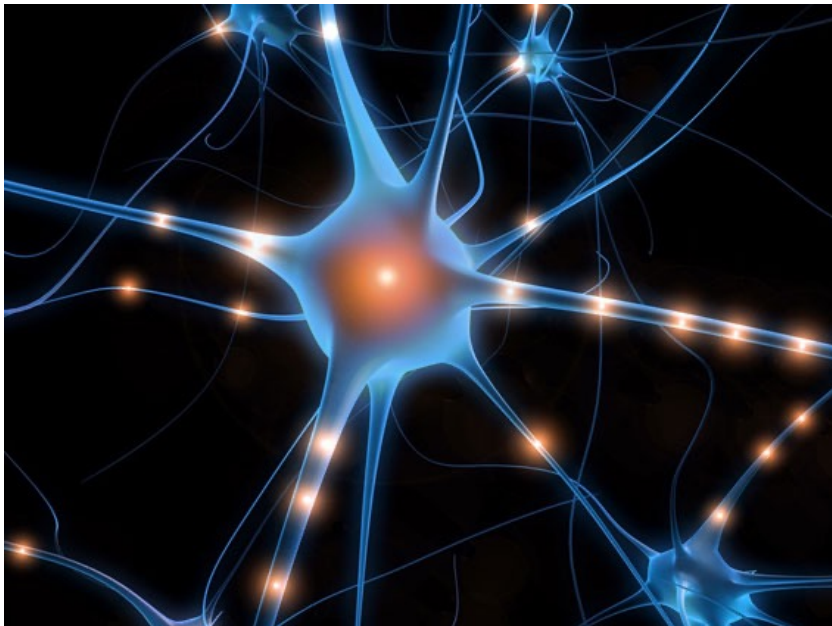
- 1- Neurogenesis in the adult mammalian brain
- 2- What is the nature of mammalian brain NSCs?
- 3- What is the origin of mammalian brain NSCs?
- 4- How do these cells function?
- 5- What is known about human neural stem cells?
- 6- What is the function of adult neurogenesis?
- 7- Brain regeneration in mammals

Informations on NSC behaviour in non-mammalian vertebrate species in
[Muriel Perron](#)'s conference (*Xenopus* retina).

1-Neural stem cells in the adult brain?

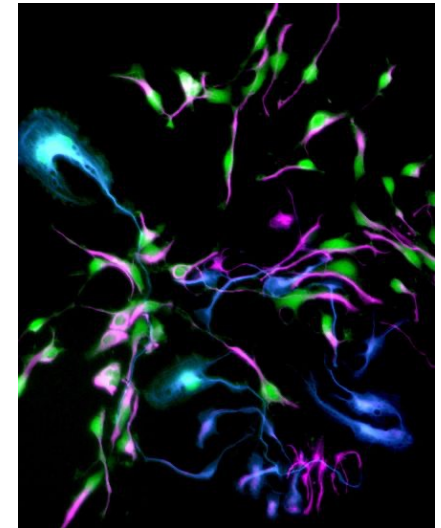
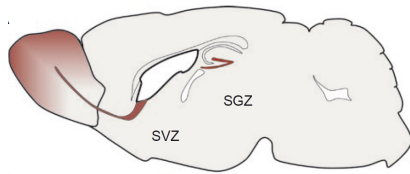
“We are born with a certain number of brain cells which decrease with age. Everything must die in the brain or spinal cord - nothing can regenerate.”

Ramon y Cajal 1902

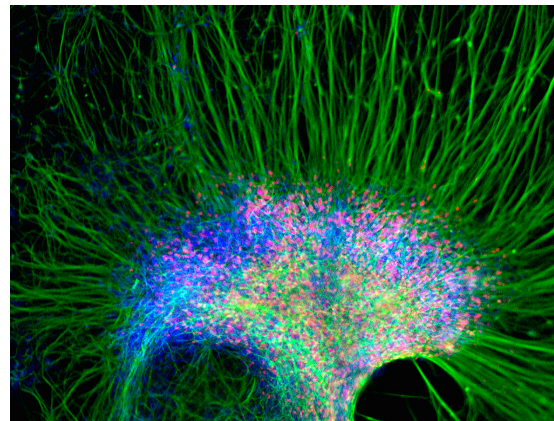


Adult neurogenesis?

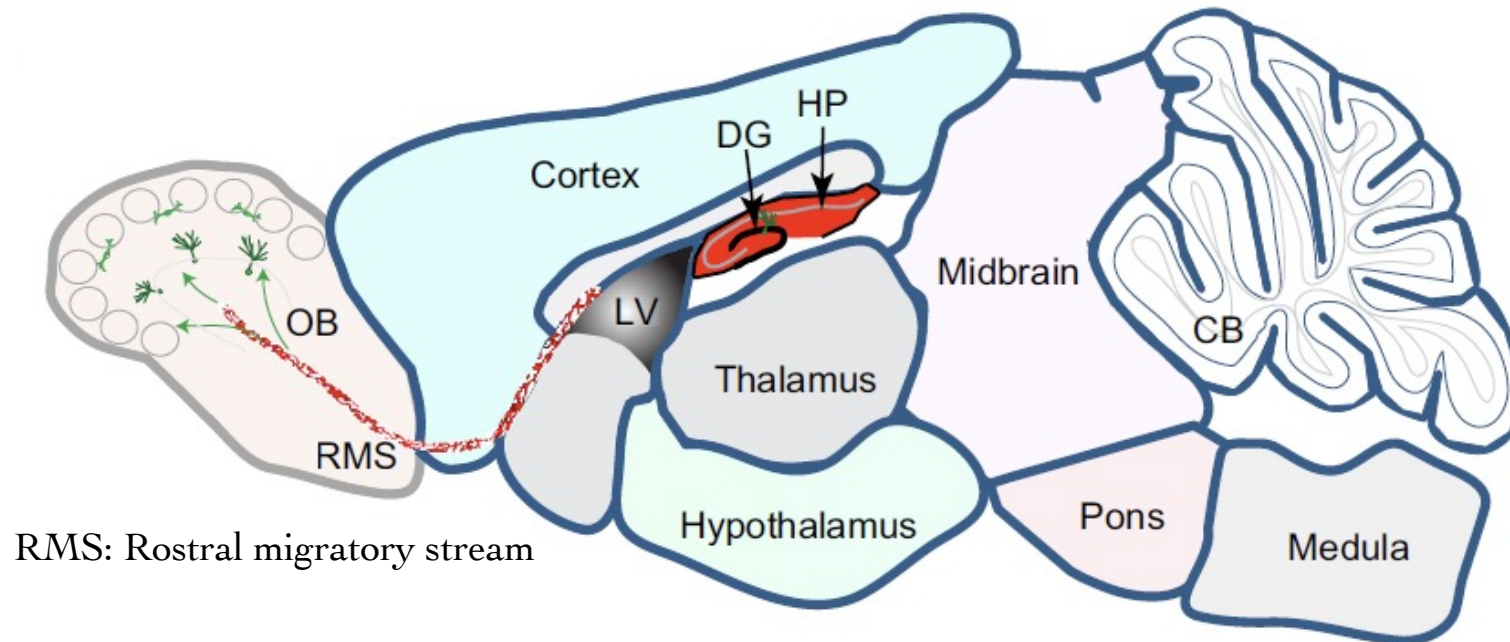
- **1993** Discovery of neurogenic regions in the adult mammalian brain



- **1996** First evidence for cells with multipotency and self-renewing capacity in the adult mammalian brain

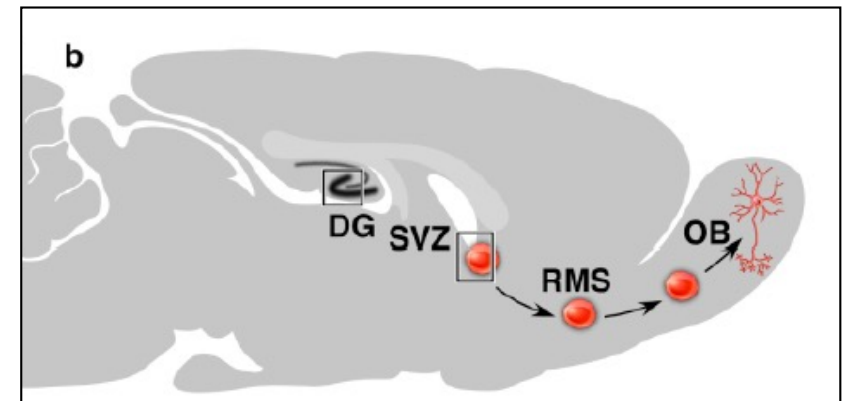
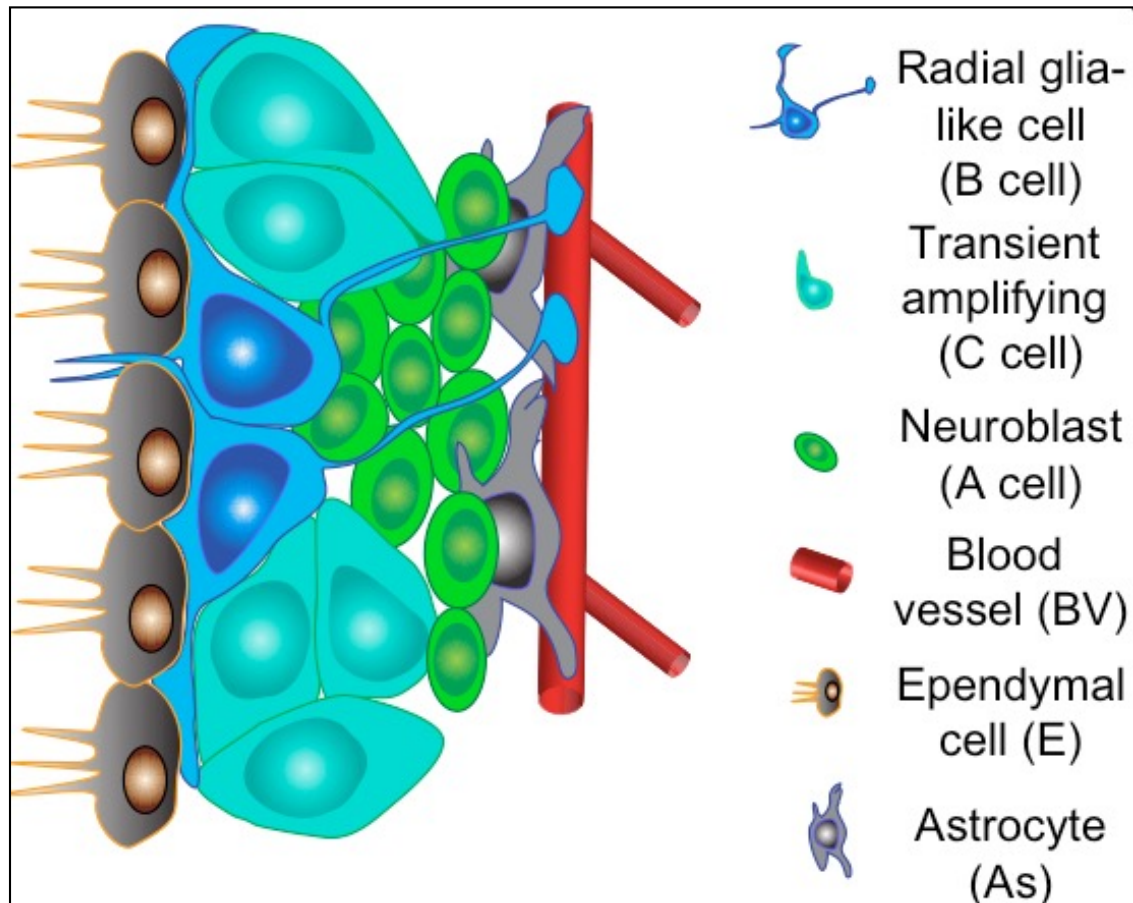


Locations of NSCs in the adult mammalian brain?



- Main regions with continuous neurogenesis:
 - *Olfactory bulb*
 - *Hippocampus*
- Main regions containing adult neural stem cells:
 - *Subventricular zone of the forebrain lateral ventricles*
 - *Dentate gyrus*

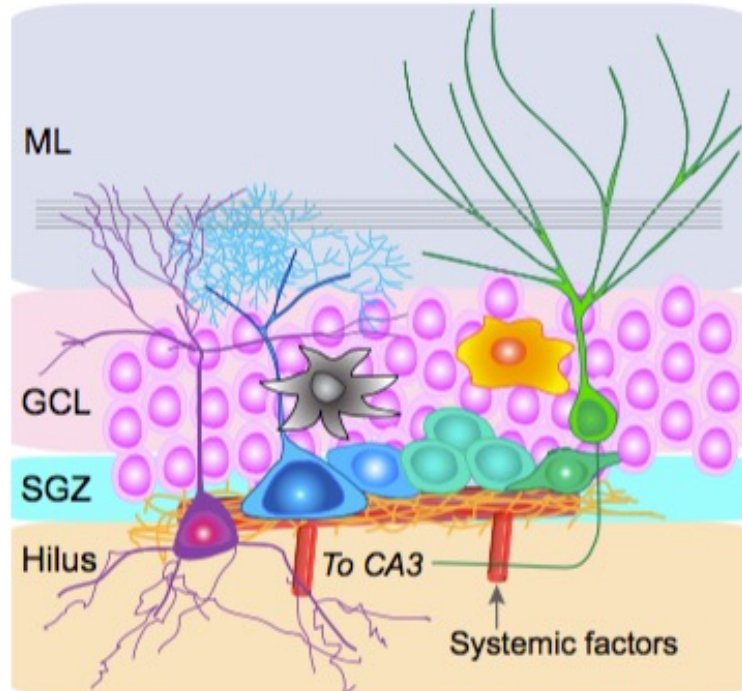
Neural stem cells of the Subventricular Zone (SVZ)



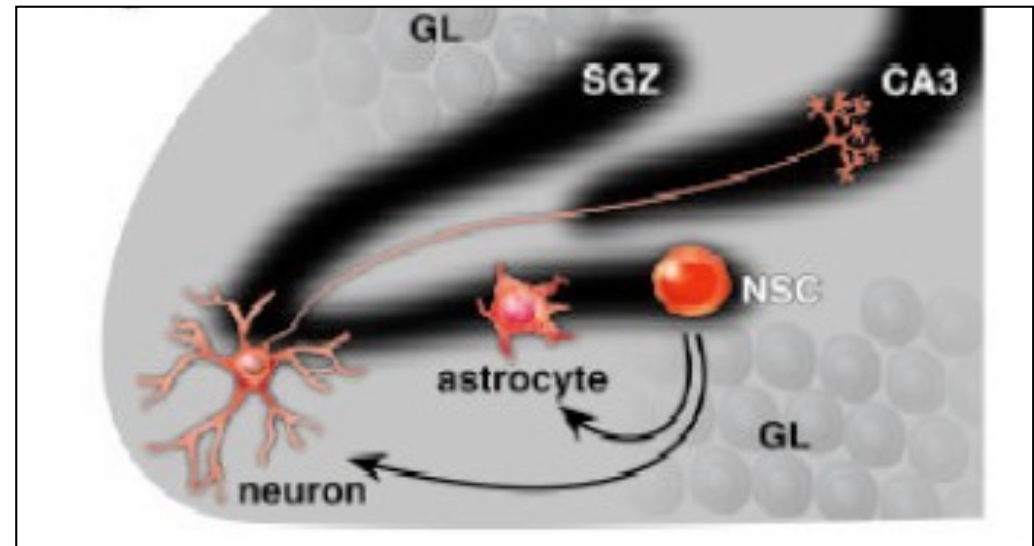
✓ About 30 000 new neuronal precursors are produced every day and migrate to the olfactory bulb towards the RMS

✓ 50% of these new neurons die within two months

Neural stem cells of the Hippocampus subgranular zone (SGZ)



- | | |
|-------------------------------------|--------------------------|
| Radial glia-like cell (Type I cell) | Mature granule cell |
| Non-radial precursor (Type II cell) | Astrocyte |
| Intermediate progenitor cell (IPC) | ECM |
| Neuroblast | Blood vessels |
| New granule cell | Microglia |
| | Incoming neural activity |
| | Interneuron |



✓ Each day, 9 000 neurons are produced in the dentate gyrus of the hippocampus (local differentiation)

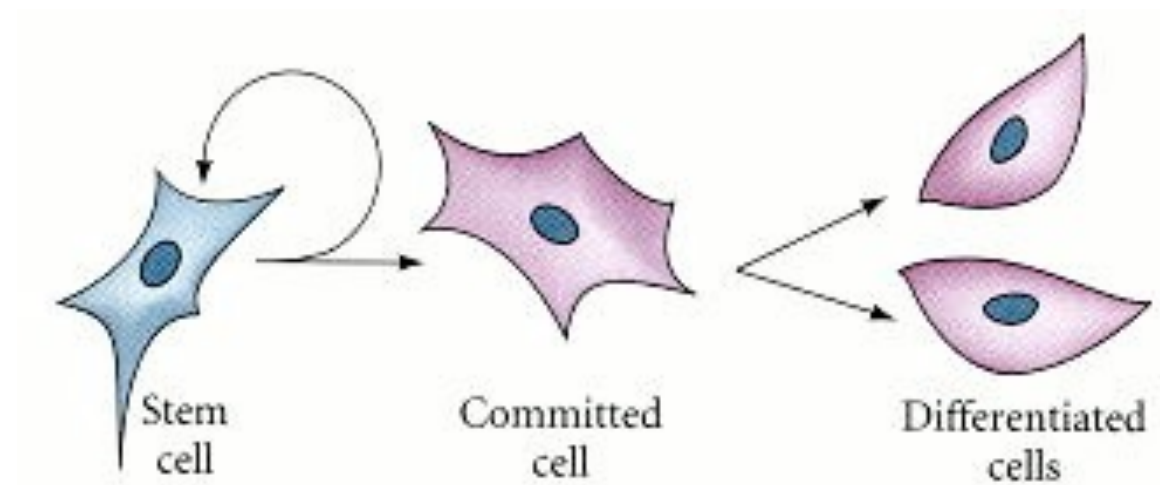
✓ 60% of newly generated neurons die

2- Nature of brain NSCs?

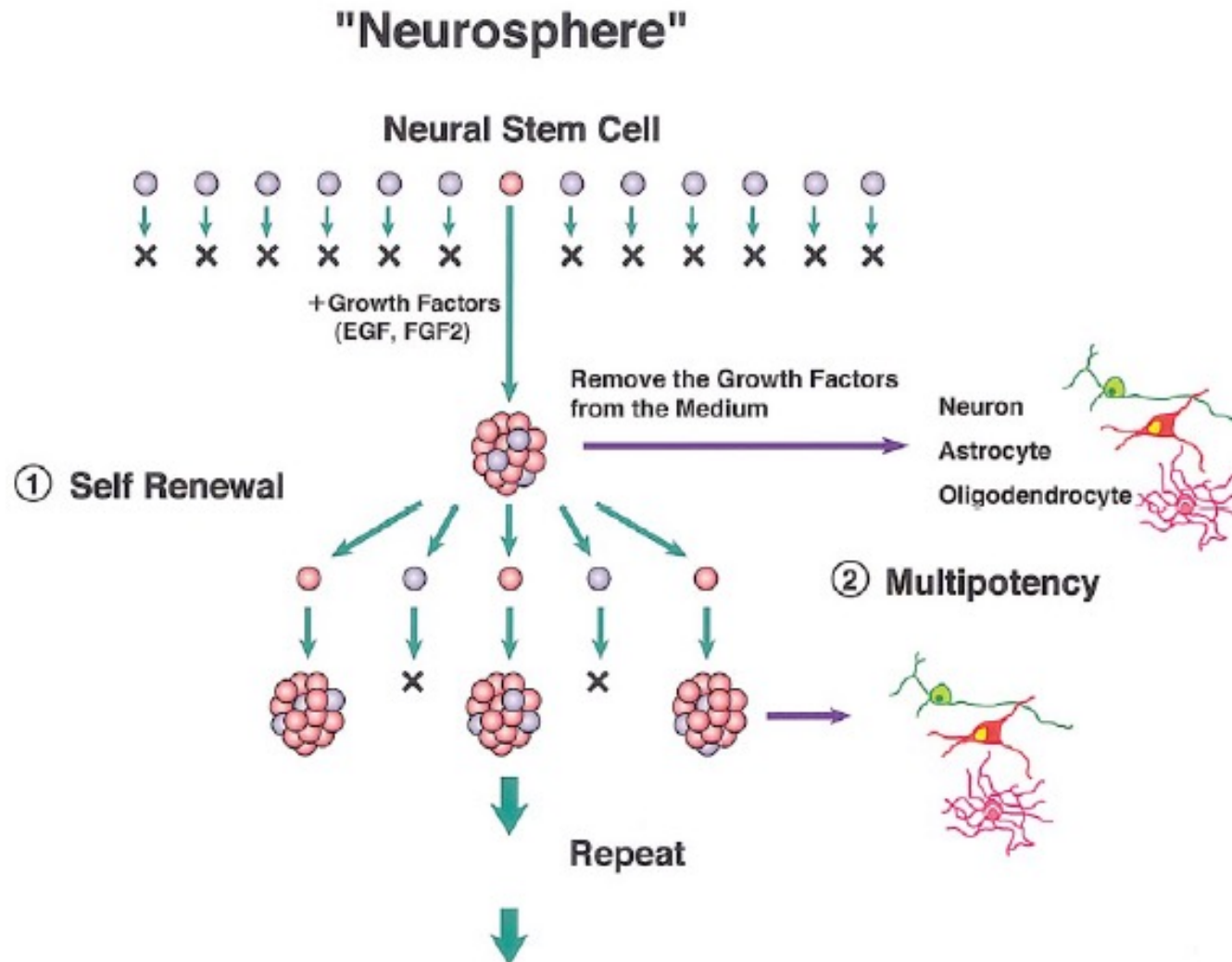
How to determine which cells are stem cells?

Expected properties:

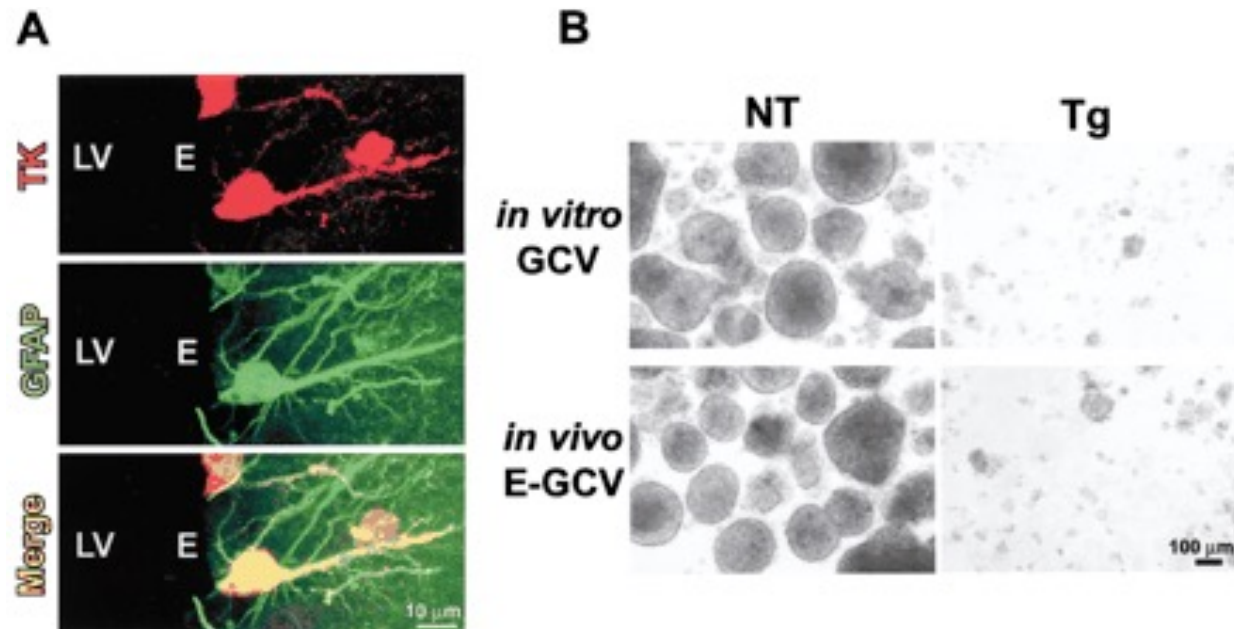
Multipotency – self renewal – slow cell cycle kinetics or quiescence



An *ex vivo* test for self-renewal and multipotency



GFAP-expressing cells are the cells able to generate neurospheres

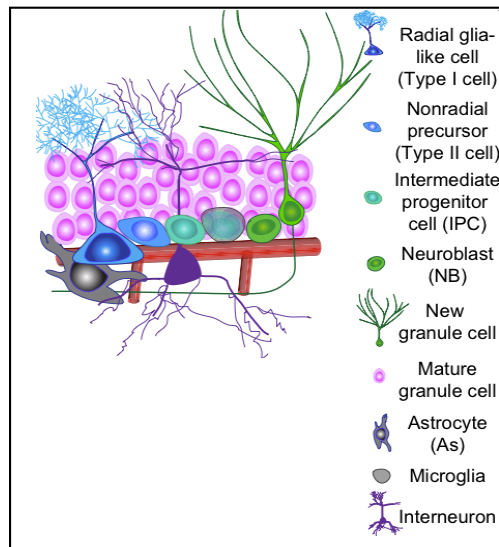


Primary cultures from GFAP-TK transgenic mice exposed or not to ganciclovir (GCV)

Genetic ablation of GFAP-expressing cells from the SGZ *in vitro* or *in vivo* abolishes the ability to derive NSCs from adult SVZ

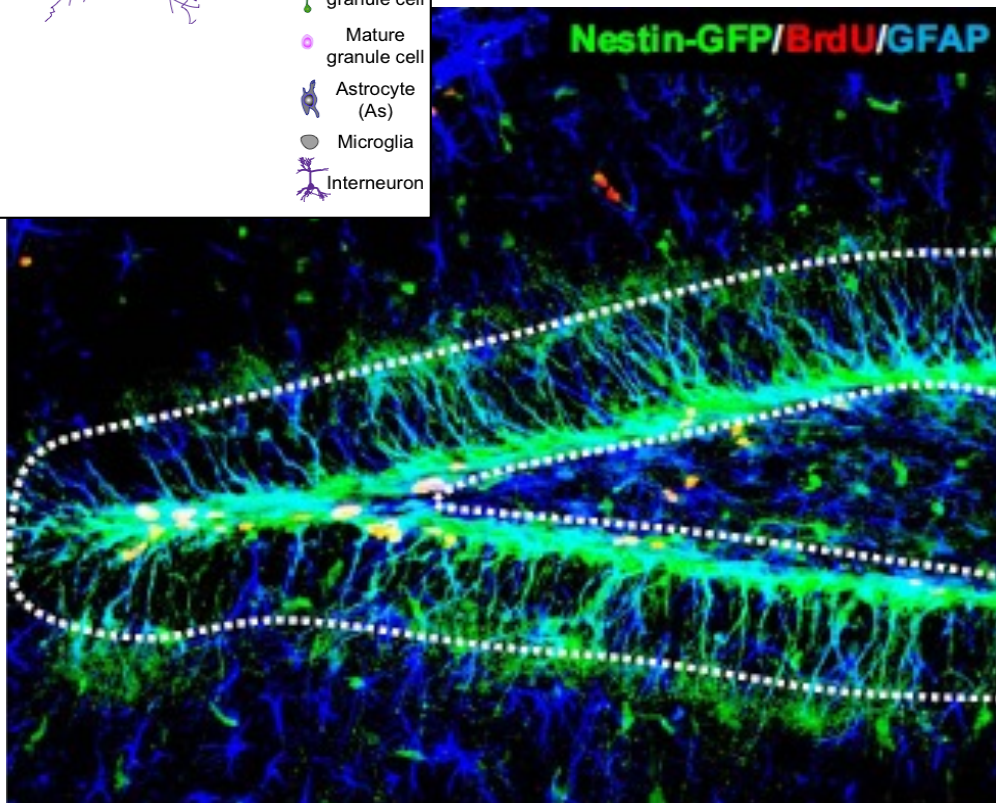
How dividing Cell Populations can be distinguished?

The cell cycle kinetics criteria (e.g. in DG)



Nestin-GFP mice ($n = 4$; age 2 months) received three injections of BrdU (150 mg/kg) at 3 hr intervals and were sacrificed 1 hr after the last injection.

Careful: mixture of really quiescent cells and slow dividing cells



Stem cells

- **long GFAP⁺ process** extending from the SGZ toward the molecular layer and ramifying there – **rare** (less than 10% of the proliferative population)
- **low levels of proliferation** (2-5% of these cells incorporate BrdU upon pulse labeling)

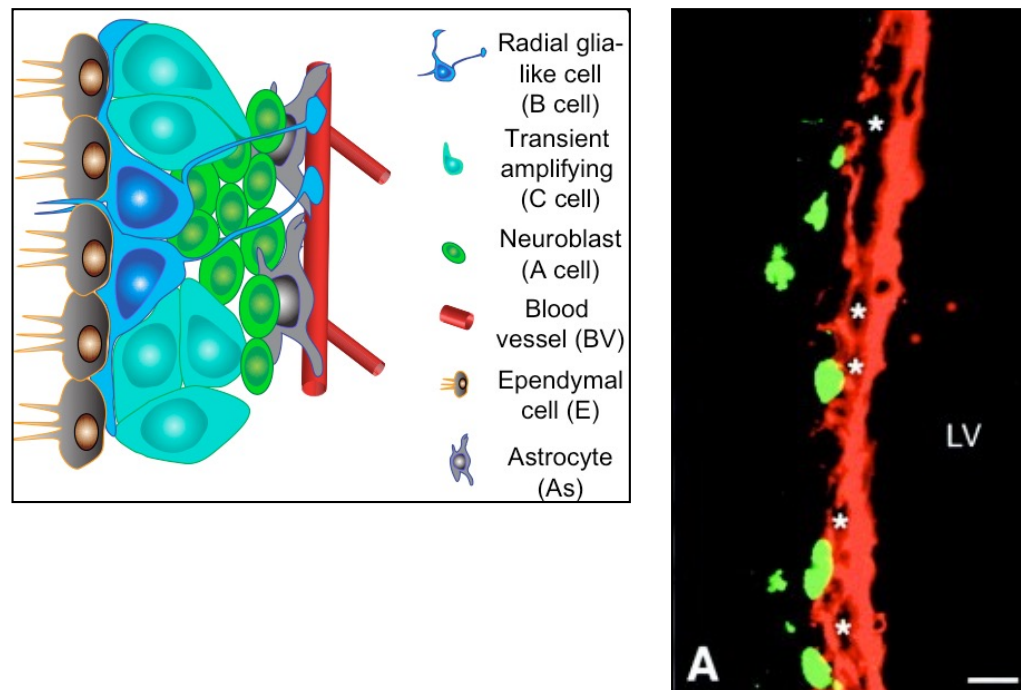
Amplifying neural progenitors

- round or oval cells, **devoid of a long GFAP⁺ radial process**
- **high levels of proliferation** (10%–20% of these cells incorporate BrdU upon pulse labeling)

How dividing Cell Populations can be distinguished?

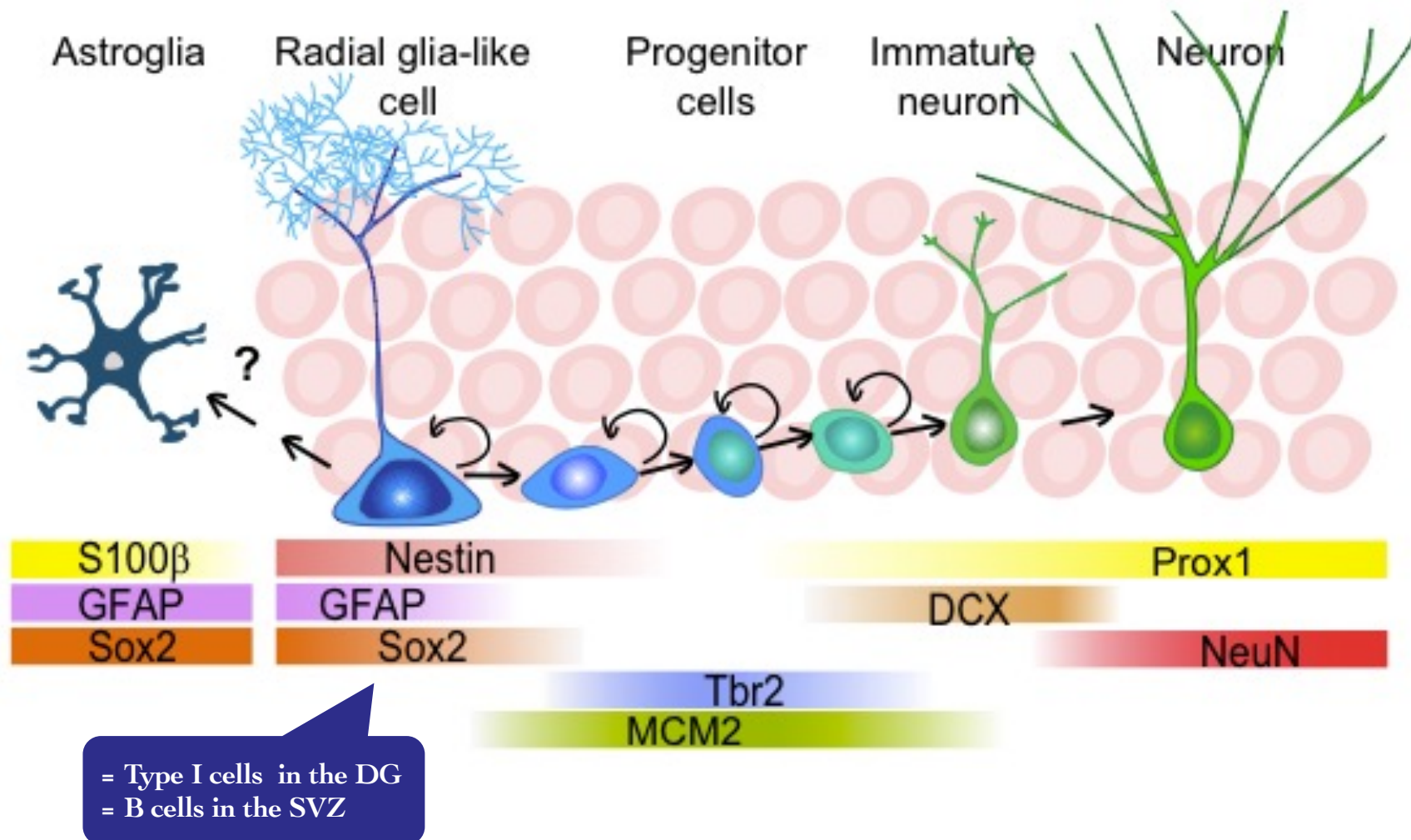
The cell cycle kinetics criteria (e.g. in SVZ)

BrdU was administered continuously in the drinking water for 2 weeks, and sections were double stained for BrdU (green) and mCD24 (red; ependymal cells).



Type B astrocyte-like cells are the only label-retaining cells in the adult SVZ
= Stem cells

Proposed cellular sequence: example of the dentate gyrus

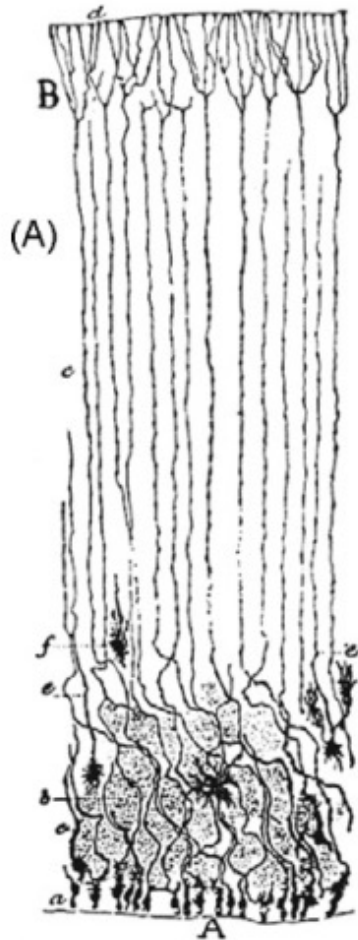


Careful: Common Markers of the NSC Lineage Are Often Shared by Different Cell Types in the Lineage and Niche.

	Niche elements		NSC lineage			
	Ependymal cell	Niche astrocyte	qNSC	aNSC	TAC	Neuroblast
GFAP	-	+	+	+	-	-
GLAST	-	+	+	+	+/-	-
CD133	+	-	+	+	-	-
Nestin	+	-	-	+	+/-	+/-
EGFR	-	-	-	+	+	-
ASCL1	-	-	-	+/-	+	-
S100 β	+	+	-	-	-	-

3- Lineage of adult NSCs?

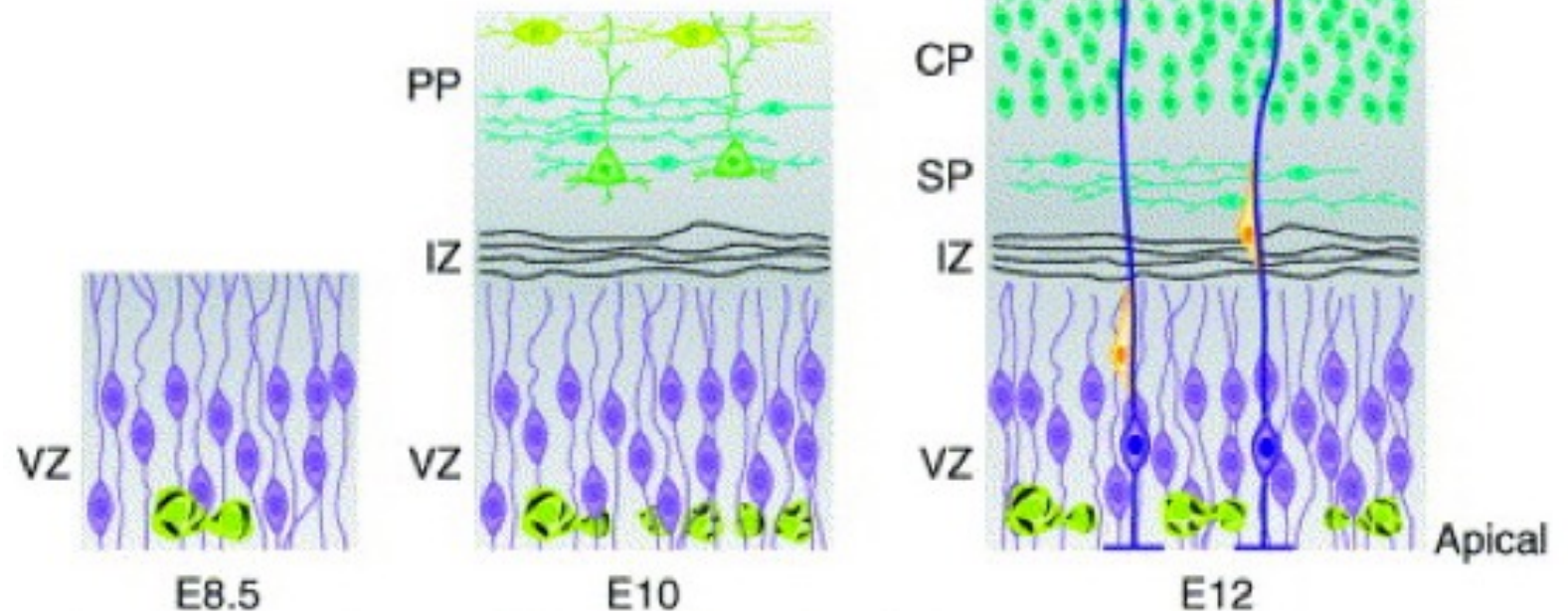
What is radial glia?



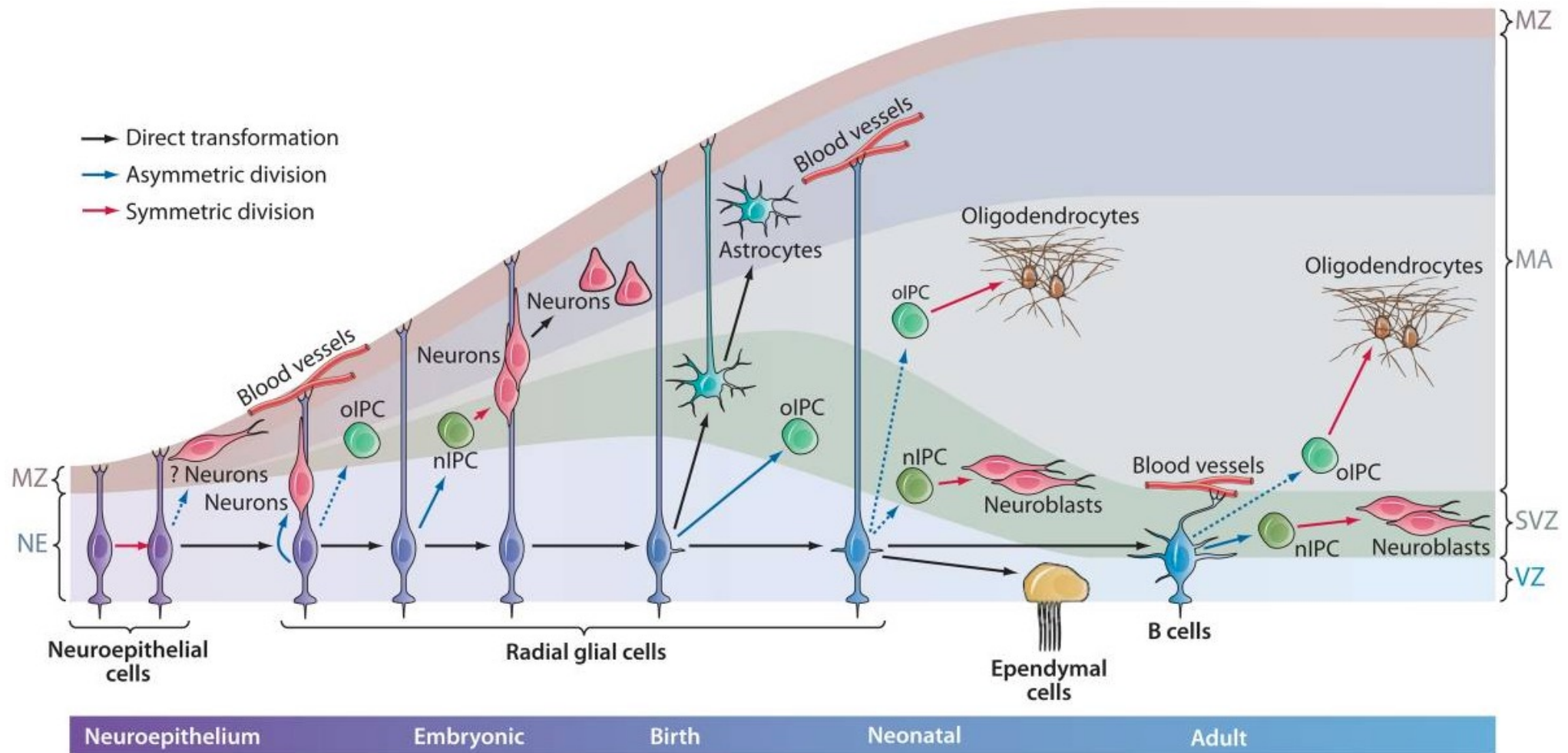
- ✓ Specialized cells in the developing nervous system of all vertebrates, bipolar-shaped, polarized and characterized by long radial processes
- ✓ Several characteristics typical of astrocytes
- ✓ Transient cell type during mammalian embryogenesis (persists however at specific locations in the mature CNS; e.g. Müller cells in the retina or Bergmann cells in the cerebellum) ([SEE MURIEL PERRON'S CONFERENCE FOR MÜLLER CELLS](#))
- ✓ Persistence in the brain of several non-mammalian vertebrates

What is radial glia function?

- ✓ Guiding the radial migration of newborn neurons from the ventricular zone to the mantle regions.
- ✓ In the 2000s , demonstration that they serve as primary progenitors capable of generating neurons, astrocytes, oligodendrocytes and adult neural stem cells.



The "developmental continuum" view of neural progenitors in mammals



Markers shared by neuroepithelial, radial glial and neural stem cells

	Neuroepithelial cells	Radial Glia (early)	Radial Glia (late)	Mammalian aNSCs (Astrocyte-like stem cells)
GFAP	-	-/+	+	+++
GLAST	-	++	++	++
Glutamine synthetase	-	-	+	++
S100-β	-	-	+	+
Nestin	+++	+++	+++	+++
Vimentin	-	+	++	+++
BLBP	++	+++	+++	++
Sox2	+++	+++	+++	++
ZO-1	+	-	-	-
aPKC	+	+	+	ND

4- How do these NSC behave?

Do NSCs have a continuous activity?

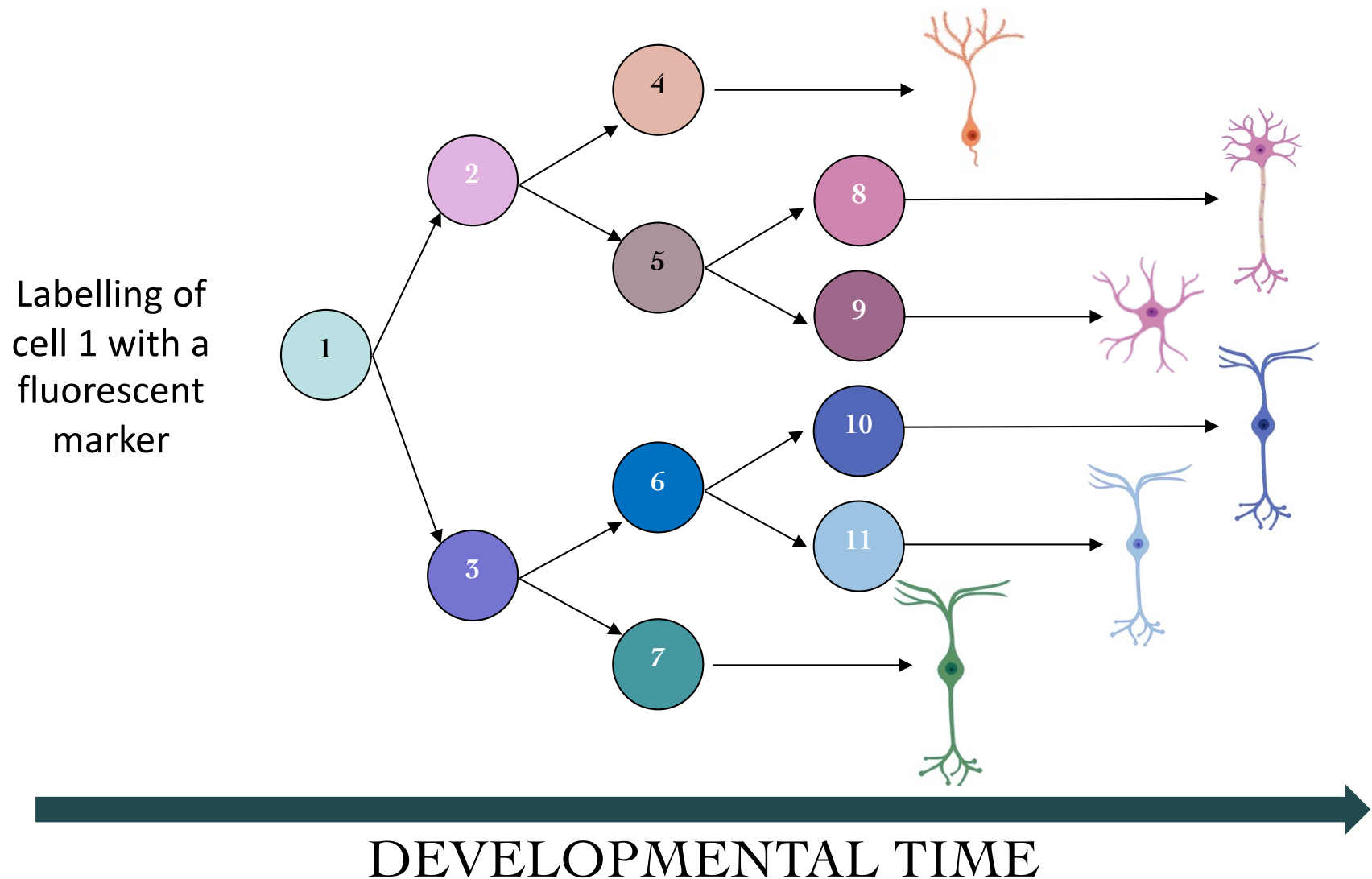
Are they multipotent?

What is their division mode?

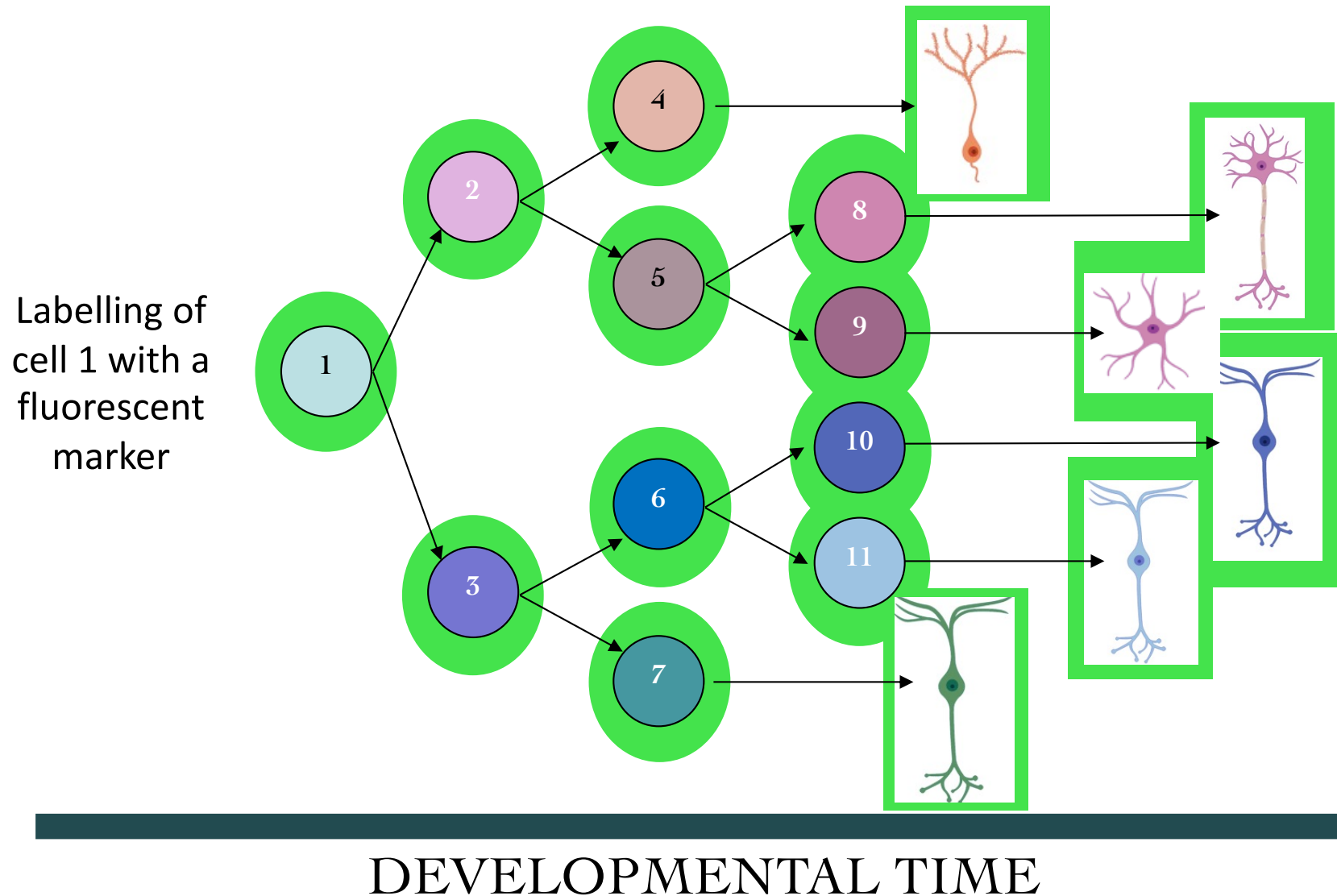
Do they constitute a homogenous population?

Need to follow them clonally to answer some of these questions

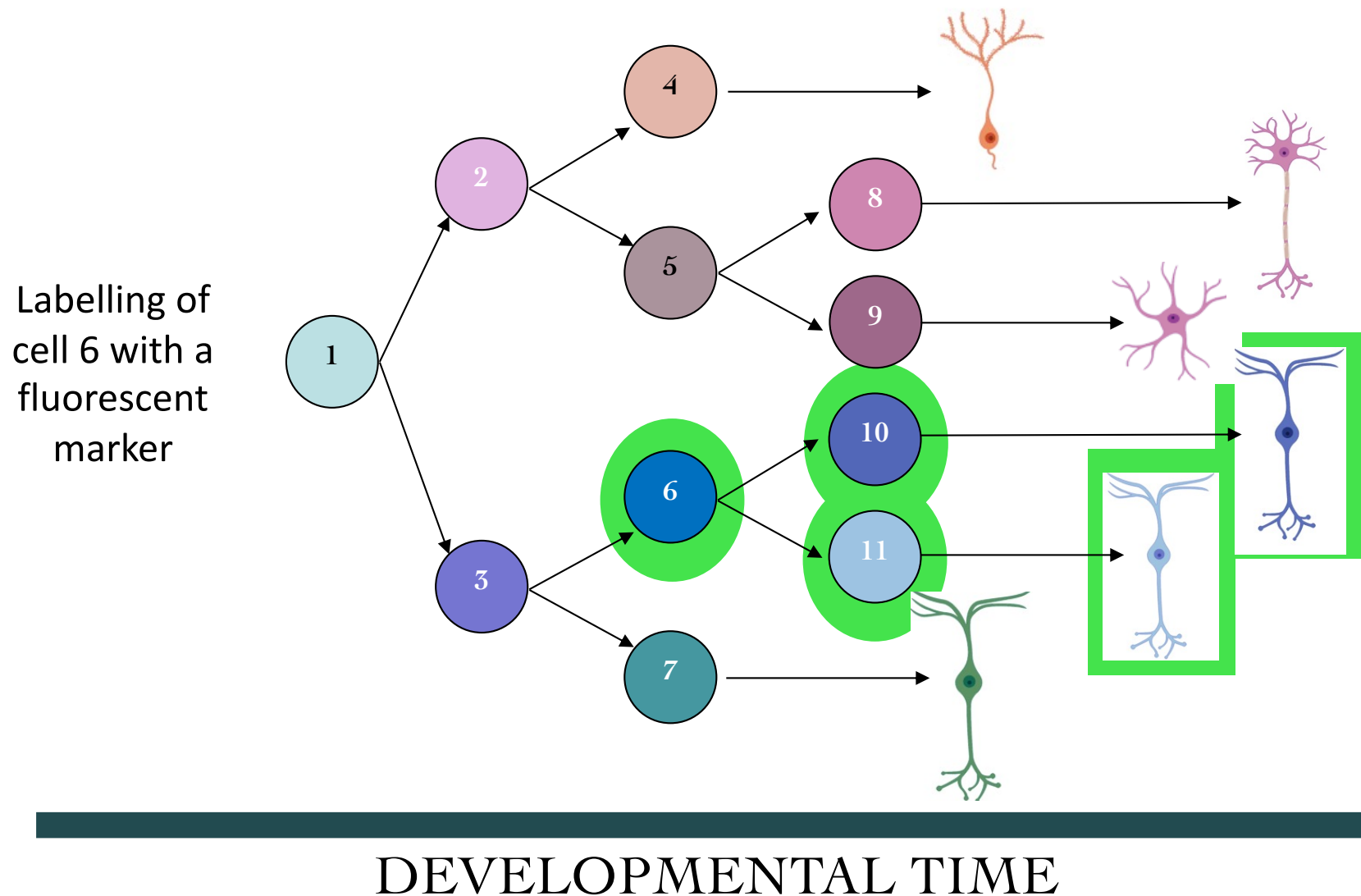
Basic principle of a lineage tracing experiment



Basic principle of a lineage tracing experiment



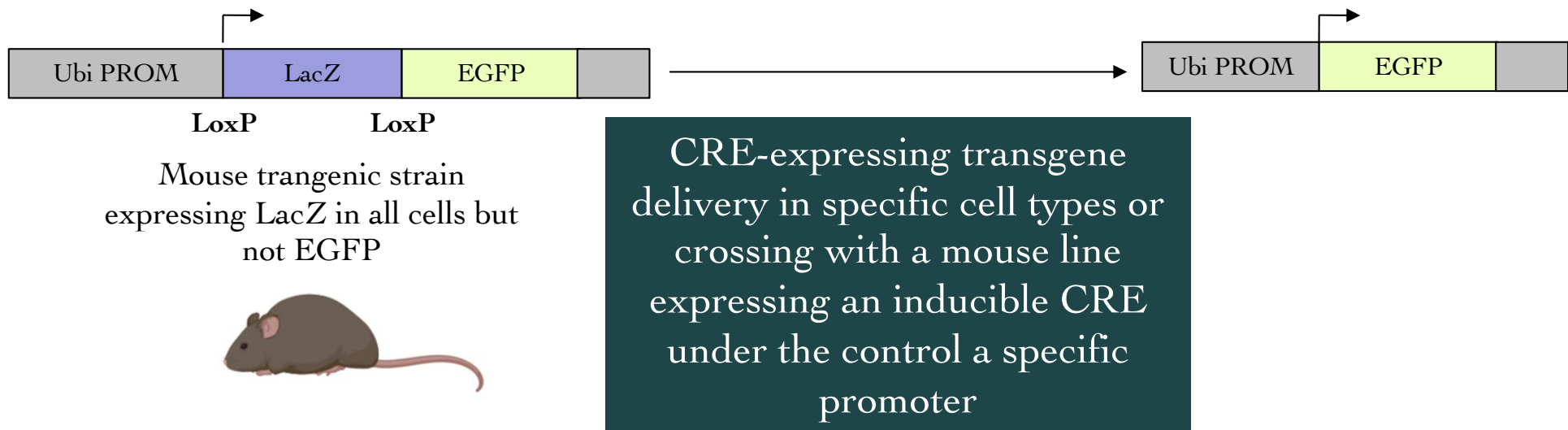
Basic principle of a lineage tracing experiment



Basic principle of a lineage tracing experiment

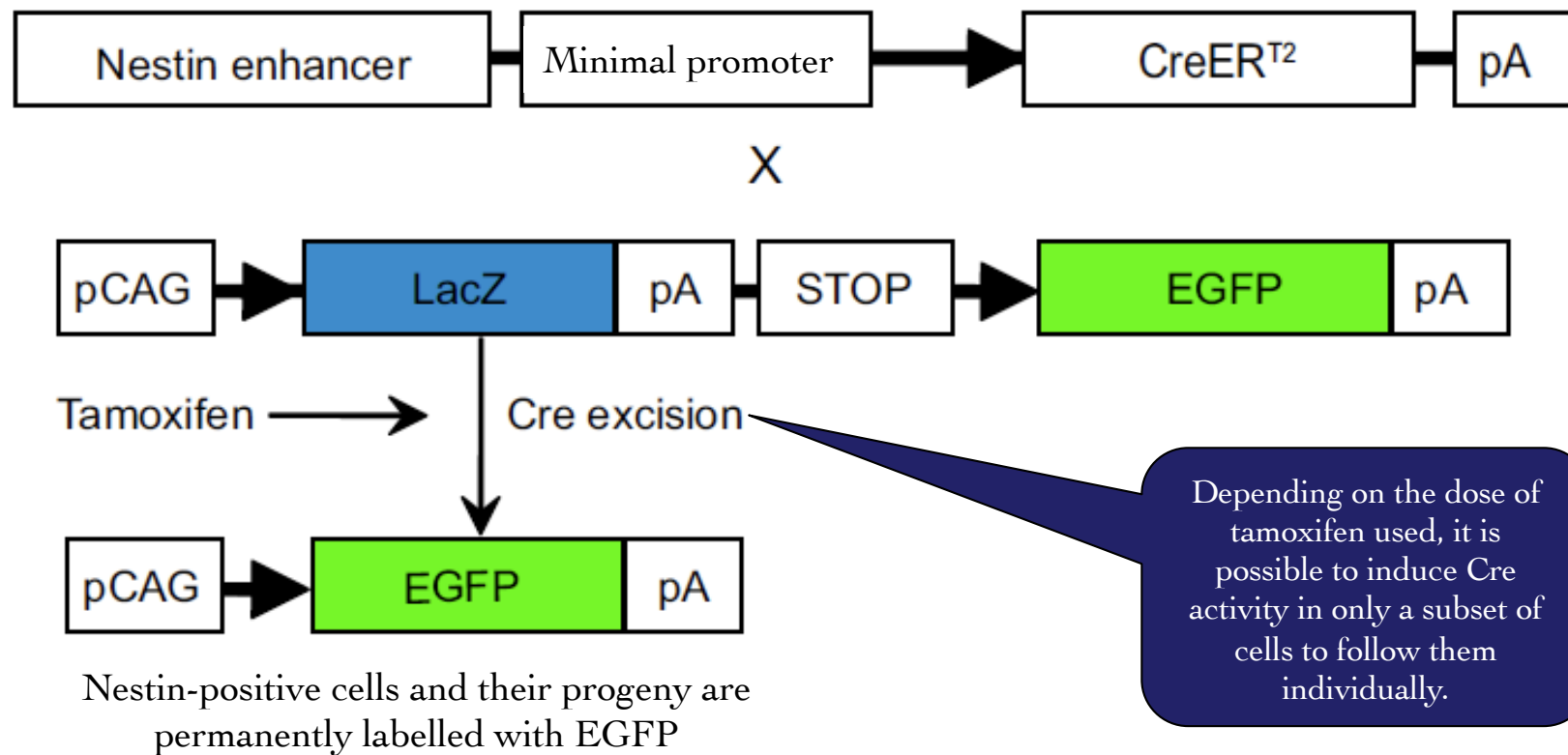
Basic principle of a lineage tracing experiment

IF I WANT TO TRACE THE LINEAGE OF A GIVEN CELL TYPE AT A GIVEN DEVELOPMENTAL TIME, I NEED A TOOL TO LABEL THE MOTHER CELL I WISH TO FOLLOW.



How can NSCs be followed clonally?

Example of A Genetic Sparse Marking Strategy for *In Vivo* Analysis of Individual Nestin+ Radial Glia-like Neural Precursors in the Adult Mouse Dentate Gyrus



Mammalian NSC division mode: an ongoing debate...

Cell

In Vivo Clonal Analysis Reveals Self-Renewing and Multipotent Adult Neural Stem Cell Characteristics

Michael A. Bonaguidi,^{1,2} Michael A. Wheeler,^{1,5} Jason S. Shapiro,^{1,5} Ryan P. Stadel,^{1,3} Gerald J. Sun,^{1,4} Guo-li Ming,^{1,2,4,*} and Hongjun Song^{1,2,3,4,*}

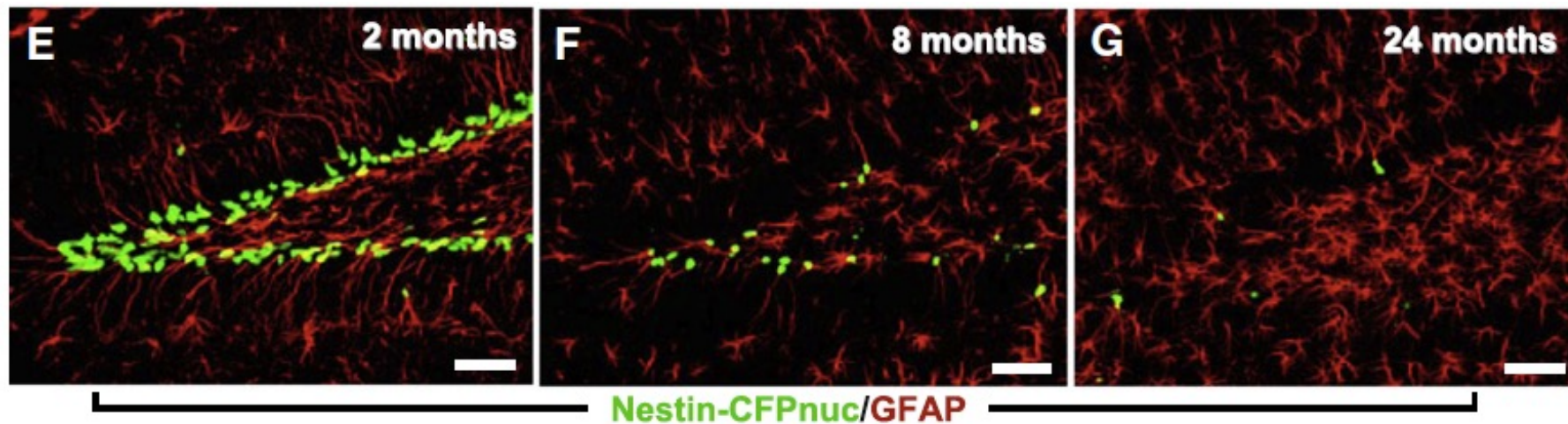
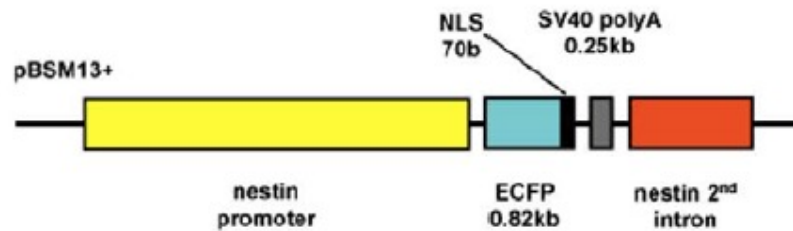
Cell
PRESS

Cell Stem Cell
Article

Division-Coupled Astrocytic Differentiation and Age-Related Depletion of Neural Stem Cells in the Adult Hippocampus

Juan M. Encinas,¹ Tatyana V. Michurina,¹ Natalia Peunova,¹ June-Hee Park,¹ Julie Tordo,¹ Daniel A. Peterson,² Gord Fishell,³ Alex Koulakov,¹ and Grigori Enikolopov^{1,*}

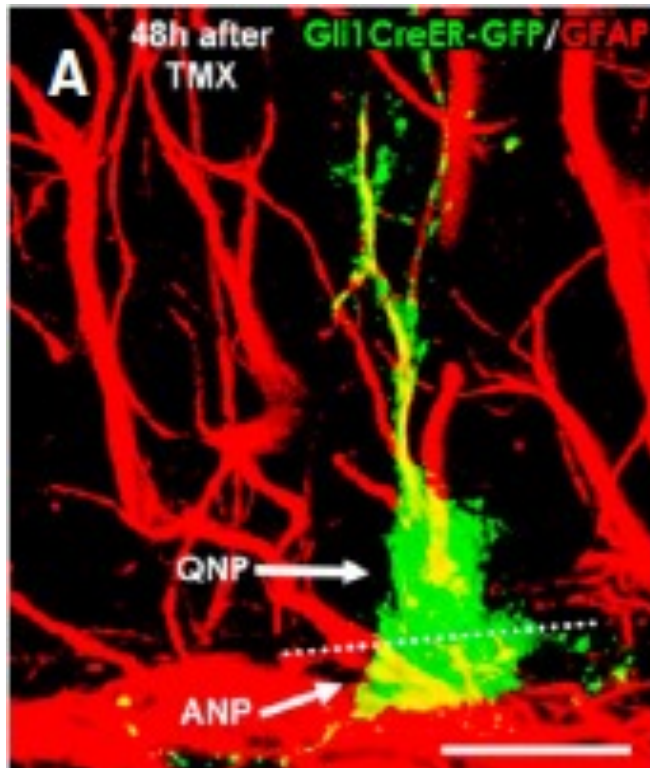
The number of QNPs shows age-dependent decrease



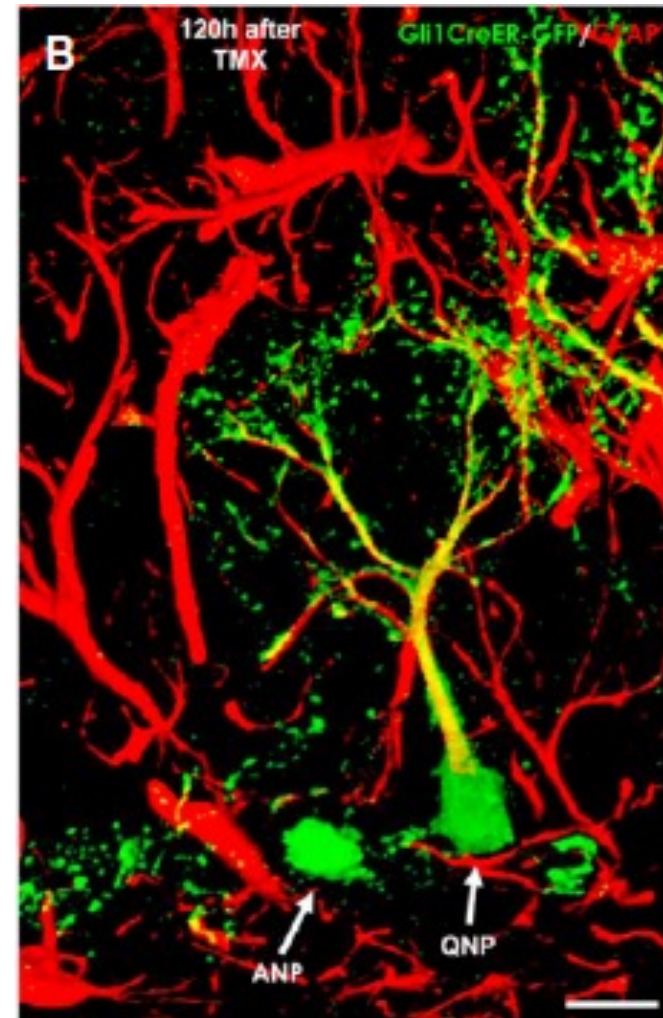
!!!! Nestin does not label quiescent NSCs !!!!

QNP undergo asymmetric cell divisions only to produce ANPs

NB: In Gli1-CreER animals, GFP is expressed exclusively in QNPs 12–18 hr after tamoxifen induction

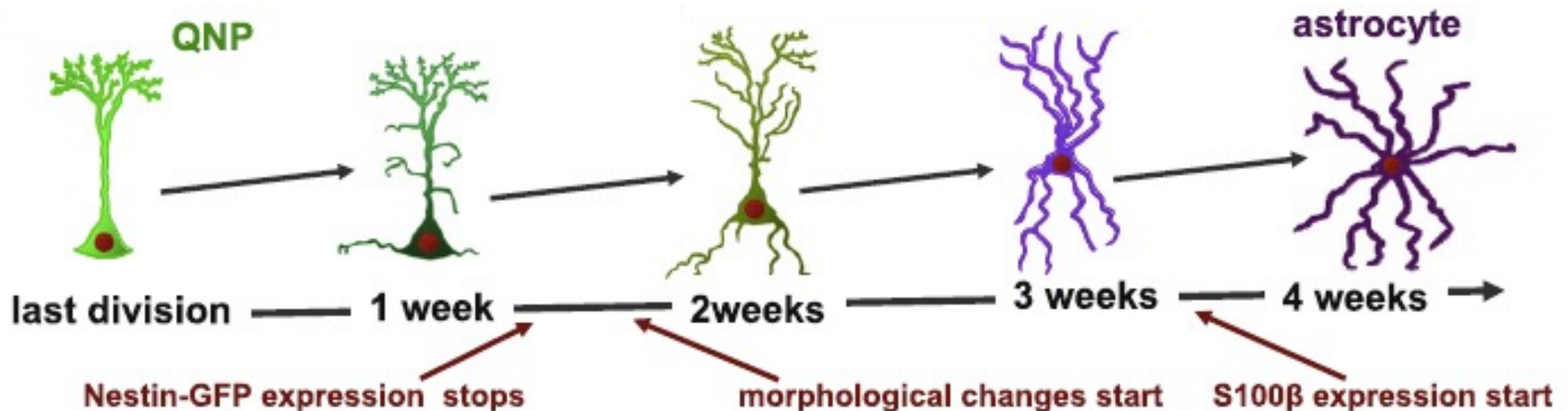
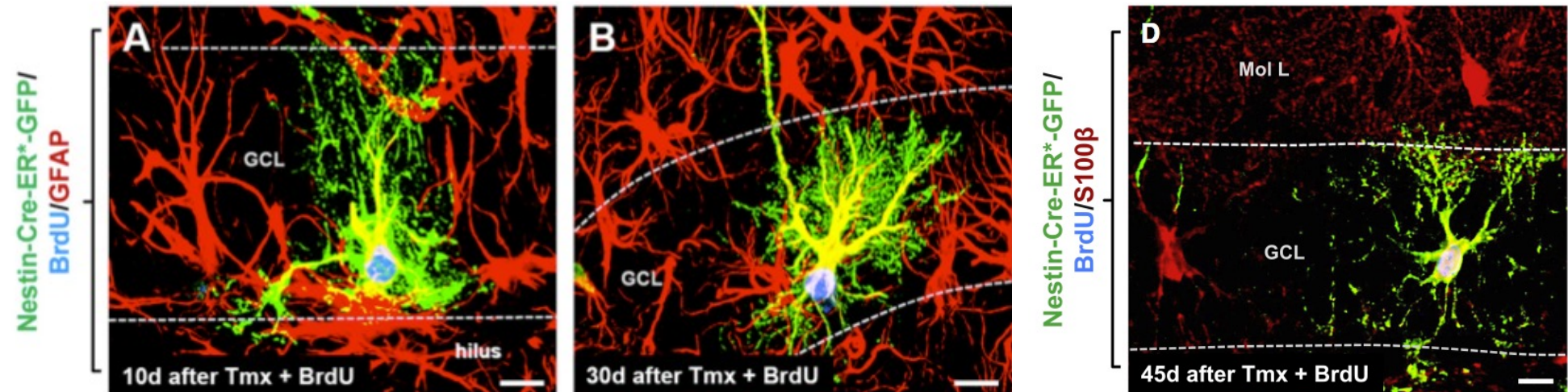


Later (48 hrs after the induction), asymmetrically dividing QNPs giving rise to ANPs can be observed

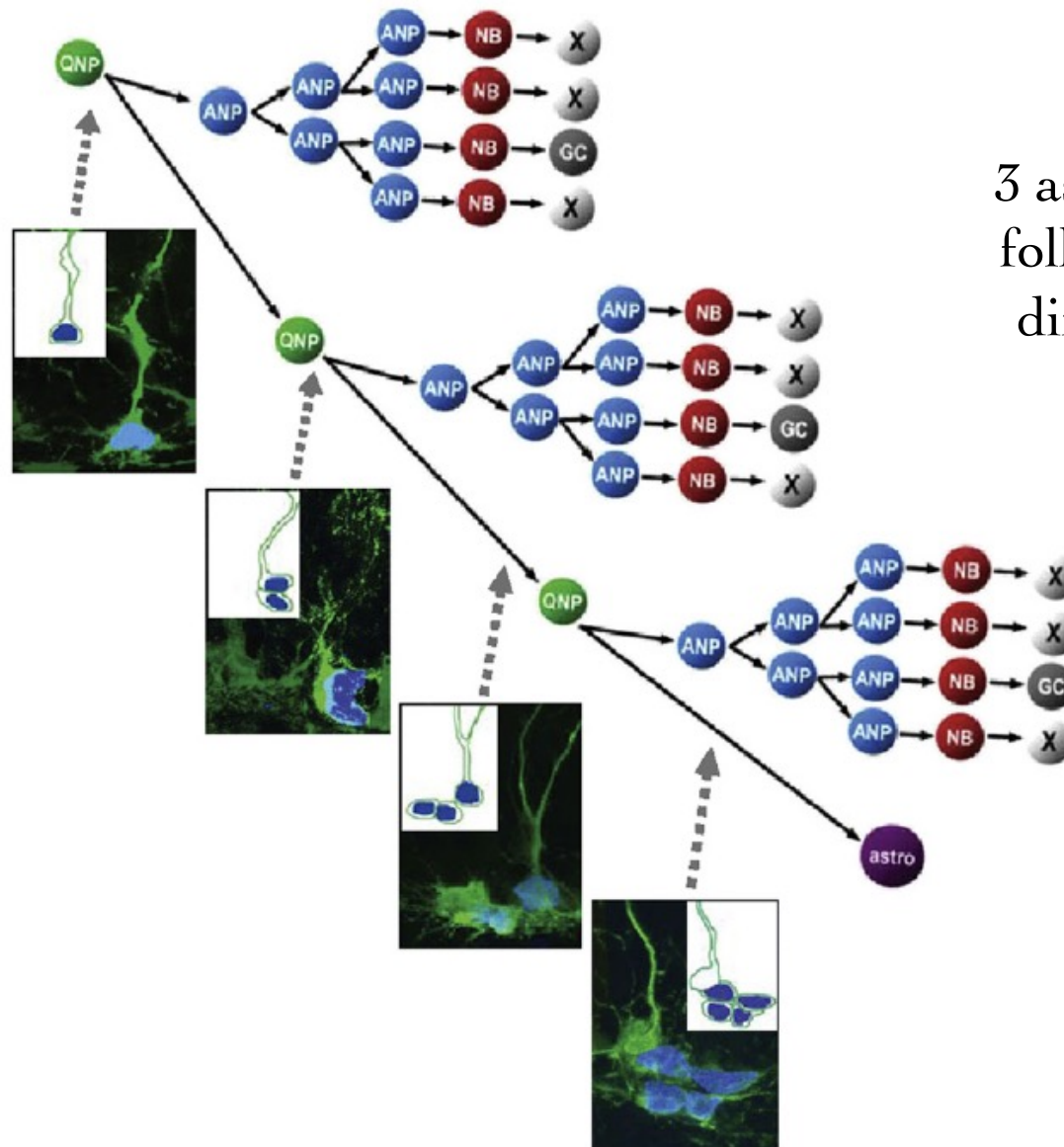


(120 hrs after the induction), separate ANPs can be identified.

QNP undergo division-coupled astrocytic differentiation

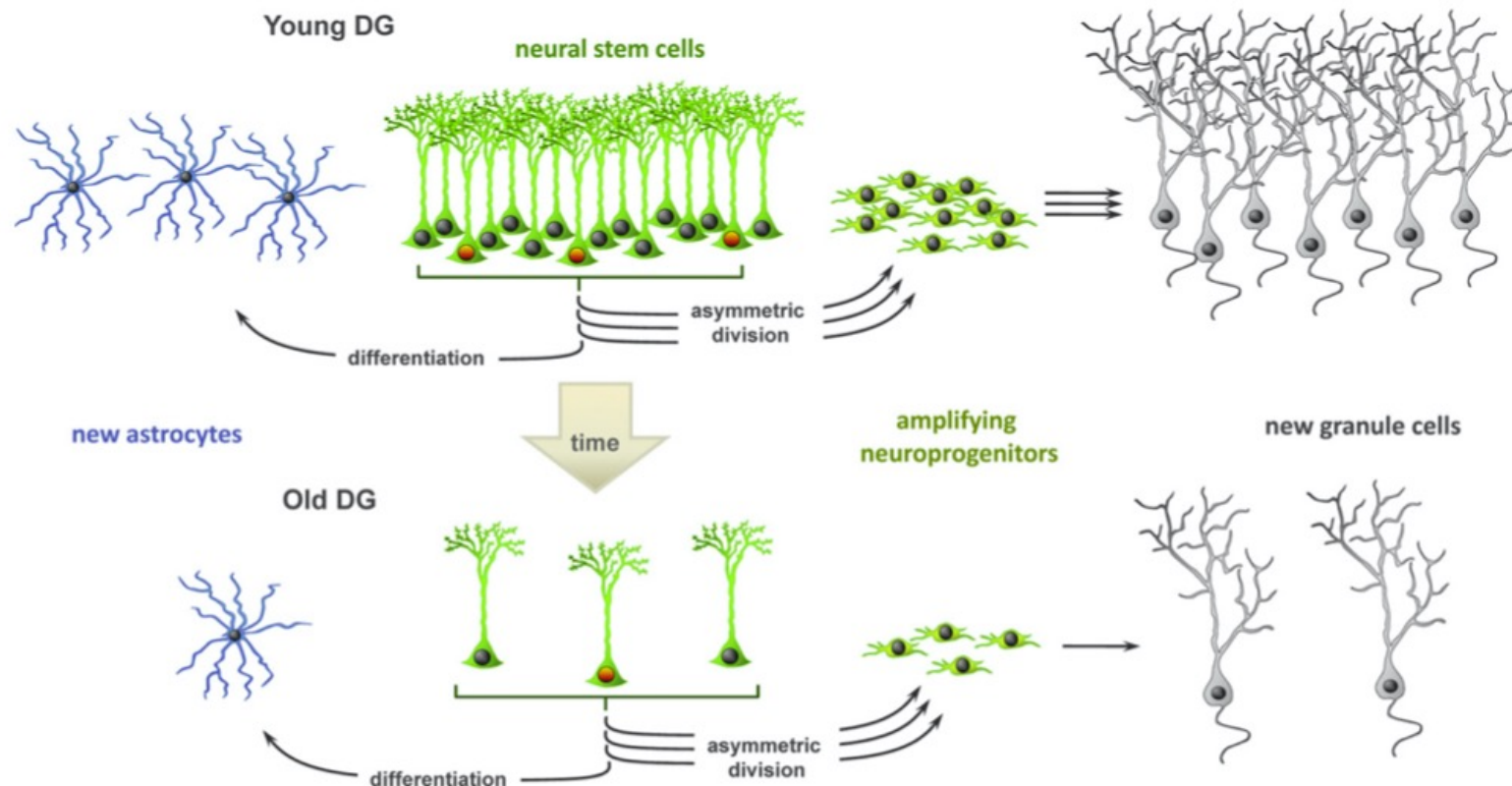


Scheme of divisions and death of stem cells and their progeny in the DG



3 asymetrical divisions
followed by astrocytic
differentiation of the
stem cells

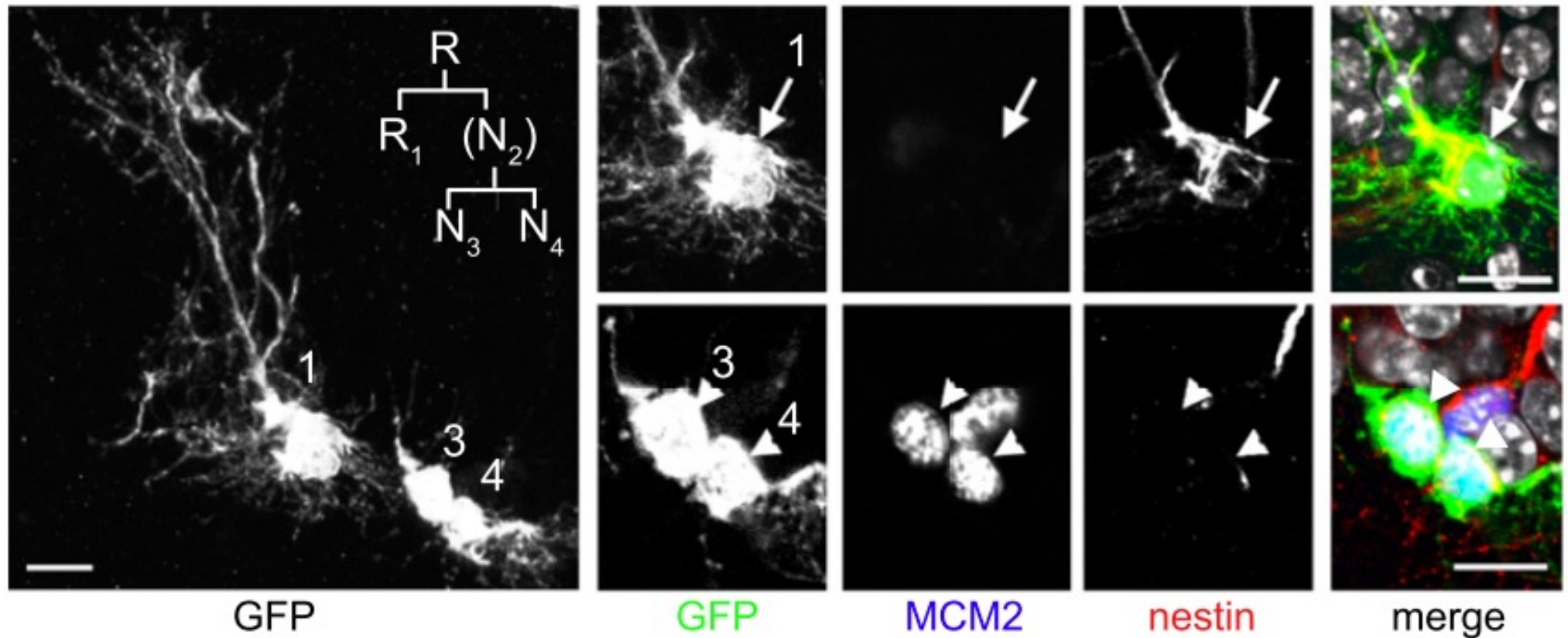
Neural stem cell deforestation as the main force driving the age-related decline in adult hippocampal neurogenesis?



!!!! Whether aging depletes the NSC pools (through their terminal differentiation) or hasten the transition between quiescence and activation is still an ongoing debate!!!!

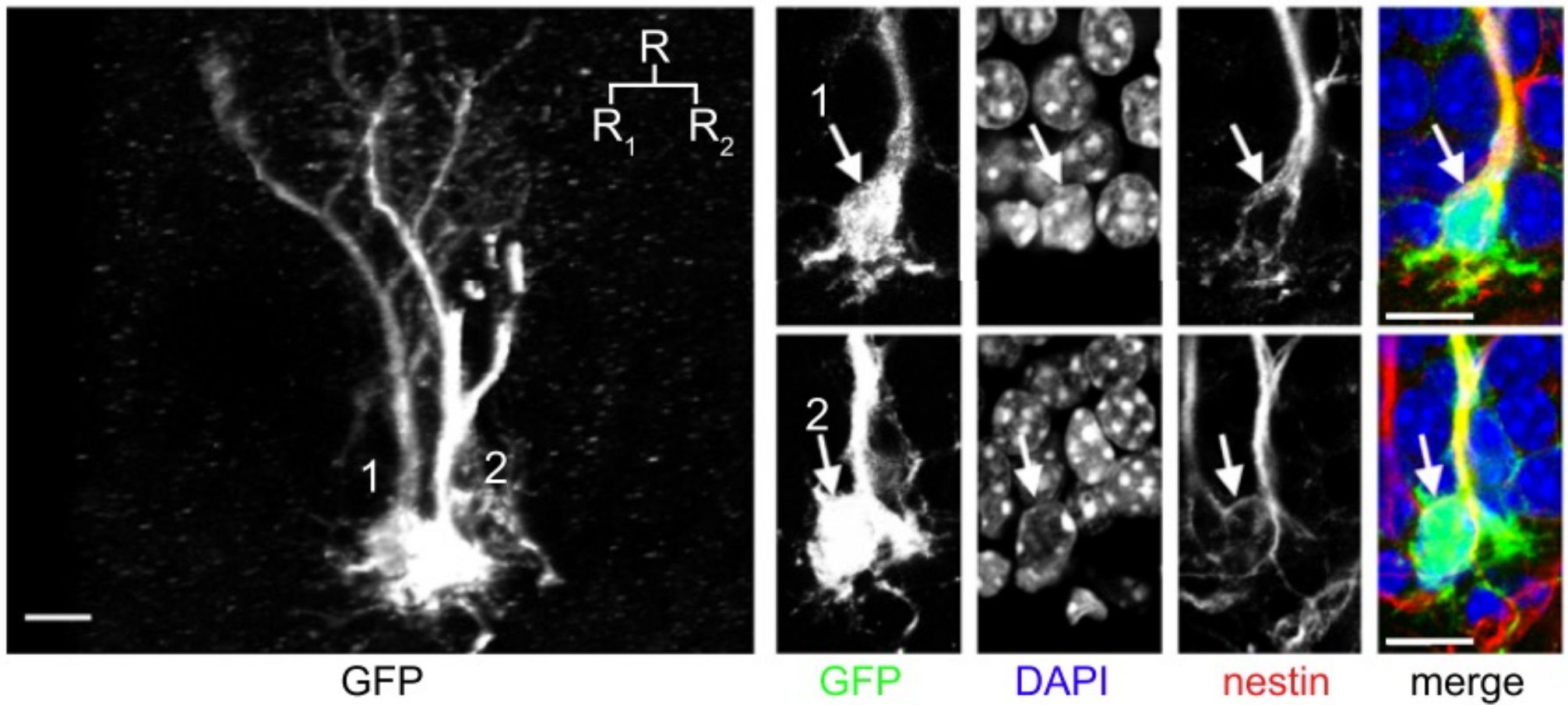
Encinas model in question...

→ Visualisation of asymmetric cell divisions



Encinas model in question...

→ Visualisation of **symetric** cell divisions **as well**



Two Views of Adult Neurogenesis

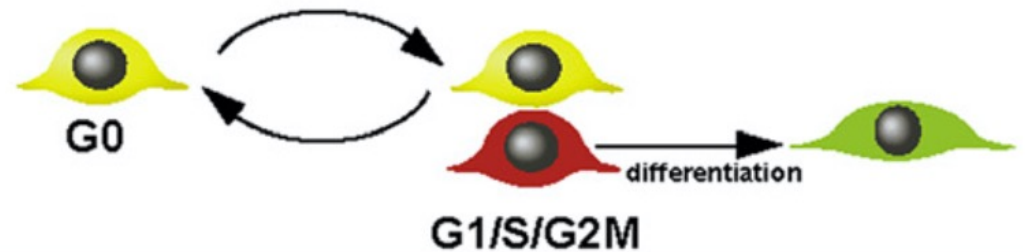
Bonaguidi Cell 2011

In the conventional « repeated stem cell self-renewal » model (left), a quiescent stem cell is activated, undergoes an asymmetric division, produces a progeny that eventually differentiates, and returns to the quiescent state to be activated again several times until the death of this stem cell or of the organism.

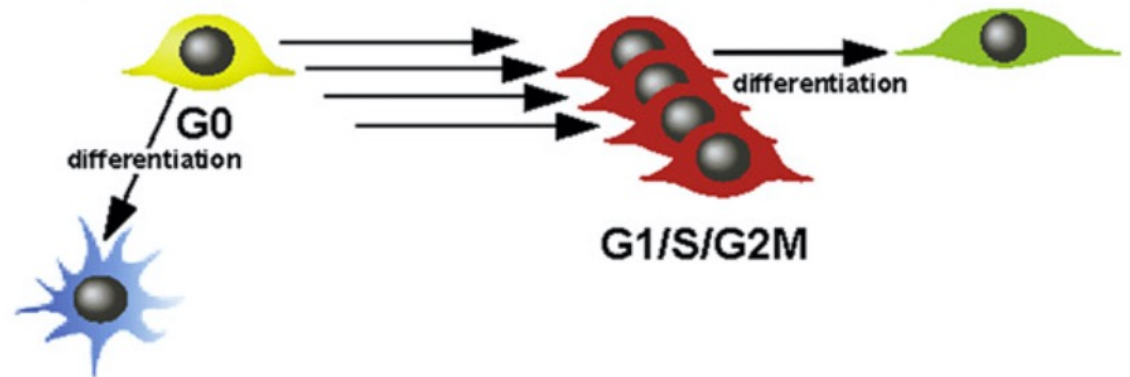
Encinas Cell 2011

In the « disposable stem cell » model, a stem cell is quiescent for the entire postnatal life, is activated, undergoes several rapid asymmetric divisions producing progeny, and quits the pool of stem cells by differentiation (in this case into an astrocyte).

Repeated Stem Cell Self-renewal model



Disposable Stem Cell model



NOT THE SAME GENETIC TOOLS, NOT THE SAME AGE/STRAIN OF MICE ANALYSED...

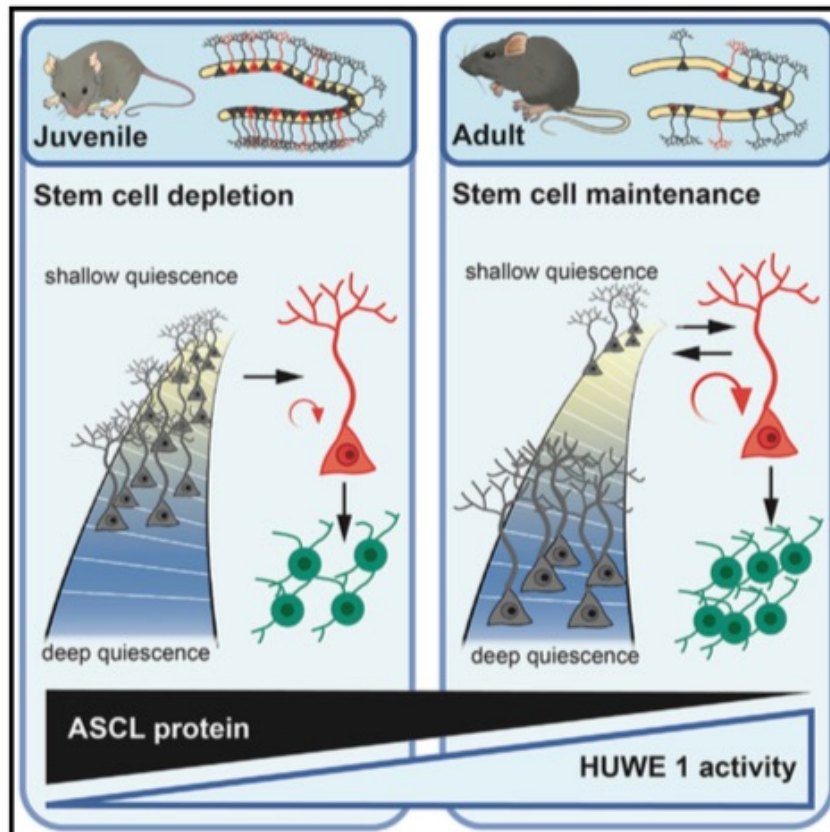
Reconciliation of the 2 models ?

Article

Cell Stem Cell

Coordinated changes in cellular behavior ensure the lifelong maintenance of the hippocampal stem cell population

Graphical Abstract



Authors

Lachlan Harris, Piero Rigo,
Thomas Stiehl, ..., Noelia Urbán,
Anna Marciniak-Czochra,
François Guillemot

Correspondence

francois.guillemot@crick.ac.uk

In Brief

Harris et al. show that multiple cellular changes work in concert during early life to preserve the hippocampal stem cell population throughout adulthood in mice. In particular, more proliferating stem cells return to quiescence instead of differentiating. The changes are coordinated by increasing degradation of the pro-activation factor ASCL1.

5- What is known about human neural stem cells?

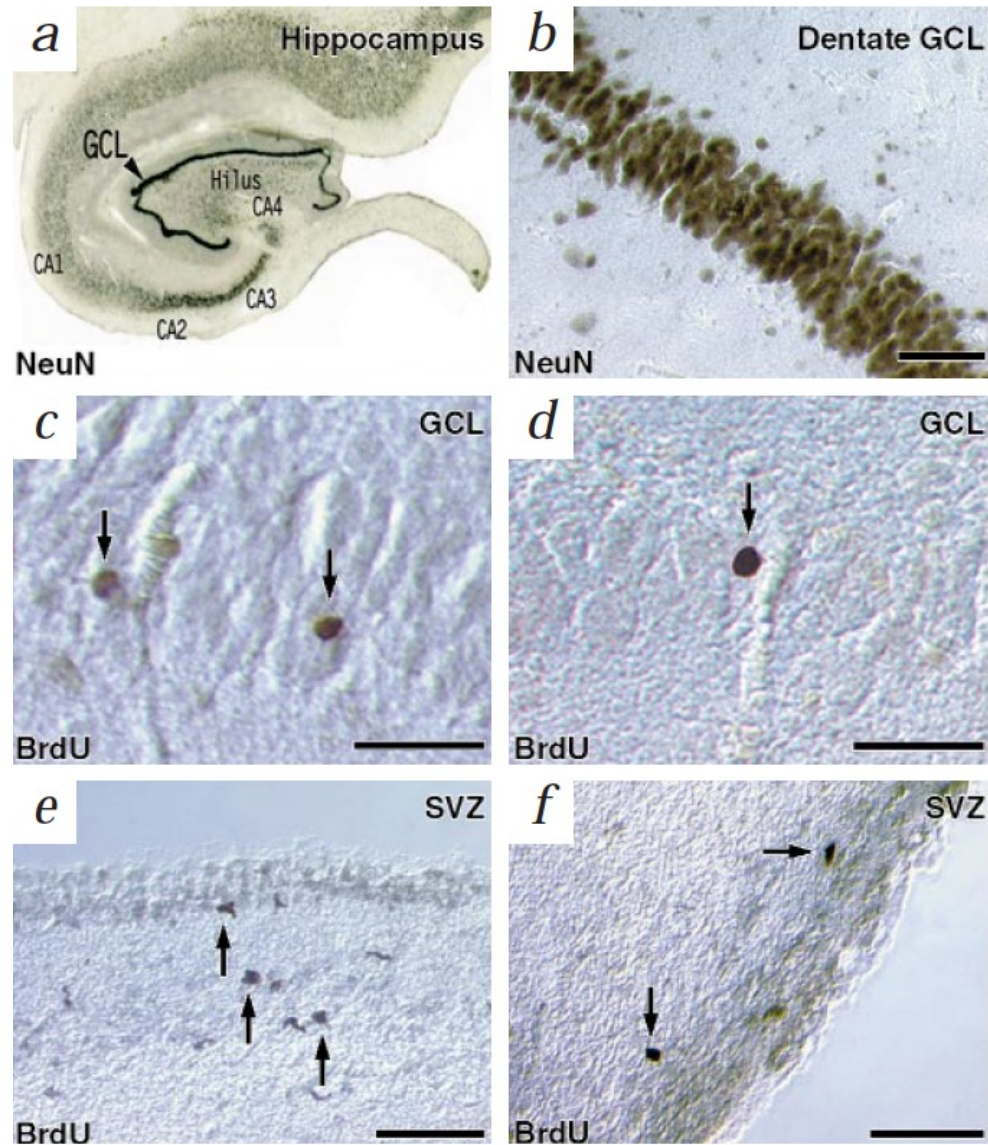
 1998 Nature America Inc. • <http://medicine.nature.com>

ARTICLES

Neurogenesis in the adult human hippocampus

PETER S. ERIKSSON^{1,4}, EKATERINA PERFILIEVA¹, THOMAS BJÖRK-ERIKSSON², ANN-MARIE ALBORN¹,
CLAES NORDBORG³, DANIEL A. PETERSON⁴ & FRED H. GAGE⁴

Do we find proliferative cells in the human brain?



→ Human brain tissue was obtained postmortem from patients who had been treated with the thymidine analog, bromodeoxyuridine (BrdU), that labels DNA during the S phase.

Do we find proliferative cells in the human brain?

→ This study by Eriksson et al., 1998, provided the only direct evidence to date for adult neurogenesis in humans, although it did not enable researchers to assess the number of new neurons generated or the dynamics of this process.

What the bomb said about the brain...



Neuron
Report
2012

The Age of Olfactory Bulb Neurons in Humans

Olaf Bergmann,¹ Jakob Liebl,⁴ Samuel Bernard,⁵ Kanar Alkass,² Maggie S.Y. Yeung,¹ Peter Steier,⁴ Walter Kutschera,⁴ Lars Johnson,³ Mikael Landén,^{3,6} Henrik Druid,² Kirsty L. Spalding,^{1,*} and Jonas Frisen^{1,*}

¹Department of Cell and Molecular Biology

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⁵Institut Camille Jordan, CNRS UMR 5208, University of Lyon, FR-69622 Villeurbanne, France

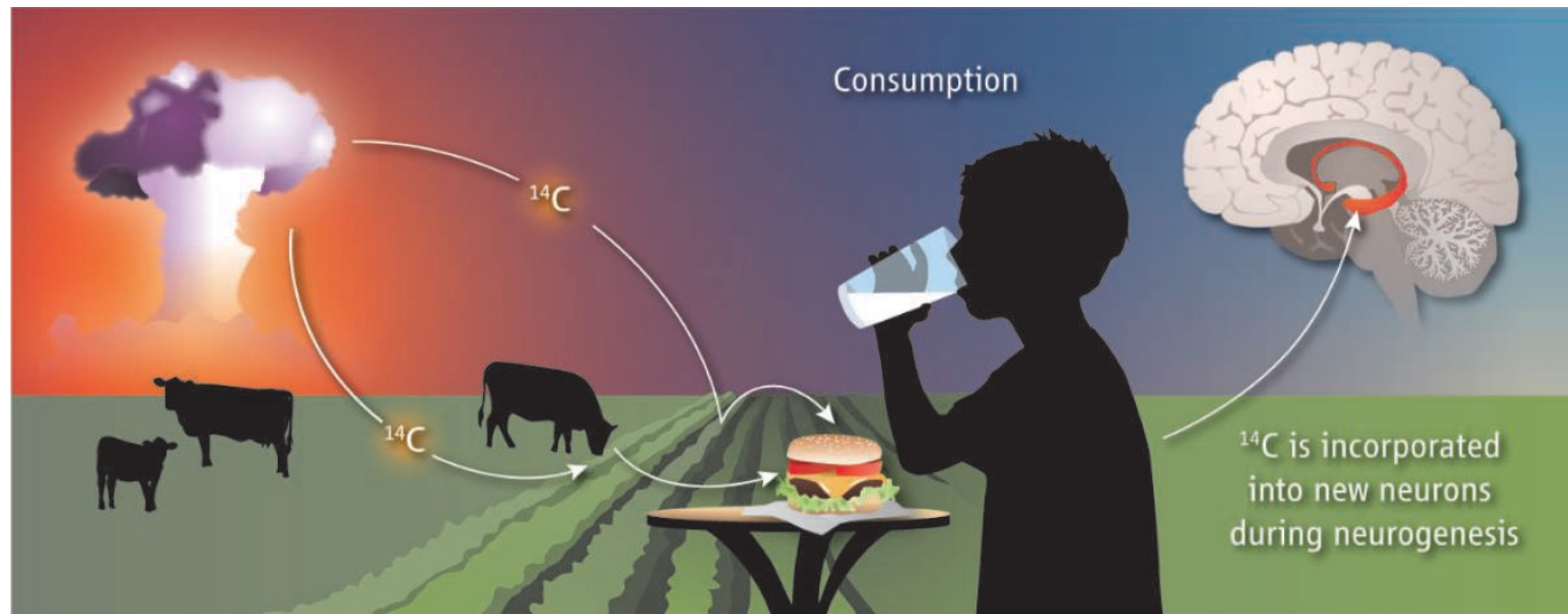
⁶Institute of Neuroscience and Physiology, Sahlgrenska Academy at Gothenburg University, SE-40530 Gothenburg, Sweden

*Correspondence: kirsty.spalding@ki.se (K.L.S.), jonas.frisen@ki.se (J.F.)

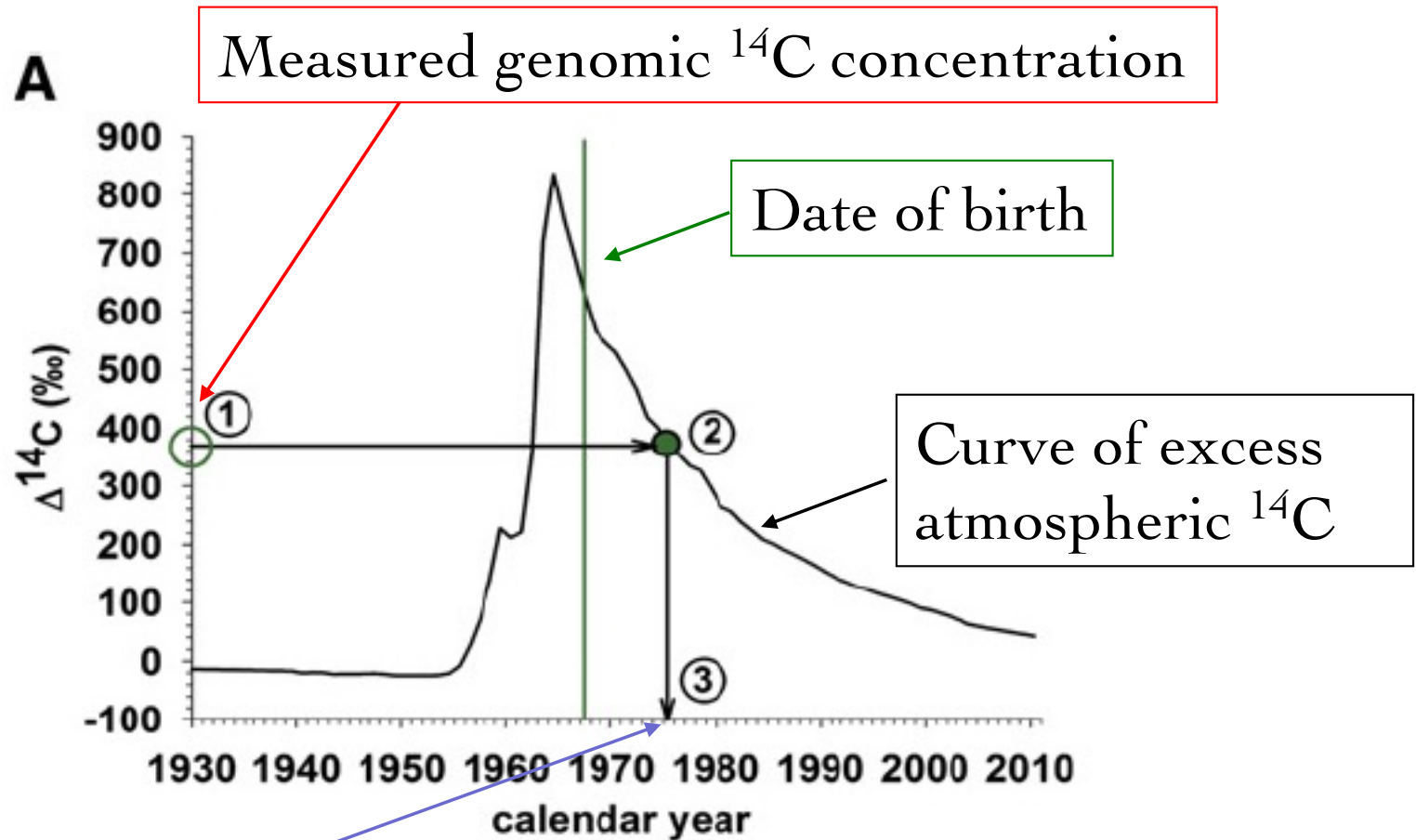
DOI 10.1016/j.neuron.2012.03.030

What the bomb said about the brain...

- ✓ Atmospheric ^{14}C that was released during nuclear bomb tests between 1945 and 1963 has been incorporated into the DNA of dividing cells, providing a time-stamp.



Strategy to establish cell age by ^{14}C dating



Birth date of the considered cell population

Limited Neurogenesis in the Adult Human Olfactory Bulb

- We cannot exclude that there may be low-grade turnover of neurons, but at a constant rate, the annual turnover would be around 0.008%.
- That corresponds to <1% of neurons being exchanged after 100 years.
- It has been estimated that up to 50% of olfactory bulb neurons are exchanged annually in rodents.

Limited Neurogenesis in the Adult Human Olfactory Bulb

There is very limited, if any, postnatal neurogenesis in the human olfactory bulb.

---> This identifies a fundamental difference in the plasticity of the human brain compared to other mammals.

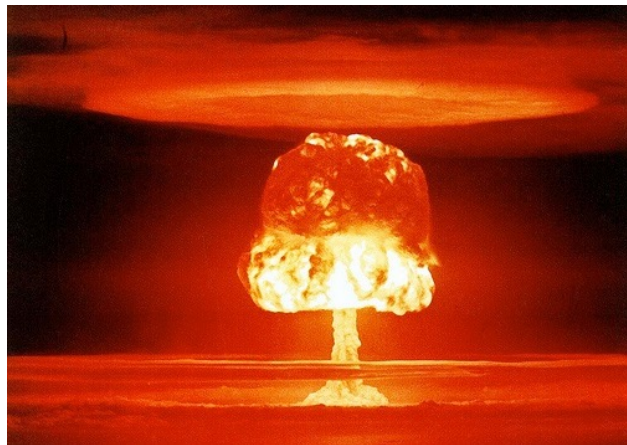
What about hippocampal neurogenesis?

Cell

Juin 2013

Dynamics of Hippocampal Neurogenesis in Adult Humans

Kirsty L. Spalding,^{1,8} Olaf Bergmann,^{1,8} Kanar Alkass,^{1,2} Samuel Bernard,³ Mehran Salehpour,⁴ Hagen B. Huttner,^{1,5} Emil Boström,¹ Isabelle Westerlund,¹ Céline Vial,³ Bruce A. Buchholz,⁶ Göran Possnert,⁴ Deborah C. Mash,⁷ Henrik Druid,² and Jonas Frisén^{1,*}

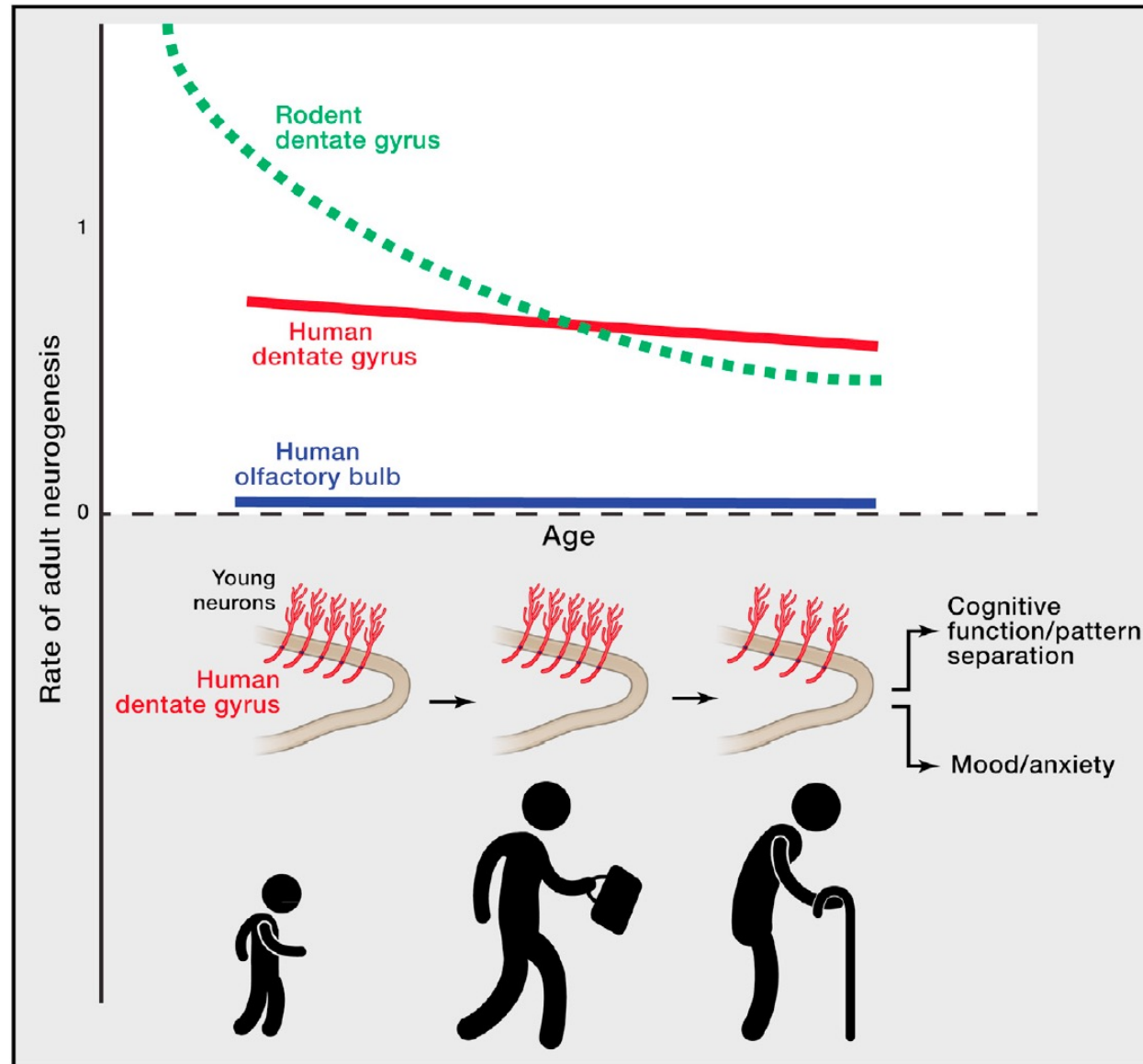


Evidence for continued neurogenesis into adulthood at rates that suggest it may play a significant role in humans

This retrospective carbon dating approach proves that there is substantial production of new neurons in the adult human brain throughout life.

- One third of adult hippocampal neurons are turning over.
- 700 new neurons are added in each hippocampus per day, corresponding to an annual turnover of 1.75% of the neurons within the renewing fraction
- This turnover rate was not significantly different between men and women and declined only modestly with age.

Evidence for continued neurogenesis into adulthood at rates that suggest it may play a significant role in humans



Adult hippocampal neurogenesis in questions...

LETTER Nature 2018

doi:10.1038/nature25975

Human hippocampal neurogenesis drops sharply in children to undetectable levels in adults

Shawn F. Sorrells^{1,2*}, Mercedes F. Paredes^{1,3*}, Arantxa Cebrian-Silla⁴, Kadellyn Sandoval^{1,3}, Dashi Qi⁵, Kevin W. Kelley¹, David James¹, Simone Mayer^{1,3}, Julia Chang⁶, Kurtis I. Augustine², Edward F. Chang², Antonio J. Gutierrez⁷, Arnold R. Kriegstein^{1,3}, Gary W. Mathern^{8,9}, Michael C. Oldham^{1,2}, Eric J. Huang¹⁰, Jose Manuel Garcia-Verdugo⁴, Zhengang Yang⁵ & Arturo Alvarez-Buylla^{1,2}

Adult hippocampal neurogenesis is abundant in neurologically healthy subjects and drops sharply in patients with Alzheimer's disease

Nature Med
2019

Elena P. Moreno-Jiménez^{1,2,3,6}, Miguel Flor-García^{1,2,3,6}, Julia Terreros-Roncal^{1,2,3,6}, Alberto Rábano⁴, Fabio Cafini⁵, Noemí Pallas-Bazarra ^{1,3}, Jesús Ávila^{1,3} and María Llorens-Martín ^{1,2,3*}

Based on immunofluorescence labelling of diverse markers on post-mortem tissues

6- Adult neurogenesis: what for?

Replacement of neuronal cell loss?

Probably not, as by the age of 25, the number of neurons starts to decline (at least 100 000 neurons lost per day)...

Role in cognitive function, memory, behaviour, pathological disorders...?

Regulation by environmental cues such as diet, exercise, learning, pathologies...)?

Effect of adult-born neuron depletion on animal's cognitive ability

- Accumulating evidence suggests that adult-born hippocampal neurons do make contributions to learning and memory (SEE ROSELINE POIRIER'S CONFERENCE)

Effect of adult-born neuron depletion on animal's cognitive ability

NEUROGENESIS

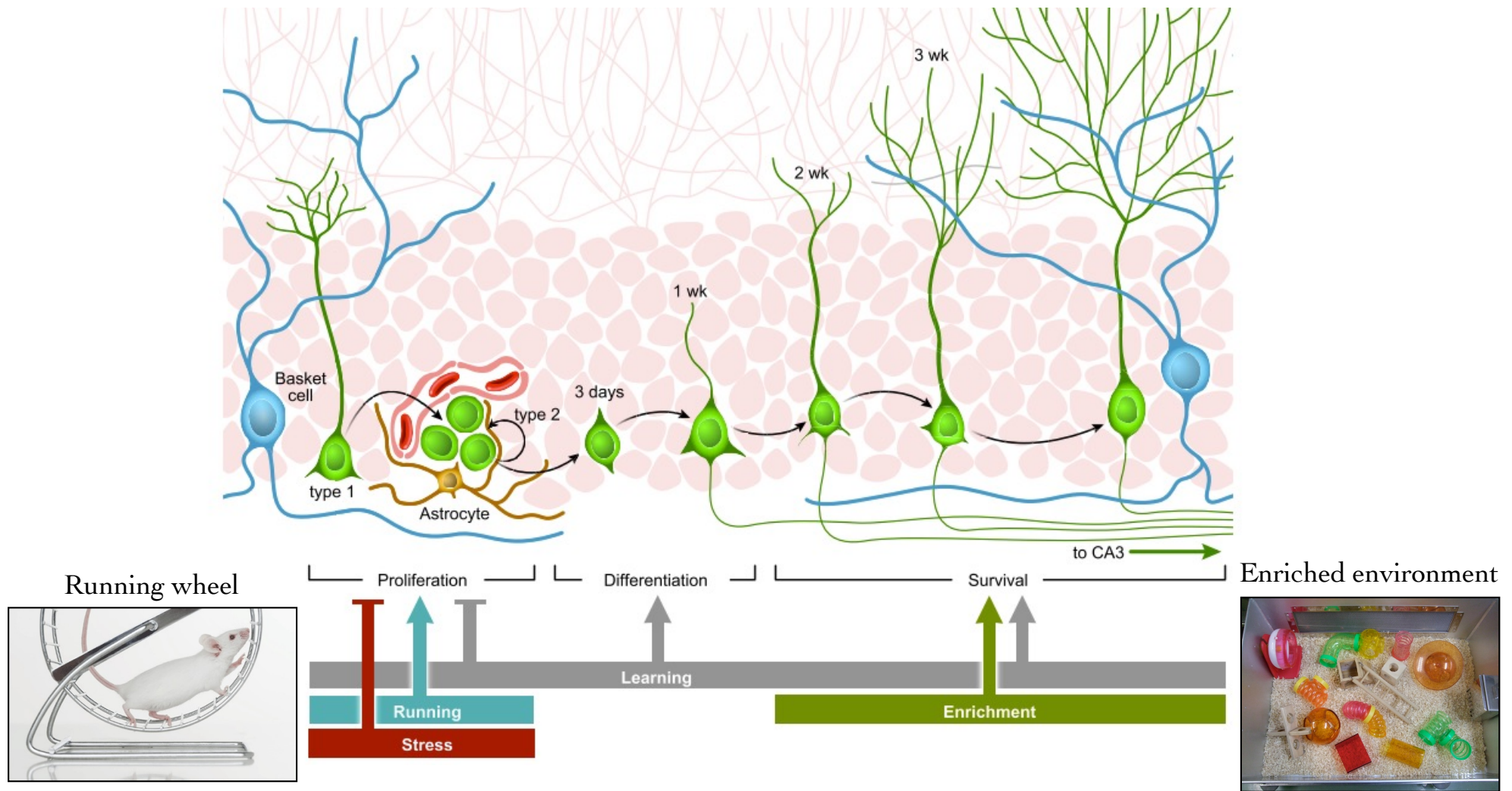
Pregnancy-responsive pools of adult neural stem cells for transient neurogenesis in mothers

SCIENCE 2023

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Adult neural stem cells (NSCs) contribute to lifelong brain plasticity. In the adult mouse ventricular-subventricular zone, NSCs are heterogeneous and, depending on their location in the niche, give rise to different subtypes of olfactory bulb (OB) interneurons. Here, we show that multiple regionally distinct NSCs, including domains that are usually quiescent, are recruited on different gestation days during pregnancy. Synchronized activation of these adult NSC pools generates transient waves of short-lived OB interneurons, especially in layers with less neurogenesis under homeostasis. Using spatial transcriptomics, we identified molecular markers of pregnancy-associated interneurons and showed that some subsets are temporarily needed for own pup recognition. Thus, pregnancy triggers transient yet behaviorally relevant neurogenesis, highlighting the physiological relevance of adult stem cell heterogeneity.

Which factors favors adult neurogenesis?





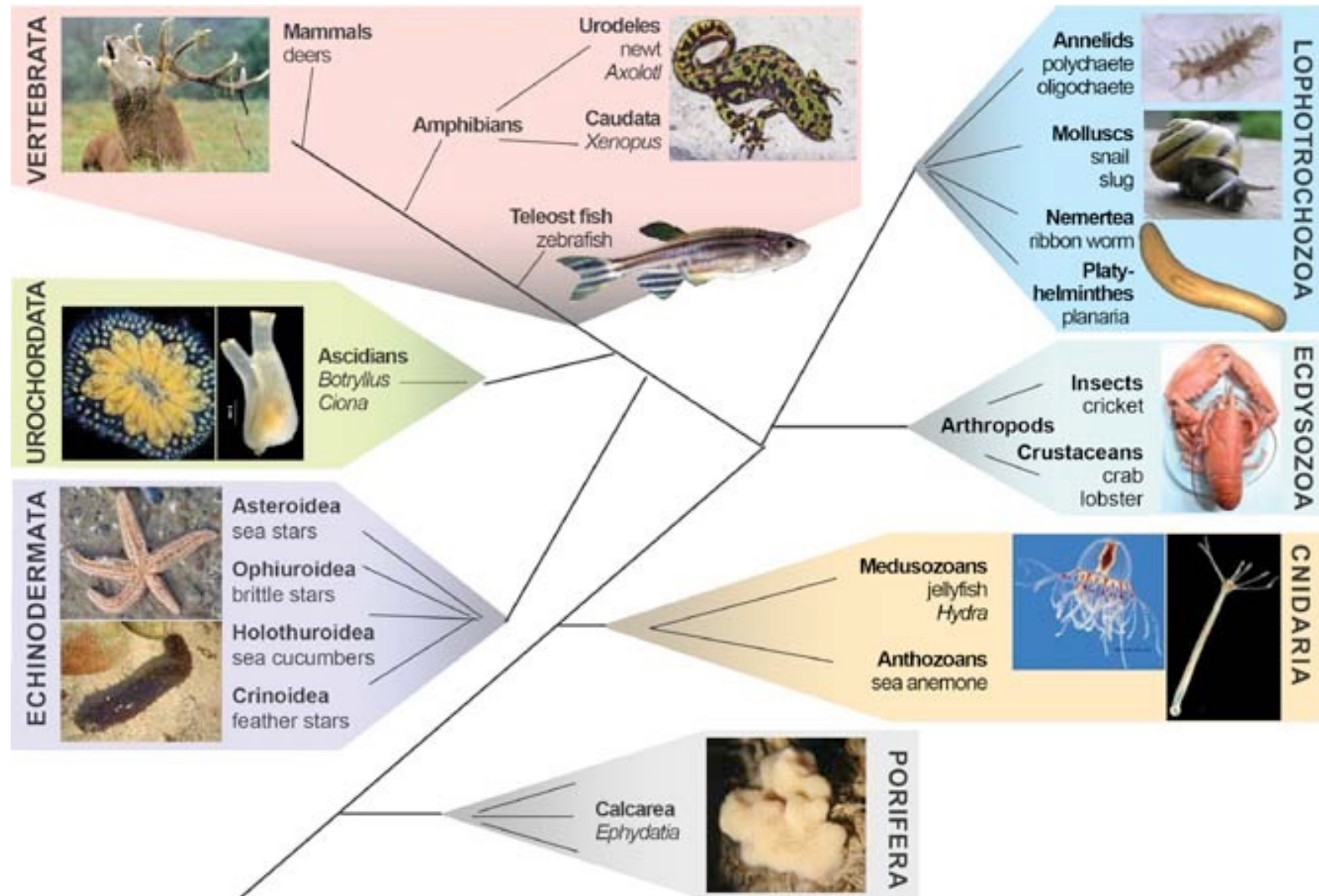
Neural stem cells and brain repair?

Do mammalian NSCs have regenerative capacities?

Might cells outside the neurogenic niches be involved ?

What is the efficiency of regenerative processes in the mammalian brain?

Phylogenetic tree of the animal species exhibiting a regenerative potential after injury



Adult neurogenesis and neuronal regeneration across vertebrate species

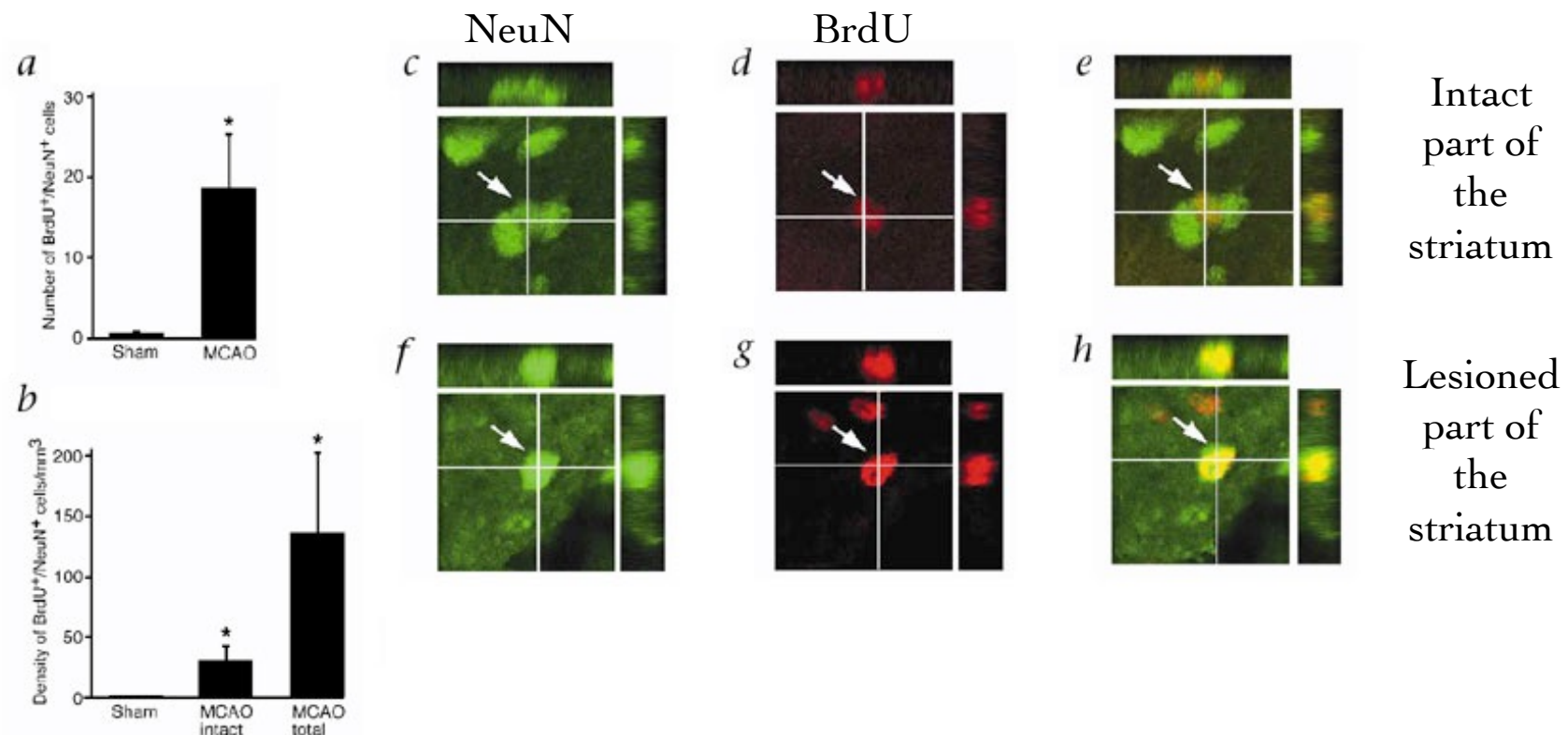
TABLE 1. Summary of adult neurogenesis and neuronal regeneration across vertebrate species

	Fish		Urodeles		Anurans		Reptiles		Birds		Mammals	
	N	R	N	R	N	R	N	R	N	R	N	R
Telencephalon	+	+	+	+	+	–	+	+	+	S	+	–
Mesencephalon	+	?	–	+	+/-	–						
Cerebellum	+	+	?	?	?	?	(+)	?	–	–	–	–
Spinal cord	+	+	+	+	–	–	–	–	–	–	–	–
Spinal nerves		+		+		+		+		–		–
Retina	+	+	+	+	+	–	–	–	–	–	–	–
Optic nerve		+		+		+		+		–		–
Olfactory system*	+	+	+	+	+	–	+	+	+	?	+	S
Olfactory nerve		+		+		?		+		+		+
Hair cells**			+	+		?	?	+	+(v)	+	–	S ^(v)
Vestibular nerve		+		?		+/-		?		+/-		+/-

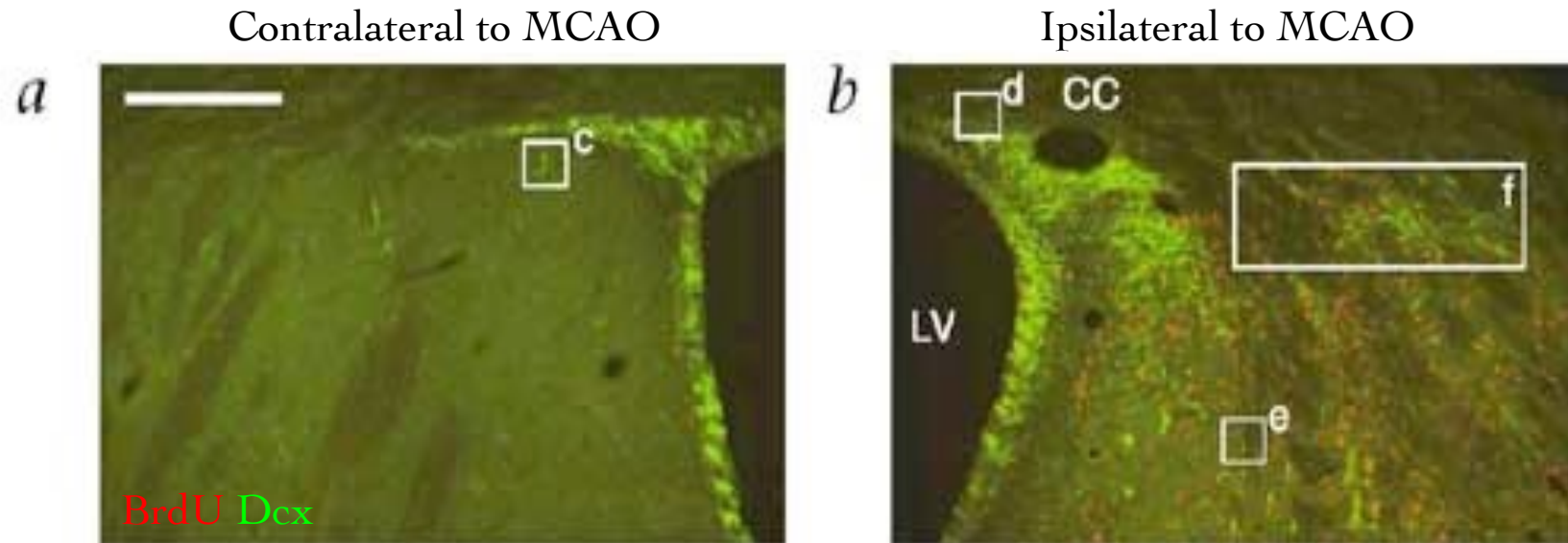
N, neurogenesis; R, regeneration. *Neurogenesis both in the olfactory bulb and olfactory epithelium; **neurogenesis/regeneration known to occur in hair cells (from vestibular or auditory neuroepithelia and/or lateral line). ?, Lack of/insufficient information available; +, reported only in some species; +/-, not full functional recovery; S, subset of neurons following chemical lesion; S^(v), subset of neurons (vestibular, but not cochlear sensory neurons).

Neuronal replacement from endogenous NSCs in the adult brain?

- ✓ Animal models for stroke (MCAO = middle cerebral artery occlusion)
- ✓ Leads to massive neuronal degeneration in the striatum and parietal cortex
- ✓ Observation of neurogenesis in the striatum

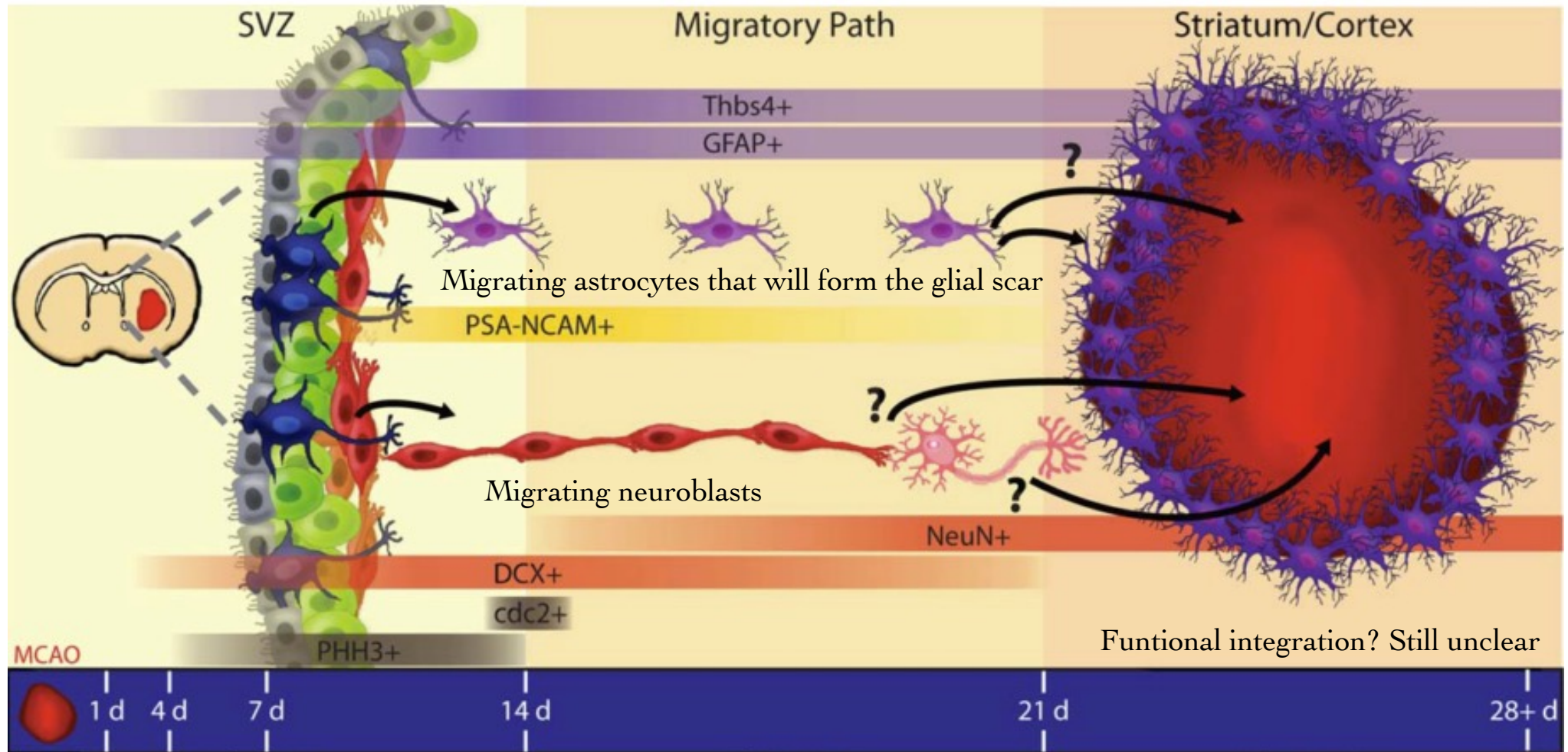


Neuronal replacement from endogenous NSCs in the adult brain?



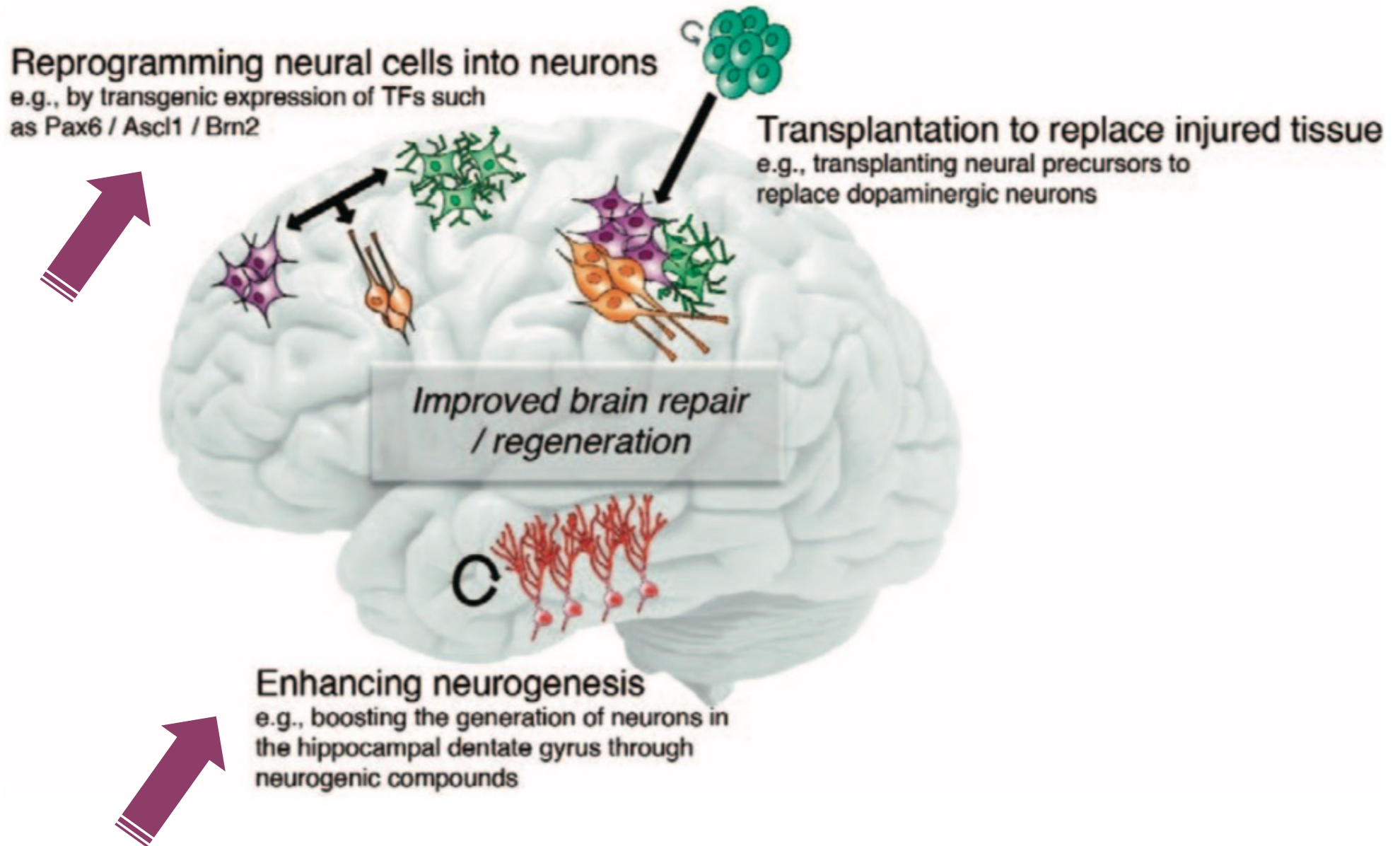
✓ Migrating neuroblasts from the SVZ are rerouted towards the striatum (f)

Neuronal replacement from endogenous NSCs in the adult brain?

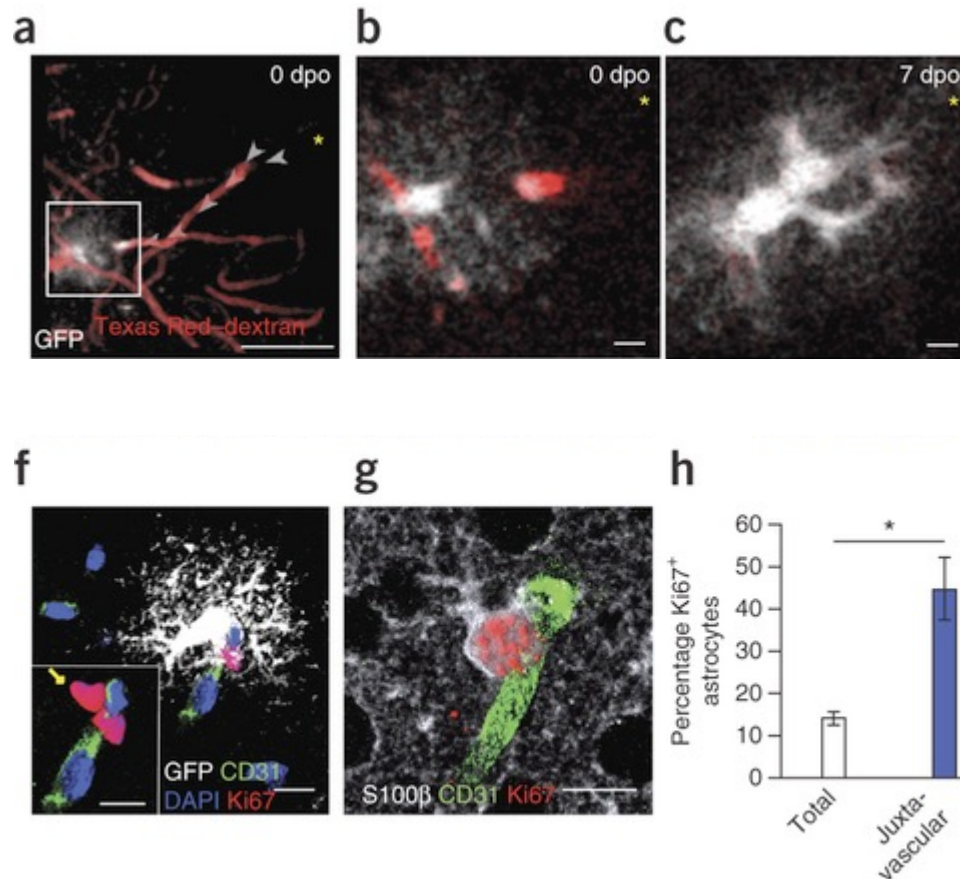


- 80% of newly generated neurons die.
- Only 0,2% of dead neurons are replaced

STRATEGIES FOR REGENERATIVE MEDICINE OF THE BRAIN



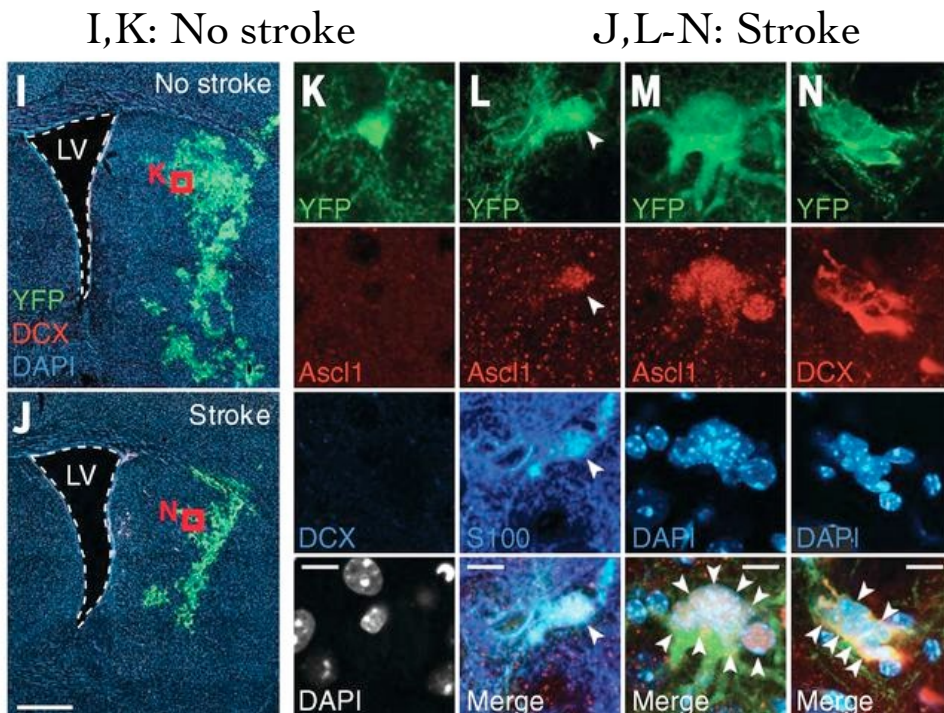
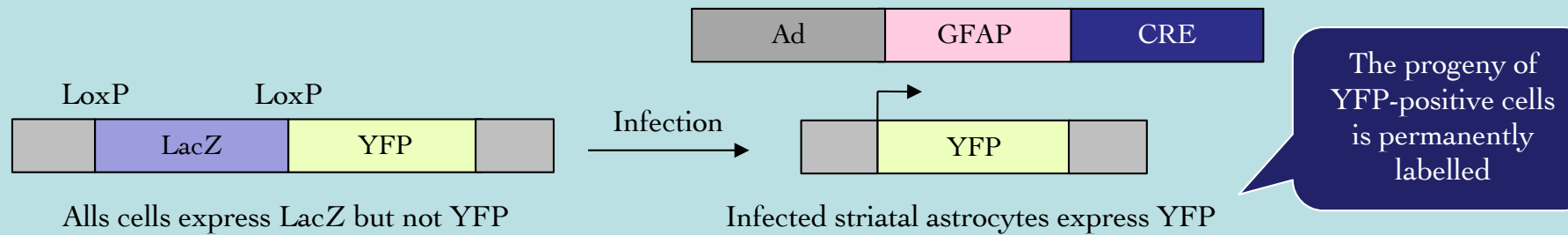
Glial cell potential outside the neurogenic niche after acute injury



✓ Live imaging of GFP-labeled astrocytes in the adult mouse cerebral cortex over several weeks after acute injury reveals contact with blood vessels

✓ A subset of astrocytes located at juxtavascular sites proliferate (importance of the niche!)

Glial cell potential outside the neurogenic niche



- ✓ Evidence for astrocyte-derived neuroblast production in the striatum after a stroke
- ✓ Use of of an Adeno-GFAP-Cre virus with astrocyte-specific Cre expression injected in the striatum to avoid labelling of migrating SVZ cells

Glial cell potential outside the neurogenic niche

✓ In addition to astrocytes, ependymal cells and NG2-Glia can also proliferate at injury sites and re-express RGC markers, Nestin or the reprogramming/neurogenic factor Ascl1

✓ *Note: Also abundant proliferation of microglial cells, the resident macrophages that act as the first and main form of active immune defence in the CNS*

	Normal function	Proliferation in physiological conditions	Proliferation after CNS injury	Neurosphere formation after injury	<i>In vivo</i> neurogenic potential after injury (without delivery of exogenous factors)
Astrocytes	Neuronal support/regulation, brain homeostasis...	NO	A subset YES (15-40%)	YES in the brain (5% of brain reactive astrocytes) NO in the spinal cord	Highly limited. Reported in the striatum but not in the cortex or spinal cord.
Ependymal cells	Line the ventricular system, secrete & circulate cerebrospinal fluid	Very limited (generates new ependymal cells)	A subset YES	YES (at least those from SVZ & spinal cord)	Highly limited. Reported generation of neuroblasts after stroke in the forebrain. Astrocyte generation for scar formation upon spinal cord injury.
NG2-Glia	Oligodendrocyte precursors	YES	YES (more)	YES	Highly limited and still controversial. Oligodendrocyte generation (mostly studied for their repair potential in demyelinating diseases).

Glial-driven cellular therapy in the mammalian brain: dream or reality?

The limited neurogenic potential of reactive glial cells

Could any of the above glial progenitors actually be used to replace the lost neurons?

✓ PROBLEM 1 : Global lineage restriction towards gliogenesis is observed *in vivo*, which is most probably be due to a neurogenic-inhibitory local environment (even grafted neuroblasts from SVZ revert to gliogenesis)

Future directions: characterization of the neurogenic niche molecular nature / pursuing the identification of local inhibitory cues...

✓ PROBLEM 2 : Injury promotes partial reprogramming of reactive glial cells into neural progenitors but neuronal maturation is still incomplete (even when reprogramming factors such as Sox2 are artificially expressed) + despite their plasticity, glial cells are locally highly heterogenous + regional specificity in their response

Future directions: transcriptomic and epigenomic comparisons may help understanding what's missing...