Language at work | Narrative tenses – past continuous, past simple and past perfect

Past continuous

1 The past continuous (*was doing*, *were doing*) is often used to set the scene and give background information at the beginning of a narrative.

When I got to the trade fair, it was still early. Some of the exhibitors were setting up their stands and others were unpacking their publicity materials.

BUT the past continuous is not used with stative verbs (see page 103) or when describing permanent features.

Our stand looked very professional and it was ideally placed because it was on the aisle that led to the main restaurant.

2 The past continuous is also used for an action in progress that is interrupted by another shorter action. (Use the past simple for the action that interrupts.)

I was unpacking one of the boxes for our stand when my mobile rang.



Past simple

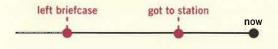
The past simple (*did*) is used for the main actions and events in a story that happen one after the other.

He said I was wanted back at the office immediately and ended the call. I tried to call back, but there was no reply. In the end, I packed everything up, locked it away and left the hall.

Past perfect

The past perfect (*had done*) is used when we are already talking about the past and want to refer to an earlier action, event or state.

When I got to the station, I realized I'd left my briefcase at the exhibition.



1	Complete these sentences with the past continuous
	past simple or past perfect form of the verbs in
	brackets.

1	1 I(r	not recognize) him because he	
	(ch	nange) so much.	
2	2 While I	(wait) for the train, I	
	quickly message for Joe.	(call) the office to leave a	
3	9	norning, the sky	
	(be) grey and it	(rain) lightly.	
4	4 I first	(meet) Harry while I	
	(work) for Morgan Stanley in		
	New York.		
5	5 When I	(get) to the checkout, I	
		(leave) my credit	
	card at the office.		
6	6 When they	(arrive) back from their	
	holiday, they were shocke	ed to find out that someone	
	(br	eak) into their apartment.	
7	7 I(j	ump) up,	
	(run) across the room and quickly		
	(smash) the glass to set off the fire alarm.		
8	8 I(r	notice) a couple of small	
	mistakes while I	(read) your	
	report.		

2 Complete this story about a boat trip with the past continuous, past simple or past perfect form of the verb in brackets.

A few years ago, while I ¹ (do) a training course				
in Borneo, I ² (go) with some colleagues to an				
island animal sanctuary – with lots of wild monkeys. We				
3 (arrive) at lunchtime, and I ⁴ (decide)				
to explore the jungle. I ⁵ (walk) along a path				
when I ⁶ (see) a large monkey sitting on a branch				
in front of me. I ⁷ (stop) because I ⁸				
(never / come) across wild monkeys before, and I				
9 (not / know) what to do. Suddenly, the monkey				
10 (jump) down and 11 (come) towards				
me very aggressively. I ¹² (turn) and ¹³				
(run) as fast as I could, shouting loudly as I got to the beach.				
When my colleagues ¹⁴ (look) up, I ¹⁵				
(race) towards the water and the monkey ¹⁶				
(chase) after me. I finally ¹⁷ (reach) the safety of				
the sea and ¹⁸ (dive) in. When I ¹⁹				
(look) round, I ²⁰ (be) pleased to see that the				
animal ²¹ (disappear) but my colleagues				
22 (laugh) uncontrollably.				